



BOARD NEWS

MESSAGE FROM THE PRESIDENT

Lin Considine, M.S., L.M.H.C., T.E.P.



Dear Certified Psychodramatists, Congratulations to the 24 CP candidates and the five TEP candidates who took the written exam this past October. All twenty-nine of them passed their written exams as evaluated by the twenty-one CP reviewers and five TEP exam reviewers. Most of them have already taken and passed their on-site exams and

are now included on our website. A few have not yet taken their on-site exams. Some of the newly certified are featured in this newsletter. We encourage you to contact them and congratulate them on the completion of their magnificent journey towards certification.

As a result of these new certified psychodramatists, the Board has a new record high number of certified psychodramatists. We now have 433 people certified: 205 as TEPs and 228 as practitioners.

Having just returned from the 74th Annual Meeting of the American Society of Group Psychotherapy and Psychodrama (ASGPP), I wish to thank the ASGPP for providing us

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Newsletter Via Internet

This is the Board's third electronic newsletter. All future ballots and the May Issue of the Board's Newsletter will be sent to you via email. The Board will continue to print and mail out the December issue of Board News. Because it is less expensive (there are no costs for color printing and postage) we were able to create this 17 page color newsletter for you. Enjoy!

CP & TEP APPLICATIONS AVAILABLE ON WEBSITE

CP and TEP applications are available free of charge on our website (www.psychodramacertification.org). Completed CP and TEP applications and all supporting materials are due by July 15th.

OPEN ENROLLMENT FOR PAT

Any certified practitioner who wishes to enroll in the practitioner applicant for trainer process can obtain the forms and all supporting materials free of charge at our website. Persons can enroll in the PAT process anytime between January 1st and July 15th of each year. Enrollment in the PAT process begins the day that we receive these completed materials in our office. The first annual update is not due until July 15th of the following year.

2016 ELECTION RESULTS

Donna Little, M.S.W., T.E.P. and Louise Lipman, L.C.S.W.-R., C.G.P, T.E.P. were elected as TEP Directors to a three year term of office. Linda Richmond, Ph.D., C.P. was elected as a CP Director to a three year term of office.

ELECTED BOARD DIRECTORS

July 1, 2015 to June 30, 2016

- President:* Lin Considine, M.S., L.M.H.C., T.E.P.
- Vice-President:* Louise Lipman, L.C.S.W.-R., C.G.P, T.E.P.
- Secretary:* Carol Frank, M.A., L.P.C.C., R.N., C.P., P.A.T.
- Treasurer:* Judith A. Swallow, M.A., C.R.S., T.E.P.
- Directors:* Kim Irvine-Albano, M.A., C.P., P.A.T.
Donna Little, M.S.W., T.E.P.
Catherine D. Nugent, L.C.P.C., T.E.P.
John Olesen, M.A., T.E.P.

NEWLY ELECTED BOARD DIRECTORS

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Linda Richmond, Ph.D., C.P.

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2015 WRITTEN EXAMINATION EVALUATION

Louise Lipman, L.C.S.W.-R., C.G.P, T.E.P.

We want to congratulate all twenty-four (24) of our new psychodrama colleagues who passed the 2015 C.P. exam. Of the twenty-four CP exam takers, seventeen had English as a second language.

We also want to congratulate our five current colleagues from the United States who passed their T.E.P. exams, moving one step closer to the role of Trainer. We encourage the members of our community to celebrate their accomplishments and welcome them to their news status as CP or TEP. As you all know this is not an easy journey. It takes time and dedication.

These accomplished individuals join us now in furthering the future of Psychodrama, Sociometry and Group Psychotherapy as Practitioners and Trainers. It is very exciting to see the international growth of certified psychodramatists.

All of the candidates passed who sat for both the C.P. and T. E. P. exam. In the CP exam, the Philosophy section had mixed results - candidates were either rated high or low pass, not many answers were in the middle range. History appeared to be more challenging than usual for the CP candidates this year. In the answers to the questions on the TEP exam, both History and Philosophy sections were strong. Research was adequate. The answers to the Ethics questions had a wider range of adequacy. Some candidates, both CP and TEP, did not fully address the question that was asked. In the higher rated exams, candidates answered the questions specifically and thoughtfully. While this year there were no candidates for either CP or TEP that passed with distinction, all were solid adequate exams and the candidates earned the pass evaluation.

All of these candidates invested a great deal of time, resources and energy in this rigorous training process. We congratulate them as they begin a new stage in the development of their careers, and look forward to the contributions they will make to our field in their future endeavors.

Many of the candidates for CP and TEP have already passed their on-sites. In addition, this year we had a very exciting development as we continue to facilitate the onsite exams in Taiwan and China. See John Olesen's, a Board Director, article on the China and Taiwan on-sites that is featured on page 12 of this newsletter.

Some of our new C.P.s and T.E.P.s have submitted their bios with photos for publication in this issue, while a few of them did not submit their bios and photos and a few others have yet to take their on-site examination. We welcome all of them, and extend our congratulations on their successful completion of their training.

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www.psychodramacertification.org

Newsletter Editor: Louise Lipman, L.C.S.W.-R., C.G.P, T.E.P.
Members are encouraged to submit Newsletter materials.

TAP & IAGP Added to Practitioner Certification Standard 2.D.

The Board membership unanimously (76 Yes, 10 No, and 06 abstentions) via the 2016 Election Ballot approved the change in Certification Standard 2.D. (Training). The change increases the approved training conferences for receiving psychodrama training hours from the ASGPP, AGPA and NADTA to include the Taiwan Association for Psychodrama and the International Association for Group Psychotherapy and Group Processes (IAGP).

The revised Certified Practitioner Standard 2.D. (Training) now reads:

A maximum of 100 hours of the required 780 hours may be obtained from individuals other than TEPs and PATs provide that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychodrama and Psychodrama, The American Group Psychotherapy Association, the North American Drama Therapy Association, The Taiwan Association for Psychodrama, and the International Association for Group Psychotherapy and Group Processes.



Zerka and her granddaughter, Jillian

Happy Birthday Zerka

It's Zerka's 99th birthday on June 13th. Send her a card or note wishing her a happy birthday. You can send it to:

Zerka T. Moreno
Rockville Nursing Home
303 Adclare Road, Rockville, MD 20850

CONTINUING EDUCATION QUIZ 2015 CERTIFICATION EXAMINATIONS

CERTIFIED PRACTITIONER

HISTORY

The past affects the present. Describe one important event in the history of psychodrama, sociometry or group psychotherapy. What is its significance today?

PHILOSOPHY

Explain the philosophical concept of 'Co-Creation.' Discuss the relationships among the director, protagonist, auxiliaries and group members.

METHODOLOGY

1. Describe the process of Role Training with the protagonist. What is the purpose of doing it. Give one example from your work. (Note: Do not discuss role training for the auxiliaries.)
 - 2A. Identify and describe two (2) psychodrama techniques you use with survivors of trauma to minimize re-traumatization of the protagonist and/or the group. Give the rationale for each.
- OR
- 2B. The three phrases of a psychodrama session are warm up, action and sharing. Describe two different warm-ups you use and the rationale for each.

SOCIOMETRY

1. Describe the Social Atom. When and how do you use it in your work?
 - 2A. Integrating newcomers into existing groups raises sociometric challenges. Name two (02). How do you prepare the group and a newcomer for these challenges?
- OR
- 2B. Describe Moreno's sociometric concept of Encounter. Name three (03) sociometric guidelines you use in putting an Encounter into action.

ETHICS

According to the APA Code Of Ethical Conduct, professionals provide services "with populations and in areas only within the boundaries of their competence, based on their education, training, supervised experience, consultation, study, or professional experience." Discuss how this APA ethical standard affects your psychodrama practice.

RESEARCH

Identify a professional article or book on psychodrama, sociometry or group psychotherapy that enhances your practice. How do you apply what you have read to your work?

RELATED FIELDS

Consider your development as a psychodramatist. Discuss your knowledge of how a related field influences your work as a psychodramatist.

TRAINER, EDUCATOR AND PRACTITIONER

HISTORY

The past affects the present. Select one event in the history of psychodrama, sociometry or group psychotherapy that has significance today. Describe how you teach this event and its significance to your trainees.

PHILOSOPHY

Design an action training session to teach both the philosophy and the practical application of the concept of 'Co-Creation' among the director, protagonist, auxiliaries and group members.

