



# BOARD NEWS

## MESSAGE FROM THE OUTGOING PRESIDENT

Lin Considine, M.S., L.M.H.C., T.E.P.



Dear Certified Psychodramatists,

This is my last letter as President of the Board of the ABE. In our recently held elections to the Board of Directors, we are welcoming back Catherine Nugent to the Board as President while also adding Michael Gross and Martica Bacallao. Congratulations to all! Thanks to everyone who got involved in the voting process.

Congratulations also go out to the 10 CP candidates and the 5 TEP candidates who took the written exam this past October. All of them passed their written exams as evaluated by the twenty-one volunteer CP and five TEP exam reviewers. Most of the candidates have already taken and passed their on-site exams and are now included on our website. Some of the newly certified are featured in this newsletter. We encourage you to congratulate them on the completion of their journey of certification. I am pleased to end my tenure knowing there are more certified psychodramatists than ever before in the history of the Board.

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## MESSAGE FROM THE INCOMING PRESIDENT

Catherine D. Nugent, L.C.P.C., T.E.P.



Dear Certified Psychodramatists,

Thank you for the trust you've placed in me by electing me to a second term on the Board of Examiners. I am honored to have this opportunity to serve the psychodrama community as Board President. There is a saying: "We make a living by what we get, but we make a life by what we give." I consider myself very fortunate to practice and teach Moreno's triadic method, a "great work" that gives tremendous purpose and meaning to my life. I also feel fortunate as part of the network of so many talented psychodramatists and psychodramatists-in-training who are also living in alignment with their personal values and vision.

I bring to my new role as Board President a heart full of gratitude: During my past term on the Board, I had the opportunity to observe Lin Considine in the role. Lin graciously served for 4 years, providing leadership that can best be described as strong, caring and remarkably generous. And the Board is fortunate that Lin continues on the Board for an

*Continued page 19*

### ELECTED BOARD DIRECTORS

July 1, 2016 to June 30, 2017

- President:* Lin Considine, M.S., L.M.H.C., T.E.P.
- Vice-President:* Catherine D. Nugent, L.C.P.C., T.E.P.
- Secretary:* John Olesen, M.A., T.E.P.
- Treasurer:* Judith A. Swallow, M.A., C.R.S., T.E.P.
- Directors:* Kim Irvine-Albano, M.A., C.P., P.A.T.  
Louise Lipman, L.C.S.W.-R., C.G.P, T.E.P.  
Donna Little, M.S.W., T.E.P.  
Linda Richmond, Ph.D., C.P.

### NEWLY ELECTED BOARD DIRECTORS

July 1, 2017 to June 30, 2018

- President:* Catherine D. Nugent, L.C.P.C., T.E.P.
- Vice-President:* Donna Little, M.S.W., T.E.P.
- Secretary:* John Olesen, M.A., T.E.P.
- Treasurer:* Linda Richmond, Ph.D., C.P.
- Directors:* Martica Lourdes Bacallao, M.A., M.S.S.W., Ph.D., T.E.P.  
Lin Considine, M.S., L.M.H.C., T.E.P.  
Michael Gross, PhD, RADT-II, CET-III, C.P., P.A.T.  
Louise Lipman, L.C.S.W.-R., C.G.P, T.E.P.

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# 2016 WRITTEN EXAMINATION EVALUATION\*

Donna Little, M.S.W., T.E.P.

We want to congratulate the new group of colleagues who wrote and passed the written exams for CP and TEP. There were ten CP's and 5 TEP's., all passed their exams. We encourage the members of our community to celebrate their accomplishments and welcome them to their new status as CP or TEP. We appreciate the time, dedication and commitment that this journey takes.

The history question which was timely in acknowledging Zerka Moreno's contribution to the field of Psychodrama, Sociometry and Group Psychotherapy was answered with enthusiasm by both CP and TEP'examinees. The sociometry section provided a challenge by inviting the examinees to take on the role of sociometrist and describe their learnings or teachings from that role. Read Ann Hale's contribution in the newsletter to learn more of the perspective of the sociometrist in looking at sociometric issues and concerns in action methods.

All of these candidates invested time and money and resources in their training, and we salute them , and look forward to the contributions they will make to our field. Many of the candidates for CP and TEP have already passed their on-sites. John Olesen again travelled to Taiwan and China to facilitate onsite exams, see his article included in this newsletter. Many of the CP's and TEP's have included their bios with photos for publication in this issue.

Again we welcome all of them, and extend our congratulations on their accomplishments.

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**\*Editors note** about the two Exam Evaluation articles by Donna Little and Judy Swallow.

We have included two separate articles evaluating the CP and TEP exams this year. One is from Judy Swallow and one is from Donna Little. As you can see there is high inter rater reliability between the two accounts. Enjoy the read.

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## 2017 ELECTION RESULTS

Catherine D. Nugent, L.C.P.C., T.E.P. was re-elected and Martica Lourdes Bacallao, M.A., M.S.S.W., Ph.D., T.E.P. was elected as TEP Directors to a three year term of office. Michael Gross, PhD, RADT-II, CET-III, C.P., P.A.T. was elected as a CP Director to a three year term of office.

**Board News** is published twice annually  
(May and December) by the

American Board of Examiners in Psychodrama,  
Sociometry and Group Psychotherapy,

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Members are encouraged to submit Newsletter materials.

Judith A. Swallow, M.A., C.R.S., T.E.P.

There were 10 CP candidates and 5 TEP candidates. 6 candidates were from the US and 9 were either from Taiwan or mainland China. All candidates passed the exam.

Some highlights from the results:

There were many robust answers to the History section, having to do with Zerka's contribution to the field of psychodrama. We were glad to see the confirmation of the enormous role she played in the history and dissemination of psychodrama around the world.

Sociometry was the weakest section for both CP candidates and TEPs. Perhaps the injunction to think like a "sociometrist" as one observed the group might have confused the test takers. Sociometry is the deep underpinning of the method of psychodrama and group psychotherapy, and it needs to be recognized – and taught - as such.

A challenge for those taking the exam in another language is one of translation. For example, concern was voiced about the term "social change" that was in the second question (Philosophy), and there was worry about misinterpretation. We realized that we need to be very conscious of cultural differences while still being true to the basic principles of Morenean thought.

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## Commentary on the Sociometry section of the 2016 exam for Practitioner Applicants by a Reader

When asked by the ABE to review candidates' answers to exam questions I usually ask to read the Sociometry section. I am interested in the development of the field over time. This year the first question asked of each candidate: "Describe what you can learn as a Sociometrist, when you use a Social Atom with a protagonist in your group." It was surprising to me that the majority of candidates answered the question as if they were asked to describe what a protagonist learns from a social atom exploration.

What you can learn as a Sociometrist from using a social atom with a protagonist in your group is: (1) A protagonist is able to identify both nearness and distance in their relationships, in the here and now, in the past and identify what degrees of nearness and distance they seek in the future.; (2) As a sociometrist I learn the importance of the wording of a criterion on which to base placement in the social atom; (3) I learn that a protagonist is able to speak their sociometric perception of a significant other in role reversal; (4) I learn that changes made in a social atom reflect a sociometric intervention as part of the work.; (5) I learn that the choices a protagonist makes for persons in the social atom increases access to roles in the group. I am mindful of possible parallel process.

I have often thought that psychodramatists aren't sufficiently aware of how much sociometric process is involved and central to the choices they undertake. I like to think this is a sign of integration rather than a deficit.

Ann E. Hale, M.A., T.E.P.

# CONTINUING EDUCATION QUIZ 2016 CERTIFICATION EXAMINATIONS

## CERTIFIED PRACTITIONER

### HISTORY

Discuss the contributions Zerka T. Moreno made to the field of psychodrama, sociometry and group psychotherapy.

### PHILOSOPHY

Describe how Moreno's philosophy of spontaneity/creativity applies to social change. Give an example.

### METHODOLOGY

1. A psychodrama consists of: Warm-Up, Action and Sharing. Discuss how the director integrates these three phases in a psychodrama session.
- 2A. Discuss the concept of resistance in psychodrama. Give two (02) examples of how you have dealt with it in your group work.  
OR
- 2B. Considering role taking, role playing and role creating, discuss how you direct auxiliaries in a psychodrama.

### SOCIOMETRY

1. Describe what you can learn as a Sociometrist, when you use a Social Atom with a protagonist in your group.
- 2A. It is midpoint in your group's life. Some members are highly chosen for protagonist, auxiliary, or double. Others are not chosen. How do you increase access to roles?  
OR
- 2B. There is a conflict between two members in your group. Name three (03) sociometric interventions you can use to address this conflict. Describe one (01) in depth.

### ETHICS

Discuss the ethical considerations of using touch in psychodrama. Give one (01) example and rationale for when you would use touch. Give one (01) example and rationale for when you would not use touch.

### RESEARCH

Discuss a professional article or book on psychodrama, sociometry or group psychotherapy that has enhanced your efficacy as a psychodramatist.

### RELATED FIELDS

Discuss how you have integrated a related field into your work as a psychodramatist.

## TRAINER, EDUCATOR AND PRACTITIONER

### HISTORY

As a trainer, what do you teach your trainees about the contributions Zerka T. Moreno made to the field of psychodrama, sociometry and group psychotherapy?

### PHILOSOPHY

Create a training session to teach how Moreno's philosophy of spontaneity/creativity applies to social change.

### METHODOLOGY

1. Design a training session to teach your trainees how the director integrates the three phases of: Warm-Up, Action and Sharing in a psychodrama session.
- 2A. How do you teach your trainees to deal with the concept of resistance? Include two (02) examples of action interventions in group work  
OR
- 2B. Describe a training session to teach the concepts of role taking, role playing and role creating when directing auxiliaries in a psychodrama session.

### SOCIOMETRY

1. As a sociometrist, how do you teach the Social Atom in a training session?
- 2A. Some members of your training group have not been chosen for roles of high value. Design a training session teaching how to increase role access in a group.  
OR
- 2B. Design a training session to teach trainees sociometric techniques to address conflict between two group members.

