



# American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy

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## WHY YOU SHOULD BECOME A CERTIFIED PSYCHODRAMATIST

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### Become Certified For Yourself

More than anything the certification process is a rite of passage. As such, it focuses meaning and skill development in personal symbols, emotions, competencies, and energy structures (some would say new neural pathways). In order to become certified you will have to move out from your comfortable place in your on-going training group and venture off into the world. As you proceed you will encounter challenges, based upon your own personal mythology. You will be asked to assess your own level of competence and engage in reading, writing and skills practice for both the written and on-site. You must wait as others review your written examination. You must persevere and direct a group in front of a stranger who is evaluating your effectiveness. At the end of your journey who will return home but carry with you a deep knowledge that you know what you know and can demonstrate it to others, too. You will feel different.

### Become Certified For Your Finances

Most professionals are quite impressed with our Certification Standards and Directory. The Board requires a review of credentials, and successfully passing both the written and an on-site examination. Many national certifying organizations just require a review of credentials, some require a written examination, but we are one of the rare organizations that also requires an on-site demonstration of knowledge, skills and abilities. Once you are certified use our materials to market yourself, distinguish yourself among others, and to establish and maintain your creditability and competence as a trained professional in psychodrama, sociometry and group psychotherapy.

### Become Certified To Become Part Of A Larger Community

It is one thing to be part of one social atom (your primary training group) and quite another to join with and connect with the larger community of psychodramatists. You may be a summa cum laude graduate of the renowned Psychodrama Institute of Fargo, ND and studied under Lars & Lena Jorgenson. In the bigger world who are they really and what credibility do they have beyond the Plains States? Certification from the Board is a nationally and internationally recognized credential. You will be listed in our directory, and will be able to build connections with persons from around the United States, Canada, and the world. You will become a sanctioned member of a community of practitioners of a shared art of healing, a community wherein you can offer and ask for support, where you can build friendships and create professional relations that can sustain your profession for a lifetime.

### Become Certified For The Next Generation

If you are like us you believe that psychodrama has profoundly changed your life. How will the next generation find psychodrama? Will they find it at all? By joining with others you support an organization which promotes, supports and maintains the vision and work of J.L. Moreno. We are there to remind uninformed or skeptical professionals that there is a rigorous training process, intensive practicum, and an extensive evaluation and examination of both theory and methodology for the professional practice of psychodrama, sociometry and group psychotherapy. Finally, you will have a place and a voice in the evolution of your field.

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