METHODOLOGY

1. Design an action training session to teach the process of Role Training with a protagonist. Include theory and practical application. (Note: Do not discuss role training for the auxiliaries.)
 - 2A. Describe how you teach your trainees to use psychodrama with survivors of trauma to minimize the risks of re-traumatizing the protagonist and/ or other group members.
- OR
- 2B. The three phrases of a psychodrama session are warm up, action and sharing. Discuss how you teach your trainees to design warm-ups appropriate to their groups.

SOCIOMETRY

1. How do you teach the Social Atom?
 - 2A. A. Integrating newcomers into existing groups raises sociometric challenges. How do you teach your trainees about these challenges?
- OR
- 2B. Describe Moreno's sociometric concept of the Encounter. Describe how you teach your trainees its practical applications?

ETHICS

According to the APA Code Of Ethical Conduct, professionals provide services "with populations and in areas only within the boundaries of their competence, based on their education, training, supervised experience, consultation, study, or professional experience." Describe how you teach the relevance of this APA ethical standard to trainees.

RESEARCH

How do you teach your trainees to use professional books and articles on psychodrama, sociometry or group psychotherapy to enhance the efficacy of their work?

RELATED FIELDS

Consider your development as a psychodrama trainer. Discuss how your knowledge of a related field influences your work as a trainer.

RECENTLY CERTIFIED PSYCHODRAMATISTS

Recently Certified Psychodramatists are invited to submit an autobiographical statement. Bios are printed as space permits. For contact information on all certified psychodramatists go to www.psychodramacertification.org

From 2015

Recently certified psychodramatists are requested to submit a bio and a photo for our newsletter. All individuals who were certified in 2015 were featured in the May 2015 Board News as well as this issue.

Melinda J. Cornish, MSW, LCSW, C.P., P.A.T.

Holly Springs, NC



My psychodrama journey began in 1999 as part of my clinical supervision with Vickie Finger, Ph.D. in Flagstaff, Arizona. I was working as a Clinical Social Worker at Flagstaff Medical Center and began incorporating psychodrama into my work.

In 2006 I attended an Introduction to Psychodramatic Bodywork group where I met my secondary trainer, Jean Campbell,

LCSW, TEP. My experience with Jean was filled with such depth, love, insight and inspiration. Jean has shared her wisdom and championed me as a psychodramatist.

In 2009 my life's journey took me to Cary, North Carolina where I found Natalie L. Winters, Ed.D., C.Hy, TEP, DAPA who became my primary trainer in Psychodrama. I joined her Psychodrama Training Group and received Natalie's support, love, guidance and wisdom.

I also had the pleasure of working, laughing and learning from John Raspberry, M.Ed., LMFT, TEP at the Mid-South Center for Psychodrama & Sociometry.

My psychodrama journey has included a core group in North Carolina, a study group via skype and two core groups in other states with Jean Campbell. My heart is full of love, gratitude and enrichment as a result of being with each one of you. With you, I learned how to be a better psychodramatist as well as a fuller and more expanded human being.

Today, I continue to work in private practice in Holly Springs, NC. My primary therapeutic focus is working with all types of trauma. I applied for my PAT and I am organizing my first Psychodrama training group.

Marisa Adriana Kallman, M.A., L.M.H.C., C.P.

Seattle, WA



In 1999, after years of talk therapy for addiction, relationship and family of origin issues, I joined a psychodrama group and started a recovery program for overeaters. From then on, my life was changed and I began to live more fully than ever before.

Freed from compulsive overeating, I now had clarity of mind. The combination of hard work in therapy and attending psychodrama trainings, allowed me to develop a clear

vision for my future. Psychodrama inspired me to become a therapist; meaningful work where I could use all my talents and gifts to help others grow and thrive. Up to that point, I had supported myself by teaching and performing Latin and Spanish dance and

masquerading as a receptionist/bookkeeper during the day.

Throughout my undergraduate education I kept my focus on psychodrama. I wove it into many papers and conducted a sociodrama for a class project. After graduation, I immediately started the Masters program and continued my psychodrama training.

Today, I have a wonderful life. I am a Licensed Mental Health Counselor in Washington State where I started a successful private practice, 'Therapy Into Action.' I work with individuals, couples, and families, and run weekly psychodrama groups. I still dance and am currently working on incorporating Latin dances in couple's therapy!

In 2015 I completed my Psychodrama Certification and I am proud to be part of an organization that maintains a high standard of ethics and care for this amazing modality. Thank you.

Linda Richmond, Ph.D., C.P.

Warwick, NY



I received my PhD in social/personality psychology, with a concentration in health, from the Graduate Center of the City University of New York in 1994, and the following year completed an NIMH postdoctoral fellowship in mental health services research at the Institute for Health, Health Care Policy, and Aging Research at Rutgers in New Jersey. I have been licensed to practice psychology, and maintained a private practice, since

1997, and have worked as a clinician and researcher in not-for-profit and public agencies, most recently for New York State's Office of Mental Health. I have directed, or been an integral part of, studies examining the interface of social context and physical and mental illness in promoting treatment programs. In my 12 years with the State, I was given the opportunity to rekindle a forgotten dream of mine by incorporating drama and action methods in my work after joining Hudson Valley Psychodrama Institute's Core Group. I knew this training was integral to my personal and professional growth. Now I'm the director of a senior improvisational theater group, using concepts and methods from psychodrama and sociodrama to maximize members' spontaneity and connection, and facilitating the development and operation of action-based groups in the community. So happy to have become a Certified Practitioner and so thankful to Judy Swallow and Rebecca Walters at HVPI. I love these guys and all the members of my HVPI "tribe".

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Recently Certified Psychodramatists From 2016

Zhao Bingjie, M.A., C.P.

Quanzhou City, Fujian Province, P.R. China



I am director and professor of the Mental health education and counseling center at HuaQiao University, the People's Republic of China. I am a certified counseling Supervisor of Registration System for Clinical Psychologists of the Chinese Society of Psychology, with 20 years of clinical experience. I am also the important member of the psychodrama Chinese study group established in March 2014. My lots of years of intensive training in psychodrama has enhanced my ability to work with trauma victims and to train clinicians in this difficult work.

It is my great pleasure to become a certified psychodramatist. I want to thank Dr. Gong Shu, who taught me a lot about psychodrama; My teacher and friend Dr. Kate Hudgins, who taught me wound healing security TSM.

To me, psychodrama is a new world that empowers me with wisdom and inspires me to bring psychodrama into the school, into the community, into the society. I believe that psychodrama is a cross-cultural psychotherapy, and it will also bring Chinese a happier and more beautiful life.

Mary Ann Bodnar, LMHC, CAP, CSAT, T.E.P.

Tampa, FL



I began my journey in psychodrama with a weekend summer camp in 2006, where I first met my trainers, Dale Richard Buchanan and Nina Garcia. Talk about baptism by fire, that very first night I was chosen to be an auxiliary for a drama. The task was simple -- be spontaneous and just follow my intuition- no words needed. Considering that I am an introvert, especially when I am in a new group. I was shocked and surprised by how spontaneous

I was in the role. I came out of my shell that night, and I was hooked. So began my journey for the past ten years -- attending Nina's ongoing training group, and the annual treks across Florida to attend her and Dale's intensive summer camp. I received my CP in 2012, immediately applied for my PAT, and achieved my ultimate goal of becoming a TEP this year. One of the greatest gifts along the way has been the many friends I have made, especially my colleague in pursuit of the TEP, Julie Wells. Together we began Suncoast Psychodrama Group and started offering a plethora of trainings in the community in pursuit of the many hours of training required to apply for TEPdom. Now, we are in the process of beginning an ongoing training group. I continue to work with local addiction treatment programs offering psychodrama for clients to change, grow and heal. I love what can be achieved through psychodrama and I am passionate about sharing its power. This has been a life transforming process for me, for which I am forever grateful.

Yu-Cheng Chang, M.Ed., C.P.

Taipei City, Taiwan (ROC)



Hi! I am Yu-Cheng Chang, from Taiwan. I first came in contact with psychodrama in 2007, and to this day, it has been my favorite approach, and now that I have become a psychodrama director, it has fulfilled an important dream of mine. Currently I am a counseling psychologist, trying to integrate psychodrama, expressive art therapy, bodywork, and mindfulness in my work. Having been a school counselor, I have a lot of experience working and cooperating with youths, parents, and teachers, and I have discovered with joy that the spontaneity, role theory, cultural inheritance of psychodrama is very applicable in Chinese culture. Presently studying for my PhD degree of Educational Psychology and Counseling at National Taiwan Normal University, the direction of my research is both psychodrama and the Chinese culture. I am glad to feel so devoted to psychodrama, and this is thanks to the company and support of many people, especially my primary trainer, Nien-Hwa Lai, who is a very important teacher and friend in my life, through psychodrama, she has broadened my perspective, and has helped me confront myself with sincerity and truth. I also want to thank my family: my parents, my younger brother, my younger sister, and my two cats that are like my sons, Oreo and Black spot. Unfortunately, Black spot passed away this March, he let me experience what it meant to love and be loved, I will forever remember this, and continue to pass on his love and energy through psychodrama to everyone that enters my life.