### ETHICS

Design a training session to teach trainees about the ethical considerations of using touch in psychodrama. Include at least one (01) example and rationale for when a psychodramatist would use touch and at least one (01) example and rationale for when a psychodramatist would not use touch.

### RESEARCH

Identify a professional article or book on psychodrama, sociometry and group psychotherapy that would enhance the efficacy of your trainees. Design an action training session that introduces this article or book.

### RELATED FIELDS

Describe how you use action methods to help your trainees integrate their related fields into their work as psychodramatists.

# RECENTLY CERTIFIED PSYCHODRAMATISTS

Recently Certified Psychodramatists are invited to submit an autobiographical statement. Bios are printed as space permits. For contact information on all certified psychodramatists go to [www.psychodramacertification.org](http://www.psychodramacertification.org)

## From 2016

Recently certified psychodramatists are requested to submit a bio and a photo for our newsletter. All individuals who were certified in 2016 were featured in the May 2016 Board News as well as this issue.

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### Marlo J. Archer, Ph.D., T.E.P.

Tempe, AZ



For a general description of my personal and professional life before psychodrama, read every bio and you'll get the idea – I did a lot of interesting things, then my life totally changed when I discovered psychodrama and I'm happy now to be in a position to help others change their lives with this powerful method. I did my TEP consultation with Ann Hale and Susan Powell.

In 2012, I co-founded Arizona Psychodrama Institute with Deb Gion and Grayce Gusmano and with the support of other Arizona psychodramatists Adena Bank Lees, Soozie Bolte, Lori Feingold and Pat Ashbrook and with the blessing of the 6 AZ TEPs at the time: Mark Herr, Trudy Duffy, Katherine Norgard, Dena Baumgartner, Vicky Finger, and Bill Coleman.

The mission of API is to unite creative individuals from across Arizona (Phoenix, Tempe, Scottsdale, Flagstaff, and Tucson) under the common mission of teaching Psychodrama, Sociometry, Group Psychotherapy, and specific content to organizations, professionals, and students who seek to enhance their practices by learning through high-quality interactive training.

The API mascot is the otter. We chose the otter because the otter is playful, curious, energetic, friendly, free of jealousy, and otters are nurturing teachers to their young. We strive, at API, to teach the next generation of healers by cooperating with others, sharing resources, and combining strengths to give students the most well-rounded exposure possible and assure that these methods can continue past the retirement of any one trainer.

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### Joyce Follingstad, Ph.D., R.N., C.P.

Portland, OR



Starting my career as a Registered Nurse, I specialized for years in hospital Psychiatric and Chronic Pain nursing and in private practice, caring for injured workers in their homes. I began a parallel practice in counseling in 1981 and completed my Ph.D. in 1993. Initially, I was introduced to psychodrama and Gestalt therapeutic interventions while working for four years as part of a crisis intervention team. This peaked my interest in experiential therapies. Since, I have facilitated psychodrama groups and therapy retreats for over thirty years.

My formal Gestalt training has been with Stephen Zahm, Ph.D. My Psychodrama training began in the early 1980's with Leon Fine, Ph.D., TEP, and continued in the 1990's and beyond with Robin Brooks, MA, TEP, Ruth Friedel, Ph.D., TEP, Dorothy Satten, TEP,

my primary trainer, Georgia Rigg, LCSW, TEP and many others. I also bring my experience and love of my extensive international travel, decades of mountaineering, singing in a variety of choirs and forty years of political activism to balance out my educational and vocational life.

As a CP, I enjoy the creative process of bringing diverse clients together to discover their common unity and to develop their full potential within a vibrant and safe community. In addition to weekly co-ed and women's groups, I apply the strategies of psychodrama and sociometry in counseling individuals and couples.

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### Zsofia Kigyossy, MA Psy, CET II, C.P.

Alhambra, CA



Taking my CP exam was one of the biggest risks of my life. I had an 18 month old on my lap already and I was 9 months pregnant with my second child. I had no idea if I would take the exam between contractions or would be typing while breastfeeding my newborn. The images were very vivid and scary. The support from my husband and Mom - and the encouragement of my primary trainer Jean M. Campbell's words "trust the process" - helped me

make my decision. I took a deep breath and jumped into it.

The journey was hard but rewarding. With Jean and my learning mate, Michael Gross I took one step at a time, then those small steps took me over the finish line. In the meantime, Jeffery Yates, my secondary trainer also helped me face challenges. With his support I learned that some pressure makes me capable of doing things I wasn't aware I would be able to do.

As a psychologist, I first encountered psychodrama in Budapest, Hungary in 2006, with my amazing trainer, Éva Rapcsányi. She showed me the secrets and power of this field. Then I continued my studies in California with two wonderful and very influential trainers, Jean and Jeffrey.

Psychodrama allowed me to peek into the world of addiction, but now with my knowledge and experience in the field of developmental psychology and personal experience as a Mom, I'm shifting toward using psychodrama with parents.

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### Dorcas E. McLaughlin, Ph.D., A.P.R.N., T.E.P.

St. Louis, MI



Words cannot express how grateful I am to my primary trainer, Gong Shu, for her incredible training, encouragement and love, and to my secondary trainer, Donna Little, for her support, guidance and supervision. Currently, I am a full-time professor at Webster University in the nursing department and teach a variety of courses including interprofessional collaboration and communication, leadership and team building skills, instructional methods, mindful-

*Continued page 5*

ness practices, and family violence from a global perspective. My research interests include posttraumatic stress disorder, intimate partner violence, teen mothers' mental health, and use of action methods in education, leadership and clinical practice. In addition, I am a psychotherapist in private practice and integrate psychodrama and sociometry in my work with individuals, families and groups.

My first year as a T.E.P. has been very enriching and rewarding. I have been fortunate to have opportunities to provide workshops and role training for: *teachers* to help them become more trauma-informed; *nurses* to help them cultivate self-compassion and mindfulness practices; *teen mothers* to promote attunement with their babies; and *international students* and *students with disabilities* to foster community connection, resiliency, and coping skills. This summer, I am invited to facilitate psychodrama training workshops at Mahasarakham University in Thailand and at Suzhou University in China — a chance of a lifetime that I will forever cherish. Then in the fall semester at Webster University, I will teach a psychodrama course, which is slated to be offered on an ongoing basis, for graduate students in the professional counseling department. My dream is to provide psychodrama courses and training across a wide variety of professional disciplines (e.g. counseling, nursing, expressive arts, education, and legal studies) at the St. Louis home campus that will eventually expand to Webster's global campuses located in Asia, Europe and Africa.

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### **Zhao Shulan, MEd., PhD candidate, C.P., P.A.T.** Nan'an District, Chongqing, P.R.China

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I am a mental health education researcher and a clinical psychologist for 27 years. Now I work at Chongqing Research Academy of Education Sciences, China. I earned my master's degree of Counseling and Psychotherapy from Southwest University, and now I am a doctoral candidate of mental health education at Southwest University. I am a certified psychological consultant, gestalt therapist, dance movement therapist, couple and family

therapist, hypnotherapist and family therapy supervisor. In addition to the mental health education research, my main clinical works are individual counseling, couples and family therapy, and group therapy. I also teach psychodrama, group counseling, family therapy and hypnotherapy in two universities.

Since 2004, I have received psychodrama training and supervision more than 2500 hours. My spontaneity and creativity have been greatly expanded. Thanks to my trainers for helping me get a great personal growth and professional development. My main trainers are Dr. Kate Hudgins and Dr. Gong Shu. I also got important training from Marcia Karp, Donna Little, Dr. Rory Remer, Dr. Pamela Remer, Mary Ann Hughes Cox, Dr. Ron Wiener, and so on.

In the past 13 years, I use psychodrama in my job including mental health education, individual counseling, couples and family therapy, group counseling, consultants' training and supervision, school administrators and teachers' professional conduct training, post-disaster psychological assistance and crisis intervention. I also teach some people to use psychodrama in women and children organizations, communities, hospitals and prisons. Since 2010, I have been invited to teach psychodrama as a professional skills course for undergraduates of applied psychology in university.

I will continue to enjoy the miracle of psychodrama, and believe that my life and work will be more better and more colorful in the future.

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## **Recently Certified Psychodramatists From 2017**

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### **Yawei Bi, M.D, C.P.**

Zhuzhou City, Hunan Province, P.R.China



Hi, I am Yawei Bi, Currently working at the Orthopedics Hospital of Chinese Traditional Medicine, Zhuzhou City, Hunan Province, China. I have a doctorate in Applied Psychology. I am very delighted to be a CP in Psychodrama.

Recommended by a close friend of mine, I first participated in a psychodrama workshop by Dr. Gong Shu in Suzhou, China in July 2010. Since then I have been closely tied to Psychodrama. I have followed Dr. Gong Shu, Dr. Lin Ciyue, and Dr. You Jinlin, etc. into psychodrama. During the process of Psychodrama learning, I myself benefited a lot. My spontaneity and creativity have been inspired and am willing to try whatever I want, and my life becomes richer and more beautiful.

In my practical work, psychodrama or elements of psychodrama is widely used in individual counseling or group therapy, such as to the orphans and disabled children, students, parents, teachers, enterprise staff, posttraumatic patients etc. In 2012, as one of the initiators of the public forum "Care for life" in Zhuzhou, I taught psychological courses to the citizens with co-workers. In 2015, I took charge of the research project "the application of psychodrama elements on posttraumatic psychological crisis intervention" and provided a lot of support to the relevant people with Psychodrama, and at the same time, my appreciation of the unique charm of psychodrama was increasing. In the future, I think I will be a loyal disseminator of Psychodrama.

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### **Li-Feng Chang, Ph.D., L.C.P., CSMMFT, T.E.P.**

Fengshan Dist., Kaohsiung City, Taiwan (ROC)



I have practiced as a counseling psychologist for 25 years and have provided supervisions for graduate students for their internship for 20 years. In addition, since 2005, I have continuously held psychodrama workshops for outpatients and community residents every two months. Meanwhile, I have held psychodrama training workshops since 2006.