Yen-Hung Chang, M.S., Licensed Clinical Psychologist, C.P.

Zhubei City, Taiwan (ROC)



I still remember vividly the first psychodrama workshop I attended about ten years ago. I was fascinated by this safe, creative, and holistic approach, and thus, started my own journey of psychodrama training.

As a licensed clinical psychologist in Taipei Prison, Taiwan, I work with a challenging group of sex offenders and drug abusers. Psychodrama, as a very useful tool for therapy, helped me to swiftly handle their resistance and traumatic experiences, at the same time of finding their strengths to change.

Psychodrama gave me the courage to show vulnerability, while believing in myself and connecting with people. The best part is to encounter the "Godhead" in myself and others. Psychodrama also helped me to see the influence of cultural conserve on me and then learn to live with new role repertoire and possibilities.

I am very grateful for my primary trainer Dr. Kate Hudgins, second trainer Dr. Nien-Hwa Lai, as well as TEPs Tzu-Yueh Lin, Rory Remer, Pam Remer, and Yun-Jen Hsieh. Their expert guidance, encouragement, and trust helped me through my CP journey smoothly. I also thank all my fellow practitioners for our time together, be it learning, playing, or supporting each other. Also, I want to thank every client I met during my journey and my husband, children, and parents, who support and love me so much.

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Jeffrey R. Chapdelaine, Esq, C.P., P.A.T.

Boston, MA



I am a recently certified Psychodramatist and currently a PAT. I am incorporating this training into my work as a trial attorney and therapist. During my 15 years as an attorney, I have represented many clients who live with addiction and mental health issues, in civil and criminal cases. A few years ago after finding psychodrama, I started training as a therapist and psychodramatist. I now use psychodrama in both the legal and therapeutic aspects of my practice. I use it to train lawyers and to help lawyers in preparing cases for trial. My interest in psychodrama and certification as a CP, was to expand my ability to help people work through legal and emotional crisis and challenges. For me psychodrama has been an excellent tool for both personal and professional growth.

I began my psychodrama studies at the Psychodrama & Creative Arts Therapy Institute, NYC in 2011. Prior to becoming a CP, I earned a Masters of Social Work from Boston College, a J.D. from Suffolk University Law School, and an LLM from Temple University School of Law. I currently serve on the faculty at the National College of Criminal Defense Attorneys, Trial Lawyers College, and Massachusetts Continuing Legal Education. I incorporate psychodrama and sociometry into my trainings.

Ching-Mei Chen, M.S., C.P.

New Taipei City, Taiwan (ROC)



I received my BA and Master's degree in Social Work from Soochow University in Taiwan, June 1991 and 2012.

I work as a school counselor at a middle school using psychodrama and sociometry to help deal with the relationship between students and their families.

First of all, I thank Professor Chu-Chang Chen psychiatrist began promoting the psychodrama in Taiwan in 1974.

Since 1996 Professor Chu-Chang Chen and I have been using psychodrama, sociometry and group Psychotherapy in the community mental health center to help abused women, their family and the disabled population.

I have held psychodrama, sociometry and group psychotherapy growth and training workshops for social work students.

Secondly, I want to thank the self-help group psychodrama friends, this year we have eight together pass the CP process.

Many thanks to my friends has passed CP predecessors give us guidance and reminding candidates.

Thanks to my husband, my daughter has long been supported me and encouraged me.

From knowing finished on-site of the moment, from beginning to end, I grinned and stepped out into the meeting room with the examiner interview. I told to myself 'finished!'. [Gestalt] !!

Chia-Wen Chen, M.S., Licensed Clinical Psychologist, C.P.

New Taipei City, Taiwan (ROC)



My first encounter with psychodrama was in 2005, when I participated in a psychodrama workshop led by Dr. Kate Hudgins. I was fascinated by psychodrama. It has greatly enriched my life. I am happy to become a CP in 2016. Looking back, it's a wonderful journey. I learned how to be myself, love myself and trust myself. I get much healing from psychodrama, so I apply the psychodrama to my work. I am a clinical psychologist. I work in the prison. Most of my clients are sexual offenders. They are difficult clients. I try to use action methods to reduce their defenses and help them face themselves. It works. I can touch their hearts, see their true feelings and help them get some healing through action based experiential methods. It's amazing and so powerful. I feel the magic of psychodrama.

I am deeply grateful to my primary trainer Dr. Kate Hudgins, who walked with me to such a wonderful journey. She is so warm. She always encourages and supports me. She teaches me how to love and to be loved. Her love nourishes me. She is a good teacher and good friend. I also pay special thanks to Dr. Nien-Hwa Lai. She is very important to psychodrama community in Taiwan. She has a passion for psychodrama. She is full of love and energy. Her love is so touching. She inspires me to take the CP exam. I am honored to become a part of this community.

Chun-Chin Chen, M.S., C.P.

Taitung, Taiwan (ROC)



I was deeply impressed by the influence and creativity of psychodrama when I first attended Dr. Gong Shu's Growth Group in 1995. I suddenly realized the need to learn to unveil various inner emotions and interpersonal conflicts through group therapeutic psychological treatment in curing the trauma of a patient. I benefit much from my learning; I learn to know more about myself, and become more creative and spontaneous in

dealing with the predicament and challenge in my life. For years, psychodrama had been very contributive to my job and my retired life. It accompanied students and their parents, and helped to relieve the suffering of the battered women, the disabled and local community people.

Firstly, I would like to thank my primary trainer, Dr. Gong Su. She helps me develop empathy and comprehensibility by portraying unfamiliar role, expand my role model and apply the media of art in the psychodrama. I would also like to thank my second trainer, Ning-Shing Kung. She led me to rethink my philosophy and value, and encourage me to add spiritual phase into psychodrama. She constantly gave encouragement and affirmation.

The 2 year training made me appreciate the importance of developing group momentum and learn the skills applied to psychodrama. She encouraged me to apply psychodrama in the community group.

Also, I will like to thank Donna Little, Drs. Pam and Rory Remer, Marcia Karp. These trainee mentors expand my view and enrich my learning in psychodrama. I am so grateful to all my psychodrama teachers.

After being a C.P., I will hope I could be more professional, and more powerful to accompany suffered soul.

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Elizabeth A. Corby, Ph.D., C.P., P.A.T.

Birmingham, MI



I spent over twenty years of my pre-psychodrama professional life as a clinical psychologist specializing in trauma and co-occurring substance abuse disorders. Then suddenly, something very interesting and unexpected happened. My husband returned from a trial lawyer's residential workshop telling me about this profound transformational shift he'd experienced through psychodrama. I decided to look into this psychodrama phenomenon further, and soon after, I was hooked! I've now made psychodrama an integral part of my practice and life, and the impact on my clients and myself has been magical if not altogether supernatural. The story of my role of psychologist began at a dual diagnosis outpatient program in the 1980's, where I developed a strong passion for treating co-occurring disorders. As a post-doctoral fellow then assistant professor in the Department of Behavioral Neurosciences at WSU in Detroit in the 1990's I performed research, developed a program and provided treatment for dual diagnosis conditions. Subsequently, I became a certified cognitive therapist at the Beck Institute. In my path to the CP, I am indebted to my awesome trainers: Donna Little, Barbara Guest, Ann Hale, Tian Dayton, and Louise Lipman, among others. Each have uniquely helped me to weave together strands of a new tapestry within myself, from which I draw more richness as a person and as a clinician. As a PAT, I now look forward to also teaching and doing research with this magical method. I'm also very excited about connecting more in the future with the psychodrama community at large!

Michele J. Germain, M.A., C.P.

Tampa, FL



Now that Michele has received her CP, she is actively embarking on her retirement career, 'Cosmic Stage.' Michele holds a Master's degree in Humanistic Psychology, with emphasis studies in Addiction and Cross-Cultural Shamanism. After years working traditionally in behavioral health, she is taking action methods to the broader community, by facilitating sociodramatic groups designed to foster transpersonal connections and insight

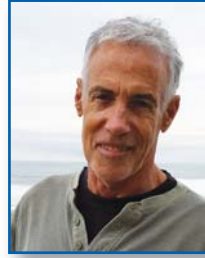
into our 'best selves'. These forums draw upon our shared humanity to create safe and meaningful encounters among those of diverse and seemingly disparate roles, beliefs and cultural values.

Michele enjoys directing spirituality (or Higher Power) workshops, especially for clients and staff in addictions treatment settings and plans to further expand her curriculum of 'Clinical Improv' trainings for Behavioral Health staff. As a seasoned quality improvement consultant and CARF surveyor, Michele naturally resonates with prevailing standards and best practices. She loves facilitating trainings because she finds the universe conspires best to anchor learning through spontaneous enactments.

As a songwriter, she connects with the essential and unique in each of us, the part of ourselves that struggles to find meaning in our human experiences. Michele has written and performed for New Thought churches, and published a CD 'Safe Passage' encouraged by the Psychodrama community. Her vision for the Cosmic Stage is to provide a forum where honoring all of our unique gifts, talents and strengths we can explore our universal roles, and find support for living inspired and compassionately, purposeful lives.

Michael Gross, Ph.D., RADT-II, C.P., P.A.T.

Long Beach, CA



Sitting in the courtyard of La Ronde hotel in Trinidad, Cuba, I was whining about writing another bio. "Just say that you had a bag of scarves and didn't know what else to do with them," my friend Marsha shot back.

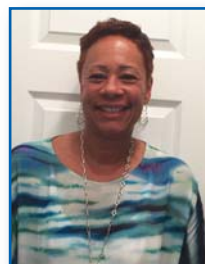
About six years ago I was taking the final course in an addiction counseling training curriculum, during which an appetizer-sized exposure to sociometry and some psychodrama basics rocked my world. I found myself so inspired by my instructor, Jean Campbell, that I decided that I wanted to learn anything she had to teach me.

Jean's constant attunement to the body has helped me tremendously, although I had a long way to go because, when my training began, I tended to forget that I had one. My perceptions of interpersonal situations have been radically reshaped through exposure to Jean's appreciation of and respect for sociometry; my own social atom is unrecognizable compared to its structure a few short years ago because of the deep relationships I have with others in the psychodrama community.

My understanding of my role and responsibilities as a Director has been shaped by the brilliant and generous guidance of Dale Richard Buchanan, my secondary trainer: he has had a transformational impact on my willingness to take risks, my capacity to tolerate uncertainty, and my recognition that, even though the issues and the stakes may be serious, I don't have to be, that fun is a production value.

Andrea Holmes, M.P.H., C.P.

Oldsmar, FL



My first exposure to psychodrama was in 2001 when I attended a day-long led by Nina Garcia. Having previously talked with Nina, it was my intention to work on myself. I never in my wildest dreams thought about learning a different therapeutic approach. Unaware of the process and remembering why I was there, I volunteered to be the protagonist. Having previously experienced my own therapy and providing therapy to others, I instantly

became intrigued and fascinated by how quickly one can move to a deeper place emotionally. Motivated to learn more, I enrolled in Nina's training group with the intention to learn some of the skills while continuing to work on myself. In the years that proceeded when asked if I was planning to sit for certification, I would answer emphatically "no". Here I am in 2016 a certified psychodramatist. What a journey it has been, learning more than I ever imagined. Through this process, I have not only grown as a therapist but personally. To be able to serve my clients in a way that only psychodrama provides is an honor.

I would like to thank all those who have been part of my journey, Nina my trainer who has taught me a wealth of knowledge, Julie Wells and MaryAnn Bodnar who patiently guided my colleagues and me through the certification and study process, Dale Richard Buchanan who in the last hour of studying reminded me that all I had to be was adequate, not perfect, and last but not least my partner, Sandy Seeger, who continued to support and encourage me when I wanted to give up. I am honored to become part of the psychodrama community.

Continued page 8

Zhong Lianghong, M.D., C.P.

Changsha City, Hunan Province, China



I'm Zhong Lianghong. As the director of Dr Zhong's counseling center in China, I completed master and doctor courses of psychology. Before officially contact psychodrama, I learned a lot of psychotherapy methods, such as family therapy, psychoanalytic therapy, Gestalt therapy and painting therapy. However, after I met Dr. Gong Shu and experienced the magic process of psychodrama for the first time, I firmly believed

that psychodrama would be my lifelong career.

I started studying with Dr. Gong Shu from January 2009, especially learning Yi Shu which involves traditional Chinese culture, initiated by Dr. Gong. I deeply feel that Yi Shu is an effective psychotherapy method and suitable for Asians. I am honored to have Dr. Gong Shu, who is the most important mentor in my way of psychodrama, as my first trainer. Later, I was also profoundly inspired by Ms. Lin Ciyue from Taiwan, as my second trainer, with her directing style, her unconditional acceptance to group members and settings for group security.

In recent years, I have participated in many workshops and greatly inspired by them, such as workshops held by Ms. Donna Little from Canada and Ms. Marcia Karp from England. So far, my training hours is more than 1300 hours. In addition, I'm so lucky to have much support from my peers and my friends.

Psychodrama has profoundly integrated into my life now and also being widely used in my work. In the future, I will continue devoting to psychodrama, letting more people know about psychodrama and learning psychodrama, also making people feel happier through psychodrama.

Sue McMunn, L.C.S.W., A.C.S.W., T.E.P.

Naples, FL



I am extremely grateful to become a TEP in 2016. I first experienced Psychodrama in the early 1980's when I attended an ASGPP conference in NYC. I had received an interesting flyer in the mail and had a spring break from school social work so attended. It was my first conference where people placed stickers on their name tags. It looked fun but scary. Spontaneity was a word with which I had little familiarity. Ten years later I enrolled in Nina

Garcia's group and she became my mentor & primary trainer. This led to summer camp and Dale Richard Buchanan being my secondary. Moving to Florida was easier knowing that Nina & Dale offered an ongoing Miami group. The training, healing and support from the psychodrama community changed my life.

After attaining my CP and becoming a PAT, I co-led workshops with Herb Dandes, PhD, TEP. Herb is the brother I never had and I so admire his intelligence. He provided the support and knowledge to transition into the Trainer role as my Primary Trainer with Nina, my Secondary. I am truly grateful to all my trainers for their guidance and inspiration.

One Moreno concept that is my favorite is Role Taking, Role Playing, Role Creating. It has allowed me to be patient, understanding and compassionate with myself on this life journey. I have been blessed to have the support of the psychodrama community. I have made many friends. A high light was being elected President of ASGPP and serving on Executive Council.

Li Na, M.A., C.P.

Dongying, Shandong Province, China



I am Na Li with Master degree in applied psychology, a new CP, and also an EAP worker and a registered counselor in the Clinical and Counseling Institute and professional registration system of Chinese Psychology Society. I have founded and operated a private institute for years which keeps offering psychological health service which has great reputation in local area.

Seven years ago, I participated the psychodrama workshop held by Dr. Gong Shu and that experience inspired me to engage in psychodrama. Along this way my trainer Gong Shu and You Jinlin, my partner Zhao, Jiang, Wang and Hao support me a lot, for that I am really grateful. Besides, my family always encourage me to do things that I really like and that helps me keep strong interest and passion in this field for all these years.

Trained by Dr. Gong Shu for long and trained in the continuous program of China and German Systemic Family Therapy, psychoanalysis and Solution Focused brief Therapy, I have mastered the theory and skills of psychodrama director. I have led many different personal growth groups and the members vary from counselors, mid-level managers, young employees etc. Now I am still leading a continuous personal growth group of counselors. Besides, I am applying theory and skills of psychodrama into personal sessions to benefit more people. Now I am quite confident and believe that I have the capacity not only to apply the theory and skills of psychodrama or group therapy but also to carry it forward.

Anne Taylor Remley, L.C.S.W., N.C.A.C.II, C.S.A.C., C.P.

Winchester, Virginia



In 2008, I began this journey when my ex-sister-in-law said, "come to Florida and do this training group with me. It's psychodrama — you'll love it!" I did not need a warm up to make the commitment and for the past eight years I have flown to Florida from Virginia on a monthly basis to train with Nina Garcia. In the summer I would attend summer camp with Nina Garcia and Dale Richard Buchanan so that I could soak up all of their

knowledge and learn from other psychodramatists in the United States. I started my journey when my youngest was eleven years old. She is now completing her freshman year in college. I have created a family within the psychodrama community and am grateful for everyone who has helped me along the way. I stay with Maryann Bodnar and Linda Condon to defray costs and just because I love them. I had Julie Wells, Lynn Pyz, Andrea Holmes and Michele Germain to keep me sane during the process and nudge me along the way.