My passion in psychodrama has led me to accumulating over 2300 training hours. Ever since 1995, I have received psychodrama training from Gong Shu and Ning Shing Kung, my primary and secondary trainer, respectively. I really appreciate all the guidance they have given to me to help me become a CP. Their support, encouragement, and supervision have also paved my way for becoming a TEP. In addition, I also attended training workshops of Zerka Moreno, Dorothy Satten, Kate Hudgins, John Nolte, Judy Swallow, Rory Remer, Pamela Remer, Susie Taylor, Ann E. Hale, Donna Little, Katrena Hart, Marcia Karp, and Daniel Tomasulo.

I am also specialized in family therapy. I learned Satir-approach family therapy for 6 years and structural family therapy for 9 years. My current work focuses on combining psychodrama with family therapy and applying techniques in psychodrama to group supervisions.

I want to express my appreciation to my husband and child for their support throughout this journey. I also want to thank TEP Jui-Lin Tu for holding psychodrama training groups and preparing exams of CP and TEP with me. Lastly, I am grateful for receiving the support and encouragement from Dr. Chia-Chuang Hsu.

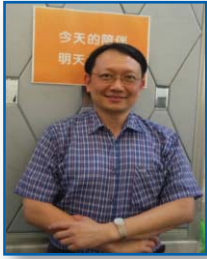
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## Shiunlung Chu, M.S., C.P.

Dongguan City, Guangdong Province, P.R.China

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I am certified as a National Second Level Psychological Consultant in China. Since the year of 2000, I have been doing individual psychotherapy, psycho-education, parent-child relationship, group psychotherapy and counseling. In 2013, after years of group therapy such as the Satir Model and Family constellation for relationship and family of origin issues, I joined a psychodrama workshop by acting as a protagonist and was deeply attracted by Dr.

Gong Shu's amazing directing and thus fell in love with psychodrama. Afterwards, I followed with Doctor Gong Shu to learn psychodrama in the following years.

For years, psychodrama had been very contributive to my job and my life because it stimulates my potential of creativity and spontaneity in dealing with the predicament and challenge in my life and job effectively. Now, I hold several training groups in various cities across China and the psychodrama, sociometry and group psychotherapy are the most important elements in my courses.

I really appreciate my primary trainer Dr. Gong Shu, second trainer TEPs Tzu-Yueh Lin, as well as Jin-Lin You, Erdong Wang, Jui-Lin Tu, Shu-Chu Yang, Zhong Lianghong, Ji Zhonghong and Mian Jiang. Their expert guidance, encouragement, and trust helped me through my CP and psychodramatic journey smoothly.

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## Kirsten Friedman, M.A., C.P.

Port Orchard, WA

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Before becoming smitten with psychodrama, and committed to becoming a psychodramatist, I practiced law in Alaska and Washington for 25 years. In 2012, I attended Louise Lipman's (LCSW-R, CGP, T.E.P.) one-week summer residential in New Paltz, NY. I left that experience feeling more alive, and more connected to a group of people than I had since I was a wilderness camp counselor many, many years ago. I was profoundly touched

and moved by the experience. I had had a *total blast*. And when, at the end of the week, I asked Louise if she thought I could learn to be a director, she said, simply and enthusiastically, "sure."

So I went back to school (Antioch Seattle University) and got my Masters degree in Mental Health Counseling. I trained with Louise in NYC, and with Sylvia Israel (LMFT, T.E.P.) and John Oleson (M.A., T.E.P.) in San Rafael, CA. That process has been healing, illuminating, and has made possible deep and lasting friendships with the people I have met along the way.

My private practice is in Port Orchard, WA. I run two psychodrama groups in a minimum-security women's prison. I direct a psychodrama group for lawyers in the Seattle area. And I am starting a group for teens at a local agency.

The more I practice, the more I am amazed at psychodrama's ability to connect people to their spontaneity and creativity, and to thereby allow them to more fully live their lives.

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## Tan-Yu Hu, M.Ed., C.P.

Taiping Dist., Taichung City, Taiwan (R.O.C.)

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Having been a counseling psychologist for 4 years, the road to becoming a psychodrama director is an even longer journey. From the moment I first came in contact with psychodrama during graduate school, my life has been changed a lot. Psychodrama has effected me in all sorts of levels, allowing me to explore who I want to become, and what kind of relationship I want to build with others.

I want to thank my primary trainer Tzu-Yueh Lin, for her affirmation, support, and guidance along the way, she is a teacher and friend to me, in work and in life, allowing me to learn so much from her; I want to thank Nien-Hwa Lai for the diverse and creative teaching that is also solid, the different ways she presented genuinely deeply effects me, casting light upon who I want to be; I want to thank Dr. Kate Hudgins, the experiences of being a TSM protagonist, auxiliary ego, and working as a team has really helped me.

I also want to thank all those who I love or have loved and those who loves or had loved me; it is the forming and separation of these relationships that had allowed me to continue pursuing this journey, practicing psychodrama in relationships, and gaining courage from psychodrama to confront my own interpersonal relationships.

Thank the Gods, for giving me so many challenges, but also allowing me to pass through it with the blessings of many people.

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## Mary M "Peg" Lane, M.A., C.P.

Arlington Heights, IL

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The post on the old Vermont College bulletin board said something like "Act out your issues instead of talking about them; try some alternative outcomes!" What a fun-sounding way to figure out some forks in the road!

I called Herb Propper, PhD, TEP of Celebrations of the Soul and met him for coffee, the first test. Two years later, I had psychodramatically wrestled a variety of scallywags, and I joined the CP training group. A few years later I was back in Chicago and eventually continued with the Psychodrama Training Institute of Chicago, and Founder Dr. Elaine Sachnoff, who directed me in bringing to life my only confirmed pregnancy, and later miscarriage. I met my daughter.

Creative Master and Training Director Lorelei Goldman guided my skills development through 2015, with Sharon Steckler, LCSW, UIC Medical College Community Clinic, and her patients with HIV-Aids. Dr. Kelly Baas of Thresholds, and her patients with mental illnesses, and Kate Merkle, MPH, RD, LDN and her clients with eating disorders were of great assistance.

After 16 years of study, I passed my exam and on-site, and glad to meet you.

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## Maria Mellano, M.S.W., L.I.C.S.W., C.P.

Boston, MA



In 2005, seeking a true healing path for my eating disorder clients, I learned of Psychodrama's power from clients who'd experienced it residentially. By trying some on my own, I quickly learned the need for training. I found the ASGPP's upcoming conference, took a deep breath and jumped in. Day one, an all-day workshop on Psychodramatic Bodywork with Susan Aaron! Blown away, I knew I'd found my Tribe. By Fall 2006, I'd completed my Intro and Intermediate training with Susan and a 5-day Intensive at the Hudson Valley Psychodrama Institute with Judy Swallow and Rebecca Walters. I joined HVPI's Core program and Susan's advanced group. With my beloved Core Tribe and my advanced first, then graduate group with Susan Aaron, I've been blessed with transformation. In 2013, I revived the New England Chapter of the ASGPP becoming its co-president. We joined with the local Boston Drama Therapy and Lesley University community to form a collaboration that resulted in 2 joint conferences. Intentionally creating local community, I've grown with Saphira Linden combining Drama Therapy and expanding my beloved Tribe. Deep gratitude goes to my primary and secondary trainers, Judy and Rebecca, Susan, and to Saphira for getting me to the CP finish line! I keep busy with a private practice in Boston. Was elected to the ASGPP executive council this year, thanks to Steven Durost's support! I look forward to embracing the expansion of my psychodrama Tribe in California with Jean Campbell, bi-coastally with Michael Gross and beyond! In deep appreciation.

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## Jui-Lin Tu, M.S., L.C.P., T.E.P

Kaohsiung, Taiwan (ROC)



I am very excited to be a TEP in the professional community. I am very grateful to my primary trainer Gong Shu, who has always inspired, supported, and encouraged me in both my personal growth and professional development over the past 19 years. I have been regularly attending her psychodrama training workshops since 1998, and I became a CP in 2012. Thank you to everyone who educated me and supported me along the way, especially my secondary trainer Ning Shing Kung for assisting me in preparing for the exam. Dr. Chia-Chuang Hsu in Mymama Private Clinic has provided much professional support. John Olesen came to Taiwan for the on-site examination and inspired me to see the role of TEP in relation to power and weakness. My colleague Li-Feng Chang and I have regularly led psychodrama growth and training groups and prepared for the CP and TEP process. My family has lovingly supported me throughout the long journey.

I am a licensed counseling psychologist in Taiwan with 26 years of clinical counseling experience. I worked with out-patients in Mymama Private Clinic. I utilize psychodrama as an intervention method for my individual, group, and family sessions. I have directed psychodrama groups for diverse populations, such as college students, community members, out-patients, substance abusers, victims of disasters since 2004.

In addition, I have been training and supervising graduate interns and counselors in psychodrama and sociometry methodologies since 2006. I have been organizing and promoting psychodrama workshops of the International Zerka Moreno Institute since 1998.

I feel so blessed in my personal life and professional development because of what I have learned from psychodrama. I look forward to providing a wide range of psychodrama and sociometry training services to diverse professionals and bringing the love of psychodrama to others in the future

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## Anna Schaum, M.A., L.P.C., T.E.P.

Portland, OR



Anna Schaum is a professional musician, licensed counselor, and newly certified TEP living in Portland, OR. She is cofounder of the Center for Sound Relationships, an interdisciplinary center for education, research, and authentic human encounter. CSR's mission is to create positive change in personal, professional, and societal relationships, using applied arts that bring music outside the concert hall, theater outside the box, and therapeutic relationship outside the clinical setting. Through public events, training modules, publications, and collaborations, CSR aspires to create a more peaceful, attuned, and holistically prosperous world.