Psychodrama has helped me work through three family deaths, relationship issues and as my partner stated, if it weren't for psychodrama he would never have been allowed to come into my life. I am so honored, blessed and grateful to be a part of this wonderful community.

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Brittany Lakin-Starr, Ph.D., C.P.

Chicago, IL



Brittany Lakin-Starr first learned about psychodrama during her pre-doctoral internship year. As she was beginning her post-doc, she was lucky to find Lorelei Goldman and Dr. Elaine Sachnoff at the Psychodrama Training Institute of Chicago and John Rasberry at the Mid-South Center for Psychodrama. In 2011, after winning and attending a five-day intensive with Judy Swallow and Rebecca Walters at the Hudson Valley Psychodrama Institute, she was completely mesmerized and excited to learn more. She joined their CORE program and gained incredible skills, healing moments, and lifelong friends. Brittany would especially like to thank her primary trainer, Judy Swallow, secondary trainer, John Rasberry, and Rebecca Walters for their support and guidance.

Brittany is a Licensed Clinical Psychologist treating children, families, and adults. She is currently a staff psychologist at Illinois Masonic Medical Center's Behavioral Health Services, and provides supervision and didactic instruction for the psychology training program. For the last four years she led psychodrama groups for both high functioning and chronically mentally ill individuals. In 2015, she created the Psychodrama Training Track to allow students to gain specific skills and experiences in psychodrama. Recently, she was a guest on Dr. Zachary Friedman's podcast, *The 50 Minute Hour*, where they discussed psychodrama. She also oversees the Effective Parenting Program and children's social skills groups.

Brittany has taught undergraduate psychology classes as adjunct faculty at Loyola University. When she isn't conducting therapy sessions, you can find her on the stage in a play or musical.

Chi Tong, Ou, M.S., C.P.

Taichung, Taiwan (ROC)



CP is a gift in my going to 60 years old. My first encounter with psychodrama was in 1987, when I worked at a psychiatric hospital in Taiwan as a clinical psychologist. I was fascinated and shocked by the power of psychodrama right away. Through psychodrama, I worked through a lot of issues, such as anger, grief, and faced the difficulty in relationships with my parent, wife and

daughter etc. I would like to express my gratitude to these trainers who helped in my path of psychodrama, including Dorothy, Gong Shu, Nien-Hwa, Lai and Chi-Chu, Chou. I have boundless gratitude for the love and support of Kate Hudgins. I would not achieve this accomplishments without her.

I use psychodrama to chronic and acute psychotic patients, as well as substance abusers in the hospital. I witnessed their refreshment in the process. In 2008, I left hospital and set up a private Psychotherapy Center in the community. Although most people in Taiwan prefer individual therapy for privacy or fame of family, I have been offering ten-session psychodrama groups 3 times a year for 5 years. The focus of these groups is intimate relationship, helping members open their eyes, seeing shadows of them and further improving their intimate relationship. Members encounter each other in the group, prevent them from isolation and depression. Relationship is the key of problem of human to me.

Most of the participants in the on-going psychodrama group are from helping professions. My goal and passion of psychodrama is to reach out to more clients and the public in the future.

Cheng-Chi Tseng, Ph.D., C.P.

Kaohsiung, Taiwan (ROC)



The first time I encountered with psychodrama was in 2001. It was for the requirement of master's program, and I participated in the first psychodrama. After participation, I was deeply attracted by the charm and power of psychodrama. In the study duration of graduate degrees, my professional career developed with psychodrama. In the whole process, initially I was afraid of playing roles, but after learning I became a professional auxiliary, and had finally experienced several times being a protagonist. On the stage of psychodrama, I performed the relationship with others in the past, the state of self here and now, and even the future development. Psychodrama helped me overcome many difficulties in my life.

In the process of learning Psychodrama, my abecedarian is Shin-Jaw Chen M.D., the founding president of Taiwan Association of Psychodrama. Then I followed my first trainer Dr. Gong Shu to learn psychodrama; her directing combined Chinese culture and expressive art. And in learning process, I not only learned psychodrama, but also learned more of the culture and identity. After that, I also learned from other trainers, including Dr. Shu-Yu You (my secondary trainer), Kate Hudgins, Jin-Lin You, Ning-Sing Gong, Judy Swallow and so on.

With my professional growth and maturity in psychodrama, I started to use concepts and techniques of psychodrama in different fields. And I have tried to expand the applications of psychodrama in different kind of groups. Up to now, I have successfully applied psychodrama to some children and teenager groups, industrial organizations, and minority groups, etc. I look forward to expanding usage of psychodrama in the future and sharing my learning experience to new learners.

Su-Mei Tseng, M.Ed., C.P.

Taoyuan City, Taiwan (ROC)



I encountered with psychodrama the first time in 1994 when I was thirty. At that time, by acting as a protagonist, I experienced the strong feeling of shocking and healing and thus fell in love with psychodrama. In the following twenty years, I underwent some self-doubt as well as disorientation, and even left psychodrama several times. Nevertheless, I appreciate all these introspection processes. They helped me confirm that psychodrama is not only my favorite part of my career but also an attitude to life.

I would like to give my respect to several critical people who play an important role in my career path of psychodrama. Firstly, I would like to thank my primary trainer, Gong Shu. Her artistic keen eye for observation and excellent skills of directing psychodrama are astonishing and breathtaking to me. I would also like to thank my second trainer, Tzu-Yueh Lin, for helping me understand the strength soft-power of psychodrama. Dorothy Satten also profoundly influenced me a lot by letting me know the characteristic of human being matters more than techniques during the healing process. Furthermore, Nien-Hwa Lai devotes to Taiwan psychodrama community as well as her dedication to long-term supports of the minorities deeply inspired me, urging me to be more willing to become part of psychodrama community and help people explore the varieties of their lives through the spontaneity and creativity of psychodrama.

Continued page 10

After becoming a C.P., I wish I could broaden my horizon by connecting international relations, meet more professional partners and make this world better through psychodrama.

Julie Wells L.C.S.W., T.E.P.

Clearwater, FL



My first experience with psychodrama was as a social work intern. I was chosen to play God for a dual diagnosis patient. My passion sparked in that very moment, just as Moreno might predict it would, and the flames were lit. I joined Nina Garcia's Tampa Bay Ongoing Psychodrama Group in 2001 and connections and positive changes began and the embers of interest in this new-to-me modality, psychodrama, flickered and burned deep. Then, I experienced Nina Garcia and Dale Richard Buchanan's annual summer camp and a full-fledged wildfire was ignited. Now the old house of my past has all but burned down and the new home I have co-created with my psychodrama family looks inviting and beautiful, indeed!

I am happy in my private practice in Clearwater, Florida where I get to see the magic of psychodrama most every day. I enjoy my clients. Additionally, I enjoy doing psychodrama trainings and founded Suncoast Psychodrama Training to offer professionals an opportunity to earn continuing education units while learning psychodrama. It is my plan to incorporate a therapy dog into individual and group psychodrama work. I'm excited about my future prospects and hope that you will join me for a workshop, or two.

"The mind is not a vessel to be filled but a fire to be kindled"

Plutarch

Wen-Chin Wang, M.Ed., C.P.

Taipei, Taiwan (ROC)



I want to give thanks to my primary trainer, Dr. Gong Shu and my secondary trainer, Dr. Nien-Hwa Lai for their kindness and warm. Particularly I received Gong Shu's training over 10 years.

I had been a director of drama in Taiwan TV Station for 15 years. Since I was out of my passion for psychodrama, I changed my career. In 2009 at age 48,

I finished the Master's degree in counseling psychology. Then I passed the board exam by Taiwan Ministry of Examination and became a licensed counselor.

First I worked at a nursing house with psychiatric patients using action method. Then I become a school counselor from 2012. I work with elementary and junior high school students, children and teenagers who may have broken the law or with psychological distress and so on. I believe children may benefit in the effect of group psychotherapy and sociodrama. I would start with a semi-structured group when the children haven't possessed the fluency of spontaneity. For example, we would read from picture books or story books and we would pick a character from the book to act. Then, their spontaneity and creativity are more developed.

In personal interest, I like to read detective novels. Recently, I am attracted the existential atmosphere from the Matthew Scudder series.

If there was no one in Taiwan go before me to apply ABE certification, and if the Board wasn't willing to change the regulations, it might be impossible for me to become a C.P. So, I would like to express my deep gratitude to all of your efforts and your kindness.

Ching-Fen Yang, M.Ed., M.E., L.P.C., C.P.

Taipei, Taiwan (ROC)



Encounter with psychodrama was a major turning point of my career and life. I participated in my first psychodrama workshop in the summer 2001 when I was a TQM Executive Officer working for Trend Micro Inc. In the first psychodrama workshop, I had my own psychodramatic work. It's really a brimming and wonderful experience that I had never had. After that, I had courage to consider what were the next steps should I move on.