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## Siyat Ulon, M.D., M.A., T.E.P.

Daan Dist., Taipei City, Taiwan (ROC)



I have experienced the sacred power of psychodrama since 2007. There are many people who have played important roles in my psychodrama journey. First of all, I would like to honor my trainers. Dr. Gong Shu and Kung Ning-Shine provided me the fundamental training of CP. Jeffrey Yates and Robin McCoy Brooks, my trainers for TEP, have broadened my perspective of psychodrama and assisted me to refine my Jungian approach of training. I also thank Dr. Lai Nien-Hwa, Chang Wei-Chung, and the Formosa Institute for Psychodrama and Group Process for companionship and warm support in the past years. In addition, I especially cherish the memory of several days chatting with Zerka in Rockville Nursing Home and appreciate her coming into my dream before I took my written exam last year. Finally, I am grateful to have the sincere trust from my trainees, especially those who have participated in my group before I became a CP. I am also thankful for having the invaluable opportunity to review the CP written exam. This experience helped me improve my training and encourage me to reflect the responsibility of being a TEP.

It is still luxury to have psychodrama training in remote areas of Taiwan and Southeast Asian countries. I am planning creative strategies of training for encouraging my trainees to provide proper service for indigenous people, minorities or habitants in remote area. Zerka once told me that psychodramatists are revolutionists! So, let's play the role of psychodramatic revolutionists in this tremendous world! Kmbiyax!

*Continued page 8*

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## Shu Lan Wu, M.D., C.P.

Hsinchu City, Taiwan (ROC)

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My name is Shu-Lan Wu, from Taiwan. The first time I encountered psychodrama was in 2001 when I met Dorothy and Mort Satten. They were very warm and wonderful teachers. In 2005, I met Dr. Gong Shu and I was further attracted to the charm and power of psychodrama. I was extremely happy to become a CP in 2017 and I would like to thank Dr. Gong Shu, who taught me a lot about psychodrama. I would also like to thank Li-Feng,

Chang and Jui-Lin, Tu. They expanded my view and enriched my learning in the field of psychodrama.

Psychodrama gave me the courage to show vulnerability, without sacrificing my ability to believe in myself and connect with people. Psychodrama has profoundly integrated into my life and is widely used in my work. This has been a life transforming process for me, for which I am forever grateful.

I believe that psychodrama is a cross-cultural form of psychotherapy. With my professional growth and maturity in the field of psychodrama, I started to use concepts and techniques of psychodrama in different areas of my work. I have tried to integrate expressive art therapy, family therapy, Gestalt therapy and mindfulness therapy into my psychodrama work. I will continue devoting time and energy to utilizing psychodrama, letting more people know about psychodrama in order to bring people a happier and more beautiful life.

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## Yvonne Wu, M.L., C.P.

Shanghai, P.R.China

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I like watching theater drama and that leads me to Dr. Gong Shu's psychodrama theater. It was in 2006, and one of my psychology friends introduced it to me. After the first participation I was shocked and deeply attracted to psychodrama. During the last decade being immersed in psychodrama, Dr. Gong Shu is my main trainer, and I was trained by other TEP and PAT too, including Jinlin You, Jui-Lin Tu, and Dr. Ron Wiener (I was trained by them for

more than five days each).

In 2012 I've got 1000 hours on psychodrama, but I didn't have a master's degree to apply for CP. Psychodrama is so magical, fun, spontaneous and creative which fascinates me, and I want to devote myself to it. I thus gave up my state-owned bank job which is stable and sounds good, back to school at my 41, and go for my master's degree. I want to thank not only Dr. Gong Shu for her leading and support on my way of learning and practicing psychodrama, but also thank myself for my perseverance and making great efforts. I want to thank the trainers who supervised me: Erdong Wang, Jinlin You, Jui-Lin Tu, Ciyue Lin, etc. Through my psychodrama way I often practice in schools and communities using psychodrama techniques and skills.

With deep understanding and therefore great passion, as the first Certified Practitioner in Shanghai, in this metropolis which I was born and raised, I'll devote myself to the practicing and spreading of psychodrama!

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## Pei-Hua Yao, M.Ed., C.P.

New Taipei City, Taiwan (ROC)

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During my master study in 2006, I encountered my first psychodrama, which directed by Ning-Hsin, Kung (TEP). I have been working for about eight years in Mackay Memorial Hospital Tamsui Branch since my graduation. I worked with various groups including residents from the community, nurses, patients and their family members, and also teachers and students from the nearby school.

From my work I'm glad to keep learning psychodrama which gave me great assistance to my career and personal life. I have devoted to many issues under supervision from Yun-Jen Hsieh (TEP), Kate Hudgins (TEP), Pam and Rory Remer (TEP).

Also I would like to express special thanks to Nien-Hwa, Lai (TEP), who played an important role as my primary trainer of psychodrama. In addition to pass on her techniques and know-how, she also inspired me by her great work. I learned to trust myself and felt positive so as to enjoy life, learning and work.

On the way to be certified as CP was full of hard work and challenges. But I also gain a lot of valuable experience in this journey. I'm looking forward to more practice and action of psychodrama throughout Taiwan so that more people can benefit from it.

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## CP & TEP APPLICATIONS AVAILABLE ON WEBSITE

CP and TEP applications are available free of charge on our website ([www.psychodramacertification.org](http://www.psychodramacertification.org)). Completed CP and TEP applications and all supporting materials are due by July 15th.

## OPEN ENROLLMENT FOR PAT

Any certified practitioner who wishes to enroll in the practitioner applicant for trainer process can obtain the forms and all supporting materials free of charge at our website. Persons can enroll in the PAT process anytime between January 1st and July 15th of each year. Enrollment in the PAT process begins the day that we receive these completed materials in our office. The first annual update is not due until July 15th of the following year.

## CP & TEP Primary, Secondary & 3rd Endorsers

Please remember that all Primary, Secondary & 3rd Endorser recommendations must be based on observations (twice) within the current three years of the application date.



# CP and TEP Onsites in Asia

John Olesen, M.A., T.E.P.

This past March I traveled to Taipei, Taiwan and Suzhou, China to serve as an Evaluator/Observer for the 2017 Certified Practitioner and Trainer, Educator and Practitioner Onsite Examinations. This has been my second year as an Observer. I am pleased to report that, like last year, all the exams were rated PASS. Congratulations to the six new Certified Practitioners and three new Trainer, Educator Practitioners. My respect and admiration for both the Taiwan Association of Psychodrama and the Suzhou Psychodrama Training Center continues to grow.

Both in Taipei and in Suzhou the psychodrama communities are strong. The network of sociometric support in each program was impressive. Each has a core group of people studying psychodrama who volunteered time and effort to make the examination process as much of a group experience as possible. Filling groups with new and experienced

people, providing snacks or lunch to the participants and offering production support (scarves, music, etc.) were all handled by these volunteers. Seeing large groups of people working together to explore and share Psychodrama and Sociometry was awe-inspiring. As a brief note, China and Taiwan have historically had a fragile relationship which is periodically tested. I was touched by the strong, healthy connection created through psychodrama across the Taiwan Strait. I couldn't help but envision more coordinated centralized programs here in the West, helping students financially and emotionally.

On behalf of the Board of Examiners I offer sincere congratulations to all. How exciting to see psychodrama spread throughout the world.



## Personal Reflections on My Trip to Asia.

Although I take my Evaluator role with great seriousness and my focus was on the 2016-17 Onsite Examinations, I was also able to have a lot of fun on this visit to Taiwan and China. In Taiwan I felt lucky, staying stay in the same hotel Dorothy and Mort Satten regularly stayed in during their many trips. Taipei has become one of my favorite cities in the world. Young and vibrant, it is filled with many universities and schools. I am pleased to report that I can get all over the city using the subway by myself. It's actually easy with directions in English as well as Chinese. This freedom gave me the opportunity to people-watch, one of my favorite hobbies and visit a sports center with the biggest swimming pool I have ever seen. I was able to eat in a variety of wonderfully diverse restaurants where the food was exotic and delicious. I was also able to absorb much of the beauty of this incredible city through museum trips and just walking the streets. Nien-Hwa Lai was incredibly generous offering me her office on my breaks and being a gracious host. My trip to the countryside with Andy and Adam was a highlight in this amazing segment of my trip.

The second segment of my trip was to Suzhou, China. 55 miles north of Shanghai with 10 million people Suzhou is located on the lower reaches of the Yangtze River and surrounds huge and lovely Lake Tai. Suzhou has over 2,500 years of history. My hotel was in the Old City and the canals, bridges and buildings were preserved as they were hundreds

and even thousands of years ago. More than beautiful Suzhou combines the ancient and the new.

Erdong Wang has created an amazing psychodrama center in Suzhou. His vision for the expansion of psychodrama throughout China is passionate and delightfully infectious. One of his many friends, a Chinese architect, educated in France, and a regular psychodrama group attendee put together a brand-new center specific to the needs of creative psychodrama and experiential work. White walls, large group rooms with polished bamboo floors, a meditation room, a gathering space with sink and fridge, small rooms for sand-tray work and simple plants growing in the abundant sunshine make it not only utilitarian but serene and calm.

My colleagues in Suzhou took me to ancient historical sites and graceful tea houses. They also taught me some Mandarin. I wish I could say, "Thank you all for your wonderful generosity and care." I can't. I can only express this in English at this point. I can say, "OK, OK, OK.....let's play cards. Thank you very much." Obviously my Mandarin learning curve is steep. Laughing together my Asian psychodrama friends and I all know, "Don't tell me, show me." and language barriers slip away.

For fun and adventure I encourage everyone to visit Taiwan and China.

# Spotlight On Psychodrama Articles\*

\*Professional articles written by ABE certified psychodramatists published in journals other than the ASGPP's Journal of Psychodrama, Sociometry and Group Psychotherapy. For more information, contact the author at our website: psychodramacertification.org

## **Gearing up in psychodrama: Using psychodrama to support education in diverse communities and building teams to deliver support**

**Erica Michaels Hollander & Amna Jaffer**

This paper describes a group work training offered in 2011 for 60 highly diverse staff members to a GEAR UP (Gaining Early Awareness of and Readiness for Undergraduate Programs) educational grant for the San Jose, CA area. Multiethnic, multi-aged trainees with varying educational levels and backgrounds were brought together as a cohort, for the first time, for training purposes. In 4 full days of experiential, active engagement training, they were instructed in the application of psychodrama and sociometry techniques with which to engage low income and minority students and their families in middle school, high school and to promote college accomplishment. The use of psychodrama and sociodrama to support education in diverse communities is reviewed and explained. The advantages of using experiential learning and action methods to enhance learning, engage low performing students and build social cohesion are discussed.

Zeitschrift für Psychodrama und Soziometrie, pp 1–14

Michaels Hollander, E. & Jaffer, A. Z Psychodrama Soziom (2017). doi:101007/s11620-017-0389-6

## **Fairytales, psychodrama and action methods: ways of helping traumatized children to heal**

**Rebecca Walters**

This article describes the experiences of using Psychodrama and its associated methods: Sociodrama, Bibliodrama, Playback Theater, etc., with young children who are inpatients in a psychiatric hospital. The ways in which these methods help young people to heal through creating emotional distance for them to process their traumatic life experiences, develop new roles and resilience through the psychotherapeutic process. The therapist's balancing act of closeness and distance when entering their lives is explored; all the while bearing in mind the age and development of the young person. The article moves from the general to the specific of using fairy tales to enable young children to experience role expansion and develop social skills.

Zeitschrift für Psychodrama und Soziometrie

Rebecca Walters. Z Psychodrama Soziom (2017). DOI 10.1007/s11620-017-0381-1

## **Psychotherapy Training: Considerations beyond Techniques**

**Rory Fleming Richardson**

This article examines the elements of psychotherapy training that go beyond technique to the heart of where science and art blend adding to the evolution of a novice psychotherapist into a seasoned professional. It draw on over 40 years of experience by a seasoned psychotherapist trained in the traditional manner.

I would like to dedicate this article to Zerka Tolman Moreno, a pioneer in psychodrama, sociometry and group psychotherapy, and one of my teachers. She passed away on September 19, 2016.

Journal of Neurology and Psychology

September 2016 Vol.: 4, Issue: 2

*This announcement of new articles is done as a public service to the psychodrama community. The Board neither recommends nor endorses any of these publications.*

# Suggested “Best Practices” for Primary Trainers

Donna Little, M.S.W., T.E.P., Incoming Vice-President, &  
Cathy Nugent, L.C.P.C., T.E.P., Incoming President

Yearly review of candidates' certification applications gives Board Directors a glimpse into some of the administrative practices of psychodrama training programs across the U.S. and internationally. Drawing on this qualitative data, along with perspectives from Board Directors' different clinical and non-clinical fields, we offer the following recommendations for primary trainers in the U.S. TEPs in other countries are encouraged to consider how well these practices align with cultural norms in their country, and then adopt or adapt any that seem congruent.

Please remember that the requirements for certification are those — and only those — specified in the ABE certification standards. No changes can be made to the standards without the vote of the membership. What follows are some ideas and suggestions for Primary Trainers to consider.

The psychodrama training process is an *adult learning model*. Here, the learning process is seen as a collaboration, not a top-down relationship. Adult learners take responsibility for co-creating their own learning experience. For psychodrama trainees pursuing certification, this means devising a plan to become knowledgeable and skilled in psychodrama, sociometry and group psychotherapy, as measured by the written and onsite examinations. The psychodrama training plan will be more or less concrete, depending on the personal styles of the trainer and trainee. A plan designed to meet the ABE certification standards helps avoid disappointment if, nearing readiness for certification, the trainee discovers he/she doesn't meet the minimum requirements. Whether through review of written plans, supervision, or less formal means, the primary trainer's support and guidance in developing the psychodrama training plan are certainly valuable.

*Provider of Support and Dispenser of Guidance* are only two of the sub-roles Primary Trainers play. The Primary Trainer is also an *Advisor, Teacher, Mentor, Supervisor, Evaluator, Consultant, Exam Coach, and Overall Guide to the Certification Process*. Because the relationship is generally a significant, long-term one, the Board recommends that trainees select their Primary Trainer early in the training process — at around 250 hour and after exposure to several trainers, if possible.

Trainers help promote clarity and transparency by providing trainees with a Training Agreement. The Training Agreement defines the roles and responsibilities of the primary trainer and the trainee, explaining the expectations of each. A complete Training Agreement explains the trainer's requirements for endorsing a trainee, including the trainer's requirements for sufficient opportunity to observe and assess the trainee's progress toward certification. A thorough Training Agreement also stipulates the method and frequency of feedback to trainees about their progress toward certification.

An *Informed Consent Form* is essential. A model Informed Consent Form explains what the trainee can expect to experience in training with the particular trainer. It also delineates the potential risks and benefits of participating in psychodrama training. Finally, the Consent Form states how problems and/or complaints are handled, as well as trainees' recourse should their complaints not be handled satisfactorily with the primary trainer.

These two administrative forms — *Training Agreement* and *Informed Consent* — help establish a relational frame in which processes and procedures, roles and responsibilities, and risks and rewards are all clear. With such clarity comes a more predictable and comfortable learning environment. Sharing these documents at the start of a training relationship establishes the relationship on stable footing. However, the relationship between psychodrama trainee and primary trainer is generally a long-term one. It is the rich soil in which the trainee (and the trainer) will learn and grow over time. Co-creating strong, healthy connections takes time, effort and commitment. Recognizing this several years ago, the Board established a practice guideline to promote the longevity of the trainer-trainee. The guidelines, included in the document entitled, *The CP Journey* on the ABE website, states that “at least half of the required... hours must be with the applicant's primary trainer.”

After further deliberation in the upcoming year, the Board will decide whether or not to propose a vote by the membership on an amendment to the certification standards. The question would be whether or not to specify a percentage of the required training hours that the trainee must receive from the Primary Trainer.

We welcome your comments via email or letter. If you send your comments via email than we can forward them to the other Board Directors. If you send your comments by mail your letter will be distributed to the Board of Directors at the next regularly scheduled Board Meeting (September 2018).

Our email address is: [abepsychodrama@yahoo.com](mailto:abepsychodrama@yahoo.com).

Our mailing address is:  
American Board of Examiners in Psychodrama, Sociometry  
and Group Psychotherapy  
1629 K Street, N.W., Suite 300  
Washington, DC 20006

The Board also welcomes your suggestions for other best practices for Primary Trainers or other TEPs and PATs.

# Distance Learning for Psychodrama

Martica Lourdes Bacallao, M.A.,  
M.S.S.W., Ph.D., T.E.P.

Board members are exploring the topic of online learning for certain domains of psychodrama training. The creation and maintenance of a training community that embodies psychodrama philosophy and methods – socially, ethically, emotionally, physically and intellectually – is possible through partial, online learning. As the Board examines online learning, we will not lose our intention to preserve the best of what residential trainings have to offer and the opportunity to do one's own work.

Travel and lodging could be reduced from annual residential training programs without eliminating the experience of coming together. Online learning for certain domains of psychodrama training could accommodate both trainees' and trainers' lifestyles, with less emphasis on getting everyone's calendar dates aligned. This can increase convenience and flexibility. Trainees and trainers would have more feasible options. Accessibility to certain domains of psychodrama training would also be a benefit. As accessibility expands, online learning can reach across regions of the country, continents and hemispheres. A part of the training experience may become more diverse and international because of the accessibility of online learning. Diversity adds tremendous value to in the training experience. Potential relationships for work and friendship can be nurtured and a sharing of cultural resources over distances can be organized. Online learning offers many opportunities for collaboration in training and interaction with everyone involved. Also, different types of pacing are typically available, depending on how the online program is structured. There is trainer-led, self-directed or self-paced. Self-paced learning gives trainees more flexibility in terms of time, for example, the trainee may have up to 1 year to complete the online psychodrama training course from the start date. Being able to self-pace and self-direct your online learning may increase the probability of completing the training course.

To summarize, online learning in psychodrama can give trainees and trainers more feasible options, improve accessibility, provide convenience, open new vistas for diversity and multiculturalism, cover greater geographic distances, reduce travel and lodging fees, increase flexibility and productivity, reinforce self-discipline, and perhaps, raise the rate of training completion and learning outcomes.

The Board members will maintain a sustainable, system-wide perspective for partial online learning. In the spirit of this new venture, we will reflect on how trainees may best acquire the psychodrama training for the work they aspire to do.

## 2016 ABE BUDGET December 31, 2016

### INCOME

|          |             |
|----------|-------------|
| CP DUES  | \$20,415.00 |
| TEP DUES | \$30,086.00 |
| PAT FEES | \$9,635.00  |
| CP FEES  | \$5,600.00  |
| TEP FEES | \$3,310.00  |
| INTEREST | \$25.04     |

**TOTAL INCOME** **\$69,071.04**

### EXPENSES

|                    |             |
|--------------------|-------------|
| ACCOUNTANT         | \$625.00    |
| BANK FEES          | \$198.67    |
| DIRECTORY          | \$926.41    |
| EXECUTIVE DIRECTOR | \$30,000.00 |
| GRAPHIC DESIGNER   | \$1,005.00  |
| INTERNET SERVICE   | \$800.00    |
| LEGAL & PROFESSION | \$255.00    |
| MEETINGS           | \$9,435.16  |
| MISCELLANEOUS      | \$370.81    |
| NEWSLETTER         | \$410.61    |
| OFFICE EXPENSE     | \$12,000.00 |
| ON-SITE EXPENSE    | \$1,257.20  |
| POSTAGE            | \$2,307.50  |
| PRINTING           | \$225.14    |
| SECRETARIAL        | \$10,000.00 |
| SUPPLIES           | \$1,285.81  |
| TELEPHONE          | \$771.84    |
| WEBMASTER          | \$620.00    |

**TOTAL EXPENSES** **\$72,494.15**

**FY16 DEFICIT** **= \$3,423.11**

**\*In FY15 the Surplus was \$11,181.30**

### MOVING OR CHANGING YOUR EMAIL ??



Please update your information  
at [www.psychodramacertification.org](http://www.psychodramacertification.org)

Don't forget to update your contact information including your email address, phone number and mailing address at our website ([psychodramacertification.org](http://psychodramacertification.org)). All information for mailing labels and our annual Directory is downloaded from the information you provide on our website. If you need assistance you can email us at [abepsychodrama@yahoo.com](mailto:abepsychodrama@yahoo.com) and we will help you update your information.