Now I'm a Licensed Professional Counsellor and have been a certified CP by International Zerka Moreno Institute and Taiwan Psychodrama Association for years. I work as a work-life coach, and a psychodramatist in Human Dynamic Group. I perform talks, trainings, workshops, and coaching sessions for business and industry. I also provide psychological counselling services to the officers of City Police Department and to the referred individuals from the Government Suicide Prevention Center and the Association for Victim's Support. I really enjoy applying various methodologies of psychodrama, sociometry and group psychotherapy to work for the wellbeing of the people.

Thanks to those who came before me, especially to whom took efforts and set the channels to make it happen that I can be certified by ABE locally. Besides, I want to give immense gratitude to Gong Shu, Nien-Hwa Lai, and all of lovely friends in Lifelong Peer Group who teach, inspire and encourage me all the time.

I feel privileged to be a part of the generous and diverse community, and I will keep going on the inspiring journey to becoming a TEP.

Shu-Chu Yang, M.Ed., C.P.

Taipei City, Taiwan (ROC)



Since my encounter with psychodrama, a beautiful and loving journey begins! Dr. Gong Shu, my primary trainer led me into the palace of psychodrama. Since then, there is a huge change in my life. Whenever I meet life's hurdles, I would enact the scene and be aware, and try to practice and change in the psychodrama sessions! It is Dr. Gong Shu and psychodrama that lead me to the path of integration.

Because of psychodrama, I have met a group of life-long friends. We agree to meet once a month and be available to each other as professionals. We give spiritual nourishment to each other. They are inexhaustible source of strength in my life.

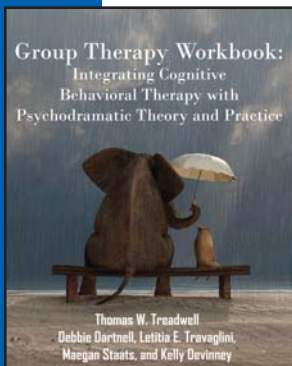
Thanks to my secondary trainer, Tzu-Tueh Lin, who helped me see my potential in the sociodrama, let my spontaneity and creativity emerge and flow freely in my life. With sociodrama I can experience my inner feelings by being the role of the other, have real empathy and respect toward each other's differences through role reversal. In this Individualistic modern society, sociodrama provides a window to understand each other, and promotes social cohesion and global peace as the ultimate goals.

Finally, I want to thank my husband and family. In the process of learning psychodrama, they witness my growth with unconditional acceptance and love, resulting in goodness and beauty of my life. Only then can I have the chance to become a certified psychodramatist.

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Spotlight On New Publications

Listed below is a new publication. For more information, contact the author at our website: psychodramacertification.org



Group Therapy Workbook: Integrating Cognitive Behavioral Therapy with Psychodramatic Theory and Practice

Thomas Treadwell

Treadwell's "Group Therapy Workbook: Integrating Cognitive Behavioral Therapy with Psychodramatic Theory and Practice" is a valuable outgrowth of his work at the Center for Cognitive Therapy, founded by Aaron Beck at the University of Pennsylvania, and his own long-standing training and knowledge in psychodrama theory and practice. The workbook is a solid presentation of Cognitive Behavioral Therapy, systematically described in sections related to schemas, core beliefs, cognitive distortions intermediate beliefs, and automatic thoughts. He gives case examples of each of these thought processes to illustrate how it impacts an individual's thinking patterns. Tables give examples and exercises that create pathways to challenge dysfunctional thinking including the Automatic Thought Record and Dysfunctional Thought

Record. There are clear guidelines for Behavioral Interventions to move an individual from negativity to a more positive life space. Tom Treadwell's contributions to the integration of action and experiential methods with Cognitive Behavioral Therapy are significant steps for both theoretical models. He introduces a group format that utilizes multiple measures to inform each group member concerning particular areas of concern, educates group members on the Cognitive Behavioral treatment model, and gives feedback that stimulates both the individual and the whole group in behavioral change.

This announcement of new publications is done as a public service to the psychodrama community. The Board neither recommends nor endorses any of these publications.

Vladlena Zapesotsky, M.A., C.P.

Sunnyvale, CA



Psychodrama for me is not only a professional path. It's a way of life! I grew up in Russia, in a very creative family. I was always looking for the way my own creativity can be expressed in. When I was 16, I moved to Israel. As I went through my journalistic and movie production career, I started to study psychology. I was looking for the right tool that would support my professional path and help me in my own healing process. That's when psychodrama appeared in my life.

After getting my CP in Israel (my Primary Trainer was Yacov Naor, MA, CAGS, TEP), I was working as psychodramatist at Barzilai University Medical Center, Child and Adolescent Unit (Ashkelon), in Institute for Child Development with the children on the autistic spectrum and leading the groups for their families. Two years ago, me and my husband decided to move to the Bay area with my husband and 2 kids. I was lucky to meet a few great professionals and an amazing people here (Sylvia Israel, LMFT, TEP, RDT/BCT, John Olesin MA, TEP, and Kate Hudgins, PhD, TEP) who supported me all the way. I created a Center of Healing, Releasing and Creativity "The Way Home" in Sunnyvale, where I work individually and in groups in English, Hebrew and Russian. Once a month, we have an open social meet up which called "The Theater of Truth"- psychodrama theater, where we play together psychodramatically and share the stories of our inner truth.

Ji Zhonghong, M.A., C.P.

Suzhou City, Jiangsu Province, China



I am a nursing Associate professor in Suzhou Health College and a registered psychologist in Chinese Psychology Association. From decades of working experience in hospital and college, I felt a significant effectiveness by using psychology. On February 2005, I knew the psychodrama by a pure chance and was attracted by Professor Shu Gong's

amazing and seismic directing. Afterwards, I followed with Professor Gong to learn psychodrama in my amateur time. I also had thoughts of giving up because of my heavy workload, but Professor Gong strongly encourages me to learn psychodrama to help more people. Moreover, I benefit a lot from the unvarying regularly weekly directing meeting in recent two years and all the support from the friends, colleagues and classmates around China. Now, I passed my CP certificate examination and I am taking this opportunity to sincerely thank my respectful Prof. Gong, my great mother Mrs. Zhou Yangan and all my friends and relatives. In the future, I will put all my effort into education, practice and research of physical and psychological health, making use of psychodrama in order to serve more people and return the love I've received back to the society.

Asia On-Sites

by John Olesen, M.A., T.E.P.

In March I travelled to Taiwan and China to witness 14(!) on-site Certified Practitioner Exams. I am pleased to report that all 14 on-sites were rated as PASS. While I was looking for adequacy in the Warm-Ups, Action Pieces and Sharing what I also found was tremendous creativity and spontaneity. All of the 14 Asian candidates can feel proud of their work and the completion of this marker of their professional accomplishment.

My hosts, Chi-Chu Chou in Taiwan and Erdong Wang in China, made this trip happen with grace, friendship and acute attention to detail. I was quite concerned that I wouldn't be able to fairly evaluate the work because of my inability to speak Mandarin. My translators, all trained in psychodrama themselves, created such an attuned doubling situation that at times I forgot that I was hearing a different language.

I was incredibly impressed by the psychodrama communities in both Taiwan and China. In

each country community members volunteered to help fill groups with both new and experienced participants, to supply snacks for the participants, to arrange for photos, to escort me from my hotel, and collectively do all the small things that need to be done to organize a group. Additionally, each country had organized and focused CP study groups. Actually using sociometric wealth can make things so much easier.

In Taipei, I was honored to be a guest of Nien Hwa Lai,

TEP at a wedding of two wonderful psychodrama students. The wedding guests included many people from the psychodrama community. All I can say is that psychodramatists all around the world know how to celebrate with joy, love, dancing, singing and laughing.

Congratulations to all the new Certified Practitioners. May you celebrate this important acknowledgement of your expertise.



The Psychodrama Community Taipei



Practicing new Roles



Chicken Feet — a new delicacy for me



Sun Moon Lake, Taiwan



Erdong, John and Tina (TingTing)

Do You Want to Be an Onsite Examiner?

by Judy Swallow, M.A., L.C.A.T., C.R.S., T.E.P.

A number of TEPs have inquired over the years why they had not been asked to conduct an onsite exam for certification in psychodrama. They tell us they would be most willing to help, and that they want to be of service to the psychodrama community.

So here are some guidelines for how to get chosen to do an onsite:

The Board does not appoint an examiner, it is the candidate who proposes the names of potential examiners to the ABE, and you could be one of them.