# Then and Now

Judy Swallow, M.A., L.C.A.T., C.R.S., T.E.P.

I've just finished another 6-year stint on the Board. The first one was in the 90s. I've really loved working with people with a passion for psychodrama and a dedication to the field.

A lot has happened on the Board in the 20 years or so between my meetings.

I remember how I experienced it in the 'olden days', and how it was this time around:

Some things have stayed the same. Our mission has always been to create the national exam and to certify qualified candidates in the field. It is always intellectually stimulating. People's different opinions are honored and respected as policies are discussed.

And some things are radically different. When I was on the Board the first time, the internet was a new tool and was not part of the Board's workings. Exams had to be proctored, and reams of paper had to be filed to keep track of everything. The duties of the Executive Director flowed mysteriously and seamlessly.

NOW candidates take the exam on the computer across many time zones.

Board Policies have evolved and been clarified.

The duties of the ED are clearly delineated, and are able to be shared or passed along as needed.

These are my observations upon completing another six years on the ABE. I feel very honored to be part of its history and evolution. I wish it a vibrant future.



*January 1997 Board of Director's Meeting. Front Row: Nan Nally-Seif, Sandy Wood, Judy Swallow & Jeanne Burger. Back Row: Dale Richard Buchanan, Alton Barbour, & Karen Finucane McNamara.*



*January 2017 Board of Director's Meeting. Front Row: Linda Richmond, Kim Irvine Albano & Judy Swallow. Back Row: Dale Richard Buchanan, Lin Considine, Cathy Nugent, John Olesen & Donna Little*

## Reflections of a New Board Director

Linda Richmond, Ph.D., C.P.

As I prepare to write this article about my first year as a Director of the Board of the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy, I peruse the material I keep in a black three-ring binder (Board Meeting agendas and minutes, reports of standing committee members and those exploring timely topics, correspondence from those seeking certification or clarification of rules, among others). I brush sand from the binder seams that has collected from Florida's west and east coasts, where the September 2016 and January 2017 meetings were held, respectively. I reflect...

When my psychodrama trainer and supervisor encouraged me early last year to "stand for election" for the open Certified Psychodramatist position (I became a CP in 2015), I hoped I would be a good fit because I believed strongly in the Board's dual mission of establishing American professional standards and certifying qualified professionals on the basis of those standards. I was honored when I was elected and looked forward to connecting professionally with this thoughtful and dedicated group.

I knew this was going to be a good year when we started our first Board Meeting sociometrically. Members shared experiences, wishes, and concerns during a popcorn-style check in. Because I can be triggered in work groups by feelings of not belonging or not being "good enough", I had some anxiety about entering the group and being tongue-tied, so this is what I shared. My fears were acknowledged, my warm-

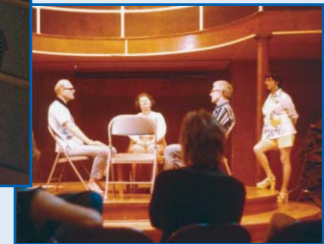
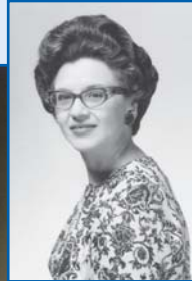
ing up style was accepted and I heard there was no pressure for me to perform. Here I was at Clearwater Beach, meeting in a windowless conference room with people I admired immensely but didn't really know, but rather than feeling uptight, I felt openness and flow as we started our psychodramatic work together.

It was when we rolled up our sleeves to work that this group – including me, really began to rock and roll. The work of the Board immediately captured my attention and interest that first day (as it would for the rest of that long weekend and the next). The agenda was packed throughout but the time flew by and we accomplished an amazing amount. The main work of the September meeting was to create the CP and TEP exams. This important piece of business developed as a lovingly devised ritual that allowed each group member to give of their best and receive back from the group. Other work – whether about policy and procedure or response to queiries from the larger membership, was also handled with attention and care.

This year's belonging to this amazing group of people, working on the Board while at the same time developing my role as a professional psychodramatist, has been wonderfully energizing and life-changing. I am more confident as I practice and articulate what I believe is important to know and to do in order for our field to grow and to meet changes with relevance and integrity. I'll always be grateful for that nudge. Thank you Judy ☺.

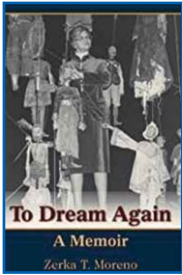
# IN MEMORIAM

## Zerka T. Moreno



# To Dream Again: A Memoir

by Zerka T. Moreno (Author), Edward Schreiber (Editor),  
Robert Landy (Foreword)



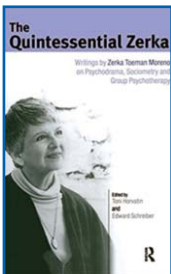
In psychological and psychotherapeutic networks, Jacob L. Moreno and Zerka T. Moreno were a pioneering dyad. Working together from 1941 onwards, this was the first time that such a manner of working was undertaken in the healing arts. Zerka became Jacob L. Moreno's co-worker, wife, partner and major helpmate until his death in 1974. This book portrays Zerka's development and experiences that molded her, and made her receptive to Moreno's ideas at a time when this was not generally the case. Zerka's

life before she met Moreno occupies the first part of this book. The second part relates the highlights of this unusual partnership and her life after Moreno's death. The final portion of this book addresses Zerka's subsequent life and many of her worldwide journeys. Moreno was once heard to declare, "I had the ideas, Zerka was the tool." The focal point of this Memoir is not to describe who Zerka was to J.L. Moreno, but to share who Zerka is to the world. "This is a story about a woman who is a legendary figure, not only in psychodrama, but in the overall field of psychotherapy. Zerka's life, her international training sessions, and intellectual insights have truly had a powerful and therapeutic impact on people around the world."

## The Quintessential Zerka:

Writings by Zerka Toeman Moreno on Psychodrama,  
Sociometry and Group Psychotherapy

by Toni Horvatin (Editor), Edward Schreiber (Editor)



The Quintessential Zerka documents the origins and development of the theory and practice of psychodrama, sociometry and group psychotherapy through the work and innovation of its co-creator, Zerka Toeman Moreno.

This comprehensive handbook brings together history, philosophy, methodology and application. It shows the pioneering role that Zerka, along with her husband J. L. Moreno, played in the development, not only of the methods of psychodrama and sociometry,

but of the entire group psychotherapy movement worldwide. It demonstrates the extent to which Zerka's intuitive and intellectual grasp of the work, combined with her superb ability to organize and synthesize, continue to exert an influence on the field. Toni Horvatin and Edward Schreiber have selected articles that span a career of some sixty years, from Zerka's very first publication to recent, previously unpublished, work. Personal anecdotes and poetry from Zerka herself provide a valuable context for each individual article. The selection includes:

- psychodrama, it's relation to stage, radio and motion pictures;
- psychodramatic rules, techniques and adjunctive methods;
- beyond Aristotle, Breuer and Freud: Moreno's contribution to the concept of catharsis;
- psychodrama, role theory and the concept of the social atom.

This book provides a rich source of insight and inspiration for all those interested in the history, development and practice of psychodrama, sociometry and group psychotherapy, whatever their level of experience. It will be of interest to anyone involved in the fields of psychology, counselling, sociology, social work, education, theatre, or human relations.

"There is a fitting statement in a Tibetan meditation: 'I stand at a point of light. I am that light and with that light I serve.'

Moreno taught me to rekindle the light for others. Remember your light, and that in your lifetime you have helped one person, your life has been worthwhile..,

If my life and work have had any purpose whatsoever, it is for others to understand that purpose, to re-create it daily, to spread and keep that light aloft, courageously passing it on as in the Olympics, without any hesitation or hiatus. Fortunately, that is already happening,

The most significant lesson gained in this lifetime is that the impossible happens."

To Dream Again (2012). Zerka T. Moreno. p521.

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These books are still available for purchase.  
For example, go to [www.amazon.com](http://www.amazon.com).

# ZERKA T. MORENO MEMORIAL TASK FORCE

February 2017

Dale Richard Buchanan, Chairperson of the Zerka T. Moreno Fund

Congratulations! We have raised sufficient funds to: publish a Zerka T. Moreno memorial issue of the Journal; fund the cataloguing of the Zerka T. Moreno Collection at the Countway Medical Library in Boston (an alliance of Boston Medical Library and Harvard Medical School); and create a permanent Zerka T. Moreno International Scholarship for the annual meeting of the ASGPP. Fund raising is now closed.

On behalf of the Zerka T. Moreno Memorial Task Force, I would like to thank all the individuals, institutes, and organizations that have generously contributed to the Zerka T. Moreno Memorial Fund. One hundred (100) donors have contributed a total of \$33,006. These donors and many others have also in-

formed us of their intentions to honor Zerka T. Moreno via volunteering or offering scholarships for their trainees and clients.

A final and complete report of all monies raised and their disbursements will be published in the Zerka T. Moreno Memorial Issue of the Journal. A copy of the ZTM Memorial Journal will be sent to each individual who donated \$100 and all persons who are members of the American Society of Group Psychotherapy and Psychodrama. In addition, ZTM Memorial Issues will be available for sale from the ASGPP at [asgpp@asgpp.org](mailto:asgpp@asgpp.org). For a copy of the complete final report of the Zerka T. Moreno Memorial Task Force you may email Dale Richard Buchanan ([dalerichardbuchanan@yahoo.com](mailto:dalerichardbuchanan@yahoo.com)).

## Zerka T. Moreno Memorial Fund Donors

Donations as of February 15, 2017

|                                       |            |                                    |          |                   |          |                         |          |
|---------------------------------------|------------|------------------------------------|----------|-------------------|----------|-------------------------|----------|
| Dale Richard Buchanan                 | \$2,500.00 | Marlo Archer, Deb Gion             |          | Anonymous         | \$100.00 | Catherine Nugent        | \$100.00 |
| Antonina Garcia                       | \$2,500.00 | & Grayce Gusmano                   | \$300.00 | Arts for Change   | \$100.00 | John Olesen             | \$100.00 |
| Jonathan D. Moreno & Leslye S. Fenton | \$2,500.00 | Sue McMunn                         | \$300.00 | Martica Bacallao  | \$100.00 | Ira & Joyce Orchin      | \$100.00 |
| Nien-Hwa Lai                          | \$1,500.00 | Robert & Jacqueline Siroka         | \$300.00 | Sue Barnum        | \$100.00 | Louis Perrott           | \$100.00 |
| Anath Garber                          | \$1,200.00 | Claire Marx                        | \$250.00 | Adam Blatner      | \$100.00 | Patty Phelps            | \$100.00 |
| Sung Hee Cho                          | \$1,000.00 | North-West Psychodrama Association | \$250.00 | Soozi Bolte       | \$100.00 | Martin Prescott         | \$100.00 |
| Mario Cossa                           | \$1,000.00 | Jorg Burmeister                    | \$210.00 | Karen Carnabucci  | \$100.00 | Rebecca Ridge           | \$100.00 |
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| Louise Lipman                         | \$1,000.00 | Lindsay Chang                      | \$200.00 | Maureen Colombino | \$100.00 | Taylor Rockwell         | \$100.00 |
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| Elaine Camerota                       | \$500.00   | Nancy Paschuk                      | \$200.00 | Estelle Fineberg  | \$100.00 | Deborah Shaddy          | \$100.00 |
| Adam Chi-Chu Chou                     | \$500.00   | Herb Propper                       | \$200.00 | Pamela Goffman    | \$100.00 | Dario Silva             | \$100.00 |
| Linda Ciotola                         | \$500.00   | James Sacks                        | \$200.00 | Lorelei Goldman   | \$100.00 | David Silverman         | \$100.00 |
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| Kate Hudgins                          | \$500.00   | L. Scott Urmey                     | \$200.00 | Ann Hale          | \$100.00 | Fredilyn Sisson         | \$100.00 |
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| Mary Anna Palmer                      | \$500.00   | Rhona Case                         | \$150.00 | Neil Hucker       | \$100.00 | Rebecca Walters         | \$100.00 |
| John Raspberry                        | \$500.00   | Meg Givnish                        | \$150.00 | Sylvia Israel     | \$100.00 | Michael Wieser          | \$100.00 |
| Lo Sprague                            | \$500.00   | Frederic Harris                    | \$150.00 | Donna Little      | \$100.00 | Jill Winer Prouty       | \$100.00 |
| Tom Treadwell                         | \$500.00   | Steve Kopp                         | \$150.00 | Rosalie Minkin    | \$100.00 | James Wisecup           | \$100.00 |
| Siyat Ulon                            | \$500.00   | Moreno Museum Association          | \$105.00 | Mimi Moyer        | \$100.00 | Cecelia Yocum           | \$100.00 |
|                                       |            |                                    |          | Ray Naar          | \$100.00 | Tanya Zielinski         | \$100.00 |
|                                       |            |                                    |          |                   |          | Other Contributions (4) | \$141.00 |

## ~ APPRECIATIONS 2016 ~

The Board could not possibly operate without the support, commitment and dedication of all those individuals who voluntarily read examinations, conduct on-site observations, and serve on special committees. Thank You.

If you would like to spread the sociometric wealth and add your name to the list, send us an email.

Kim Albano-Irvine  
Mary Jo Amatruda  
Martica Bacallao  
Robin McCoy Brooks  
Kathy Brown  
Jeanne Burger  
Lin Considine  
Elizabeth Corby  
Anath Garber  
Kim Friedman  
Michael Gross

Ann Hale  
Katrena Hart  
Erica Michaels Hollander  
Deb Karner  
Nancy Kirsner  
Connie Lawrence  
Louise Lipman  
Donna Little  
Barbara McKechnie  
Dorcas McLaughlin  
Sue McMunn

Cathy Nugent  
John Olesen  
Elizabeth Plummer  
John A. Raspberry, Jr.  
Linda Richmond  
Marianne Shapiro  
Daniella Simmons  
Judy Swallow  
Cece Yocum





*Front Row (Left to Right): Sandy Seeger, Linda Richmond, Erica Michaels Hollander, Linda Condon, Lin Considine, Kim Irvine Albano, & Deb Shaddy.  
 Second Row: Mary Anna Palmer, Louise Lipman, Susan Mullins, Donna Little, & Judy Swallow.  
 Third Row: Steven Durost, Stacie L. Smith, Daniela Simmons, John Olesen, Kim Cox & Debbie Ayers.  
 Fourth Row: Dale Richard Buchanan, Cathy Nugent & Regina Sewell*

Photo from the 3rd Joint Meeting of the American Society of Group Psychotherapy and Psychodrama (ASGPP) and the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy (ABE) that took place in September 2016.

Please remember that the ASGPP and the ABE are two

separate and distinct organizations. Membership in one does not include membership in the other.

Each organization had their separate fall meetings, and then met jointly for several hours to discuss the ways in which the two organizations can collaborate and advance the fields of psychodrama, sociometry and group psychotherapy.

## Glossary of Psychodrama Terms

The Board has a glossary and dictionary of psychodrama terms on our website. The glossary and dictionary is one hundred and forty six pages long and contains J. L. Moreno's original explanations and definitions of many psychodrama terms and concepts.

"The Psychodrama, Sociometry and Group Psychotherapy Dictionary and Reference" was written and created in 1985 by William Moses, Ph.D. Dr. Moses was a certified psychodramatist until 2000. Dr. Moses originally wrote this document as partial fulfillment of the Psychodrama Residency requirements while he was a stipended Psychodrama Resident at the Saint Elizabeths Hospital Psychodrama Training Program (United States Government, Department of Human Services, Alcohol, Drug and Mental Health Administration, Saint Elizabeths Hospital). Therefore, this document is in the public domain.

Simply go to our website ([psychodramacertification.org](http://psychodramacertification.org)) and look under the heading "About Us" (Middle Column) and click on to Psychodrama Glossary & Dictionary. Because this is a very long PDF (146 pages) it may take a while to download on your computer, with a DSL connection it takes less than two minutes.

## Inspiration Video On Sociometry

For an amazing and inspirational video on basic sociometric techniques that are used to build connection amongst a group of very diverse Danish citizens see this three-minute advertisement that appeared on Danish Television.

<https://www.youtube.com/watch?v=jD8tjhVO1Tc>

A hearty thank you to Judy Dolmatch who brought this to our attention.

## Audio Visual Library For Psychodrama

Jerri Bass of New Zealand has created an Audio-Visual Library on YouTube which contains several videos on psychodrama. For further information go to:

<https://www.youtube.com/playlist?list=PLb6M43OzRgggsocFGdp-mitiKxkFMWMOe>

# WHY YOU SHOULD BECOME A CERTIFIED PSYCHODRAMATIST

Dale Richard Buchanan, Ph.D., T.E.P.  
John Raven Mosher, M.A., T.E.P.

## **BECOME CERTIFIED FOR YOURSELF**

More than anything the certification process is a rite of passage. As such, it focuses meaning and skill development in personal symbols, emotions, competencies, and energy structures (some would say new neural pathways). In order to become certified you will have to move out from your comfortable place in your on-going training group and venture off into the world. As you proceed you will encounter challenges, based upon your own personal mythology. You will be asked to assess your own level of competence and engage in reading, writing and skills practice for both the written and on-site. You must wait as others review your written examination. You must persevere and direct a group in front of a stranger who is evaluating your effectiveness. At the end of your journey who will return home but carry with you a deep knowledge that you know what you know and can demonstrate it to others too. You will feel different.

## **BECOME CERTIFIED FOR YOUR FINANCES**

Most professionals are quite impressed with our Certification Standards and Directory. The Board requires a review of credentials, and successfully passing both a written and an on-site examination. Many national certifying organizations just require a review of credentials, some require a written examination, but we are one of the rare organizations that also requires an on-site demonstration of knowledge, skills and abilities. Once you are certified use our materials to market yourself, distinguish yourself among others, and to establish and maintain your creditability and competence as a trained professional in psychodrama, sociometry and group psychotherapy.

## **BECOME CERTIFIED TO BECOME PART OF A LARGE COMMUNITY**

It is one thing to be part of one social atom (your primary training group) and quite another to join with and connect with the larger community of psychodramatists. You may be a summa cum laude graduate of the renowned Psychodrama Institute of Fargo ND and studied under Lars & Lena Jorgenson. In the bigger world who are they really and what credibility do they have beyond the Plains States. Certification from the Board is a nationally and internationally recognized credential. You will be listed in our directory, and will be able to build connections with persons from around the United States, Canada and the world. You will become a sanctioned member of a community of practitioners of a shared art of healing, a community wherein you can offer and ask for support, where you can build friendships and create professional relations that can sustain your profession for a lifetime.