The candidate is more likely to choose you to do the onsite if you are actively involved in psychodrama in some way. A few examples (not an exhaustive list):

You have...

- 1) participated in regional, national and international conferences within the last 5 years (ASGPP, IAGP, AGPA, or other organizations action methods). In this way you stay current in new developments, and you meet people in the field.
- 2) served on either the ABE or ASGPP executive council.
- 3) been a primary or secondary trainer within the last five years.
- 4) authored a book or article or edited a book about psychodrama, sociometry, and/or group psychotherapy.

- 5) participated in peer or paid supervision with other psychodramatists.
- 6) attended at least a day-long workshop by a PAT or TEP.

This list is a way to stimulate your thoughts about staying active in your field.

If you ARE asked to be an onsite examiner, the MOST important points to consider are:

- 1) You do not, have not, and have no future plans to have a dual relationship with the candidate. (You do not have to be unknown to the candidate, but you must not have shared significant time or roles with the candidate.)
- 2) If the candidate is adequate at the on-site you would be willing and comfortable passing the candidate, and conversely if the candidate is inadequate you would be willing and comfortable in failing the candidate.

It is a big responsibility and a great honor to be asked to be an examiner for an onsite exam. Remember, it's the CANDIDATE who chooses 3 people for the ABE to invite to do their onsite.

~ APPRECIATIONS 2016 ~

The Board could not possibly operate without the support, commitment and dedication of all those individuals who voluntarily read examinations, conduct on-site observations, and serve on special committees. Thank You.
If you would like to spread the sociometric wealth and add your name to the list, send us an email.

Kim Albano-Irvine
Phoebe Atkinson
Martica Bacallao
George Baaklini
Mary E. Bellofatto
Elaine Camerota
Karen Carnabucci
Bill Coleman
Lin Considine
Melinda A. Lawless Coker
Carol Frank
Kim Friedman
Jacob Gershoni

Pamela Goffman
Ann Hale
Sylvia Israel
Amna Jaffer
Deb Karner
Jon Kirby
Connie James Lawrence
Paul Lesnik
Cindy Levy
Louise Lipman
Donna Little
Barbara McKechnie
John Raven Mosher

Susan Mullins
Leticia Nieto
Kathy Norgard
Cathy Nugent
John Olesen
Susan Powell
Deb Shaddy
Marianne Shapiro
Daniella Simmons
Valerie Simon
Judy Swallow
Siyat Ulon
Cece Yocum

Primary & Secondary Trainer Guidance for Trainees Choosing CP or TEP On-Sites

by Judy Swallow, M.A., L.C.A.T., C.R.S., T.E.P.

One of the responsibilities of being a Primary or a Secondary Trainer for a CP or TEP candidate is helping that person prepare the request for an on-site examination. In the past year several candidates submitted names of TEPs with whom they had a dual relationship, or provided names of TEPs they had a Facebook relationship so that the potential examiner did not feel comfortable conducting the on-site. A few candidates also provided such a narrow range of dates that it was challenging to find a potential examiner.

Candidates are often stymied about whom to ask to be their examiner for the On-Site Examination. Candidates must submit the names of three TEPs with whom they do not have a dual relationship. This includes TEPs who haven't provided training or consultation services and TEPs who don't have personal knowledge of them. Candidates are therefore at a disadvantage if they have an extensive social media presence, as a potential examiner would need to refuse the request if the examiner had too much knowledge of the candidate's personal circumstances thus making it impossible for the examiner to be impartial.

Please provide these guidelines to your CP & TEP trainees who are taking the on-site examination. The candidate should also request a range of dates, rather than one or two specific dates, so the potential examiner can make arrangements to conduct the on-site. Primary and

Secondary Trainers need to remind candidates that most people are extremely busy and that the examiners who provide their services are volunteers and do not receive payment for their services. When there is at least a three-month range of dates there is a much better chance of getting the examiner requested. If the dates or times are too specific, the potential examiner may decline.

The Executive Director will contact each of the three possible observers submitted by the candidate in the order requested, until there is one who agrees to observe the onsite. If none of them can do it, then the decision of who conducts the on-site examination will be delayed until the next regularly scheduled meeting of the ABE (2x/year in January & September), which may delay the onsite for many months.

So some guidelines for the candidate: List three (3) possible examiners who have had no personal or professional knowledge of your life circumstances, and give a range of many dates and times during a three month period so that it is possible for the examiner to conduct the on-site. If the candidate follows these guidelines, the chances of obtaining the examiner quickly will have greatly increased.

A more detailed description of the on-site examination process can be found on the Board's website under the heading "The On-Site Examination Process."



The Board no longer has a working address, email or phone number for several certified psychodramatists. If the Board can not contact them, their certification will be revoked. Do you have any contact information for:

Eve K. Brownstone, MA, LCPC, C.P.
Last Known Address — Chicago, IL

or

Georgette R. Hardwick, M.A., QMHP, C.P.
Last Known Address — Stafford, VA

or

Joyce Ann Hayden-Seman, Ph.D., L.C.S.W., C.P.
Last Known Address — Ridgewood, NJ

ORPHANED TRAINEE'S POLICY

The Board recognizes that many unexpected events can happen during a trainee's journey towards practitioner certification. Some of these events may be that a Trainer may die, become disabled, or can be suspended or expelled from the Board. Therefore, the Board has developed a policy for those students who are left adrift due to various untoward developments in the life of their primary or secondary trainer. For a copy of the policy email us and we will send it to you.

Podcast On Psychodrama

Dr. Brittany Lakin-Starr was recently a guest on Dr. Zachary Friedman's podcast, The 50 Minute Hour, where they discussed psychodrama and it's history. The 50 Minute Hour is a podcast geared at educating lay people about mental health and psychotherapy. This two episode series on Psychodrama as well as the rest of the show's episodes are available for free on iTunes. Dr. Friedman and Dr. Lakin-Starr are both clinical psychologists at Advocate Illinois Masonic Medical Center in Chicago and train in Psychodrama. Dr. Lakin-Star recently became certified as a practitioner (see her bio in this newsletter). Dr. Friedman can be found on Twitter: @50MHPodcast

2015 ABE BUDGET December 31, 2015

INCOME

CP DUES	\$19,274.81
TEP DUES	\$32,494.00
PAT FEES	\$7,735.50
CP FEES	\$12,796.00
TEP FEES	\$2,900.00
INTEREST	\$25.00
ON-SITE INCOME	\$519.00

TOTAL INCOME **\$75,744.31**

EXPENSES

ACCOUNTANT	\$600.00
BANK FEES	\$155.90
DIRECTORY	\$864.45
EXECUTIVE DIRECTOR	\$30,000.00
GRAPHIC DESIGNER	\$720.00
INTERNET SERVICE	\$800.00
LEGAL & PROFESSION	Zero
MEETINGS	\$7,199.00
MISCELLANEOUS	Zero
NEWSLETTER	\$260.81
OFFICE EXPENSE	\$8,000.00
ON-SITE EXPENSE	\$1,222.00
POSTAGE	\$2,104.14
PRINTING	\$281.63
PROCTORS	Zero
SECRETARIAL	\$10,000.00
SUPPLIES	\$913.81
TELEPHONE	\$821.27
WEBMASTER	\$620.00

TOTAL EXPENSES **\$64,563.01**

SURPLUS FY15 **\$11,181.30**

From the President

Continued from page 1

such a wonderful forum to share our love and passion for psychodrama, one another, and both our psychodrama ancestors and our new members. It truly was an experience of healing our spirits within and with one another.

A highlight of the annual meeting was Dena Baumgartner's, Ph.D., T.E.P. keynote presentation on "The Spirit Within Psychodrama." Dena's passionate and beautiful presentation included a slide show of our elders, videotapes from some of the annual meetings from the 1990's, and gifts from our ancestors including Alton Barbour's "Director in the Pocket" guide, and Hannah Weiner's "More, More, Moreno" button.

I want to congratulate Donna Little, M.S.W., T.E.P. and Louise Lipman, L.C.S.W.-R, C.G.P., T.E.P. for their re-election to the Board of Directors. I wish to welcome Linda Richmond, Ph.D, C.P. as the newly elected Board Director. I also want to offer a grateful and sad goodbye to Carol Frank, M.A., L.P.C.C., R.N., C.P., P.A.T. for her three years of dedicated service to the Board.