## **BECOME CERTIFIED FOR THE NEXT GENERATION**

If you are like us you believe that psychodrama has profoundly changed your life. How will the next generation find psychodrama? Will they find it at all? By joining with others you support an organization which promotes, supports and maintains the vision and work of J. L. Moreno. We are there to remind uninformed or skeptical professionals that there is a rigorous training process, intensive practicum, and an extensive evaluation and examination of both theory and methodology for the professional practice of psychodrama, sociometry and group psychotherapy. Finally, you will have a place and a voice in the evolution of your field.

## **From the Outgoing President**

*Continued from page 1*

Following are some of the additional accomplishments of the Board while I have been president:

- Board members recommended and membership approved the change in Certification Standard 2.D. (Training). The change increases the approved training conferences for receiving psychodrama training hours from the ASGPP, AGPA and NADTA to include the Taiwan Association for Psychodrama and the International Association for Group Psychotherapy and Group Processes (IAGP).
- We established a relationship with the Taiwan and Chinese psychodrama communities. We agreed Taiwanese and Chinese candidates could take their Onsites in their respective countries rather than the United States. We have now completed Onsites in Taiwan and China for three years.
- We continue to work on building reciprocity agreements with Israel and Taiwan.
- We have revised and reviewed our policy and procedure manuals.
- We have created an online expanded newsletter with color photos.
- Since 2013 the written exams were administered by email.
- In September 2016 the Board and the ASGPP held a joint meeting to explore ways we can work together.
- We created a transition plan for our Executive Director position, including: a job description, a recruitment process, an interview protocol, a selection process, and a compensation packet.
- We are currently in an excellent financial position.

**\*\* We have more certified members than in the history of our board.**

In closing, it has truly been an honor and joy to serve as President for the past 4 years. While my term as President is over I look forward to continued service on the Board of Directors. It is inspiring to observe the passion of Board member in service to the psychodrama community.

I congratulate our incoming president Cathy Nugent, knowing we are all in capable hands! Thank you always to Dale who tirelessly continues to contribute wisdom, compassion and professionalism to our community and to the standards by which we certify!

My life has been changed for the better in my role with the ABE.

Blessings Lin.



## From the Incoming President

Continued from page 1

other year. The other returning Board Directors— Donna Little, Louise Lipman, John Olesen and Linda Richmond—all bring tremendous talent, expertise and conscientiousness to their roles. The Board is excited about welcoming the other two newly-elected Directors: Martica Bacallao, TEP representative (previously served 2007 to 2010), and Michael Gross, CP representative. There is no way to overstate the knowledge, wisdom and experience of the Board's Executive Director, Dale Richard Buchanan. Not only is Dale a wizard of psychodrama, but he is also a repository of Board history and a master of sociometric connections within the network of certified psychodramatists and psychodramatists-in-training.

One of the most meaningful and joyful parts of being on the ABE is the opportunity to help usher in new generations of psychodramatists. This year the Board certified 5 TEPs and 10 new CPs. It is gratifying to know that these members of our community will carry on the rich legacies of J.L. and Zerka Moreno, their students and followers (and their students and followers). The journey to certification is long and arduous. Certification is a rite of passage, an outward sign of what, for most, is a transformative process.

In addition to helping to guide and monitor the certification process, the Board carries out a variety of other tasks: writing the certification examinations; evaluating exams; preparing the newsletter; monitoring the budget; reviewing and revising the policies on the Board's website; responding to communications from trainers and students; and setting strategic and policy directions for the Board. The Board, comprised of volunteers, meets only twice each year, for a total of 5 days. Much of the Board's work is carried out between meetings, when individuals or small workgroups research relevant background information, and then bring their analyses and recommendations to the full Board.

Currently, several policy issues are under consideration. Please remember that the Board has no authority to change the certification standards. To change the standards, a vote must be brought to the membership (certified psychodramatists), and the proposed change approved by the majority of those voting. The Board does consider policy-related issues that sometimes have implications for the standards. In such cases, the Board solicits input from the membership, synthesizes all the information and comments gathered, and, if appropriate, formulates a question on which the membership votes.

To develop recommendations for each issue listed below, the Board is now seeking new and/or additional comments and suggestions:

- **Distance Learning:** Does the membership support allowing some number of the required 780 training hours to be obtained via distance learning?
- **Required Number of Hours with Primary Trainer:** Does the membership support specifying, in the certification standards, a number or percentage of hours that the trainee must obtain from the primary trainer?

- **Additional Hours Waived for RDTs:** Does the membership support waiving some, as yet unspecified, additional number of training hours for Registered Drama Therapists (RDTs)? (Note: RDTs are currently allowed 100 waived hours, along with Licensed Master's Level Mental Health Professionals or those who are Certified or Registered in the following: ATR, DTR, MT-BC. However, drama therapists are required to have at least 45 hours of psychodrama training as part of the curriculum, and RDTs routinely receive education and training in a variety of topics that are closely related to the practice of psychodrama, such as: role-play, experiential work, play, warm-ups, closure via role-play, simulations, and others.
- **Competencies for Non-Mental Health Practitioner Candidates:** Does the membership support allowing trainees from fields other than mental health to demonstrate their competency in the 5 specified areas through workshops, life experience and/or other venues beyond those currently accepted (college- or university-based post-graduate courses or independent studies)?

These are some of the topics we discussed with those who attended the ABE Conversation Hour at the ASGPP Conference in Clearwater, FL. Thanks to all who participated.

The Board welcomes your comments, in writing, on these topics. Please send email to: [abepsychodrama@yahoo.com](mailto:abepsychodrama@yahoo.com). The mailing address is:

American Board of Examiners in Psychodrama,  
Sociometry and Group Psychotherapy  
1629 K Street, N.W., Suite 300  
Washington, DC 20006

I feel gifted to have found psychodrama, a system of healing, learning and development that has transformed my life. I know that many of you are tremendously gifted in the work you do integrating Moreno's uplifting ideas and innovative practices into your work. Thank you for all you do on behalf of "the whole of [hu]mankind."

Warmest wishes,  
Cathy

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## ORPHANED TRAINEE'S POLICY

The Board recognizes that many unexpected events can happen during a trainee's journey towards practitioner certification. Some of these events may be that a Trainer may die, become disabled, or can be suspended or expelled from the Board. Therefore, the Board has developed a policy for those students who are left adrift due to various untoward developments in the life of their primary or secondary trainer. For a copy of the policy email us and we will send it to you.

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## IN MEMORIAM

### Joe Powers



Dr. Joseph Patrick Powers, PhD, passed away on January 14, 2017 in his hometown of Needham, MA. He lived with his wife Kathleen O'Brien and has two children, Devin and Cullan. Joe studied English Literature at Catholic University, Communications at New York University, and Psychology at Harvard University and Boston College, where

he received his doctorate.

Joe studied psychodrama with the Morenos in Beacon and was the first Director in residence at Beacon. He founded the psychodrama program at Lesley College in the mid 1970s, along with Peter Rowan. Joe presented many times at the ASGPP conferences in the 19870s and encouraged his students to follow in his footsteps and participate in the organization. Joe was the Director of Group Psychotherapy at McLean Hospital in Belmont, and ran his own private practice, working with families and individuals of all ages.

His passion for learning about 'living, surviving and thriving' in groups can be traced back to Joe's formative years, growing up in the Bronx NY, as the second child of eight siblings. He spent much of his childhood playing stickball, basketball, handball, touch football and other sports on the streets and playgrounds in his community. In those days the neighborhood was safe and the streets became part of your extended family. Neighbors knew one another and watched over each other. It didn't matter much if you were Irish, Italian, Jewish or any other ethnicity as long as you could 'play ball' and this he did. He excelled and thrived in this environment sowing seeds that touched on inclusion, fairness, and social networking. So began his fascination with group process.

Most recently, he served as a consultant to the Galway Hurling Team in Ireland, an honor he cherished. Joe appreciated the arts, and directed a number of Irish plays in the Boston area. His profound devotion to helping others find peace was surpassed only by the love he had for his family and dear friends and his capacity to see the beauty in this world. His sincere warmth, humor, and empathy touched everyone he knew. He empathized the importance of life transitions and ritual, was a master at using Sociometry to help uncover the connections and conflict in the group. He was wise and gentle.

## IN MEMORIAM

### Dolores Ripper



Dolores L. Ripper, M.S.W., C.P., P.A.T., 86 years old, passed away peacefully in her sleep at 6AM on May 1st. Over the past few years and this past year she has had several hospitalizations. On Saturday evening she made the decision to enter hospice care and by Monday at 6AM she was dead.

Dolores was both an extraordinary human being and an extraordinary psychodramatist. If you met her you would never forget her. She was the kind of person who greeted each human being with an open heart, curiosity and presence. She was also a force to be reckoned with. She had an infectious laugh and a joy for life and living. The only thing she loved more than being surrounded by her family and friends was working as a healer and therapist with children and families. In addition, she was a spectacular cook and a faithful friend.

Dolores was the eldest born of Antonio & Herminia Garcia in Corpus Christi, Texas. She had four siblings including Tony, who preceded her in death. Her brother, Eduardo, her sister-in-law, Nina, and her younger sisters Ana and Rosa survive her. Her four children, Charles, Sandy, Steve and Anita, eight grand children, and five great grandchildren and numerous nephews and nieces and grand nephews and nieces also survive her.

Dolores had an inquisitive and mystical nature and was deeply metaphysical and intuitive. In addition, she was a scholar and a life long learner. She completed her undergraduate degree in her sixties and then a Master's Degree in Social Work at age 64.

She was an integral and key staff member at Tykes and Teens, an award winning and highly respected family services agency in Martin County, Florida. She was an extraordinary healer for children and families and a passionate and compassionate psychodramatist.

Over the years Dolores led hundreds of workshops and psychodrama demonstration sessions throughout the Florida Treasure Coast.

While she was deeply spiritual she was also divinely human. Since 1991, she and her sisters attended every Psychodrama Summer Camp led by Nina Garcia and Dale Richard Buchanan. She was a bright, shining and positive star in the Florida Psychodrama Community.

As a memorial Dolores has requested that you tell stories about her that will make people laugh and cry.