The next regularly scheduled meeting of the Board of Directors is in September. Our major task at this meeting is to write the 2016 CP & TEP written exams. We are dedicated to creating a clear and fair written examination that allows the candidates to make themselves known to as practitioners and trainers. We welcome your questions, concerns, and suggestions for the written examination questions. Please send them to us via email at abepsychodrama@yahoo.com

Finally, I am very excited to announce that the Board of Directors (ABE) and the Officers and Executive Council Members of the ASGPP are having a joint meeting (our third) in September. The goal of this meeting is to explore and create more collaborative ventures for the betterment of the psychodrama community.

On behalf of the Board of Directors, I wish you peace, compassion and kindness.

Lin

MOVING OR CHANGING YOUR EMAIL ??



**Please update your information
at www.psychodramacertification.org**

Don't forget to update your contact information including your email address, phone number and mailing address at our website (psychodramacertification.org).

All information for mailing labels and our annual Directory is downloaded from the information you provide on our website. If you need assistance you can email us at abepsychodrama@yahoo.com and we will help you update your information.



Lin introducing newly certified people at the ASGPP Conference.

IN MEMORIUM

We are all less because of these losses. Losing spiritual offspring is as hard as losing biological ones.

Zerka T. Moreno

Charles Brin

Charles Brin, BA, TEP, age 92, passed away January 29, 2016. From a start in radio drama and theater at the University of Minnesota, Charles Brin moved to New York for a stint both on and off-broadway. His appearance in "The Dybbuk" won him an award for the Best Supporting Actor off-broadway for 1954. Following this he appeared for two years in the original production of "Inherit The Wind" with Paul Muni, Tony Randall and Ed Begley, Sr. He then did graduate work in psychology at New York's New School for Social Research, after which he received training and



certification as a psychodramatist from Dr. Jacob L. Moreno, the Viennese psychiatrist who developed the use of the reenactment of personal experience for therapeutic purposes. Following his return to Minnesota he co-founded and directed the Minnesota Institute of Psychodrama and conducted workshops utilizing psychodramatic methods as a means of exploring the motivation of fictional and theatrical characters. He had a weekly radio program on which he read short stories and acted in and directed radio dramas for SoundStories.

Tobi Klein

Tobi Klein, MSW, MFT, CGP, TEP, passed away on Sunday, February 14, 2016. Tobi was the Director of Canadian Institute of Psychodrama and Psychotherapy in Montreal, Quebec. She was a member of the Board of Directors of Association Du Psychodrame De Quebec. She was the first Canadian psychodrama director certified by J.L. & Zerka Moreno of the Moreno Institute.



Tobi taught psychodrama in the Master's Degree Program in Creative Arts Therapies at Concordia University in Montreal. She had also been in private practice for many decades. Recently she had been a consultant in Sex Therapy on the Gynecological Oncology Unit at the Jewish General Hospital. She appeared on numerous Radio and TV Talk Shows in Quebec. She had a special

interest in the use of psychodrama in working with persons who had physical illnesses. She conducted numerous seminars and workshops in North America and Europe.

Tobi was an ASGPP Fellow, a certified group psychotherapist from the AGPA, a certified sex therapist with the AASE, and ASQ, Marriage and Family Therapist, and a certified Divorce Mediator.

Tobi was also an inveterate world traveler and had traveled to over 150 countries. Her husband, Stanley Frank, preceded her in death. Contributions in Tobi's memory may be made to the Palliative Care Unit c/o The Jewish General Hospital Foundation (514) 340-8251.

Jon Sherbun

Jon Sherbun, LCSW-C, BCD, CP, passed away on 9/23/15 after a courageous battle with cancer. Jon was a student of the Holy Cross Seminary at University of Notre Dame before attending The Catholic University of America, earning a Master's in Social Work. He studied Psychodrama at St. Elizabeth's Hospital before taking a position at Psychological Services, Inc. in Annapolis, MD. While at PSI, Jon developed and implemented a drug and alcohol outpatient treatment program. Many years later, he joined Behavioral Health Associates as a private practitioner. His areas of expertise included addictions and behavioral compulsive disorders and relapse treatment, dual diagnosis, trauma, ADHD, mood disorders, stress and anger management, adult children of alcoholics and codependency, fam-



ily and couples therapy, and coping with medical disorders (self and family members), with adult and adolescent populations. Jon was also trained in hypnosis, and incorporated a holistic and spiritual orientation, when desired by the client. Jon lived life fearlessly and faithfully, and will be long remembered for his strong will and commitment. As Pat Connealy so lovingly stated, "He was one of those special people in this field who loved what he did and yearned to learn more. He was a therapist's therapist. Funny, empathic, genuine, kind, spiritual and a true believer in the healing process. Jon was extremely gifted as a therapist and had great concern for his clients right up to the end. He will be sadly missed, but left a legacy in souls he helped heal who in turn will help others. His spirit lives on."

IN MEMORIAM

We are all less because of these losses. Losing spiritual offspring is as hard as losing biological ones.
Zerka T. Moreno

Alton Barbour by Jacqueline Moorhead



Alton Barbour, PhD, TEP, our beloved friend and colleague, died on May 12, 2015 at age 81. His life spanned many professional and social circles. Alton was a faculty member of the University of Denver for 39 years, and a Department Chair for 18 years. In 2003, he was voted

University Lecturer, the second highest award bestowed by the university. After his retirement, the university awarded him the title of Professor Emeritus in 2005.

Concurrent with his academic career, Alton pursued certification in psychodrama, attaining the level of TEP in 1978. Among other awards, he received a Certificate of Appreciation for 14 years of distinguished service and outstanding leadership as Chair of the American Board of Examiners (2000). For his participation in and service to ASGPP, he received the Hannah B. Weiner Award in 1998, the David A. Kipper Scholar's Award in 2002, and the J.L. Moreno Lifetime Achievement Award in 2007.

Alton never forgot his roots. He continued to support his undergraduate alma mater, the University of Northern Colorado, receiving the Outstanding Alumnus Award in 2003 and the Distinguished Alumnus Award in 2005. Alton was also a founding member of the Colorado Language Arts Society, which bestowed many awards on him for his publications and leadership. Alton's impact was not limited to academic and professional circles. His avocation as a high flying trapeze catcher and flyer was a key part of his life. For 51 years, he was an active member of the Imperial Flyers Trapeze Club in Denver. He was recognized for his contributions in 2008 with an honorary lifetime membership. He also trained many trapeze troupes at Club Meds all over the world.

Alton loved to travel. His passports document his visits to many cities, countries, and continents over the years. Above all, Alton was a devoted family man and loyal friend, always finding time for his wife, four children, four grandchildren, three step-children, one stepgrandchild, and many lifetime friends.

THE TRAIN FROM CHEYENNE: A MESSAGE FROM THE CHAIR* Alton Barbour, Ph.D., T.E.P.



From Western movies, most Americans have some kind of idea that Cheyenne in Wyoming was originally a fort to protect early settlers from the Plains Indians. The town took its name from a tribe which lived in that area. What most people don't know is that the "settlers" the fort protected were the people who were building the railroad across the country, and that Cheyenne is a railroad town, a hub for the tracks going east

and west through the Rocky Mountains. There is an access line which goes south to connect Cheyenne with Denver. For decades now, early every morning a freight train has traveled south from Cheyenne to Denver through small towns in the Poudre Valley. It goes through such towns as Eaton, Nunn, Greeley, Rosedale, LaSalle, Platteville, Fort Lupton, and Brighton. Although everyone in each of those towns can hear the train, no one pays attention to it because they are so accustomed to it going through. When the train goes through the towns that are built close to the tracks, no one even wakes up. They are so used to the passage of the train that they have ceased to notice it. It has become part of the background for living in that rich American farmland.

Once, several years ago, there was a mechanical problem with the engine which needed maintenance and delayed the departure of the train. Early in the morning it did not leave Cheyenne and did not go through all of those small towns. And in each of those towns, when the train did not arrive, people woke in their beds and said, "What was that?" One of the curious things about human nature is that we do not normally attend to events we experience which fall within the normal ranges. We do not feel the temperature unless it is too cold or too hot. The same is true with sounds, lighting, smells, and other phenomena which impinge on our senses. They become unobtrusive and unnoticed. And, the same is true with the behavior of others. Much good work is done by people we do not notice because it is not done in a way which calls attention to itself. So there is a natural tendency to take it for granted. I believe that much of the work of the Board is that way. It is done so regularly and consistently that we are used to it being done that way and expect it. We expect it to be done effectively and we expect it to be done reliably. The work of the Board is as uneventful as the Eisenhower administration, as predictable as the Christmas season, and as boring as a Maytag washer. It is the train from Cheyenne which keeps arriving.

*Originally published in the December 1997 issue of the *Board News*