

BOARD NEWS

American Board
of Examiners
in Psychodrama,
Sociometry and
Group Psychotherapy

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May 2012

Number 1



**MESSAGE FROM THE
PRESIDENT
SPRING 2012
Elaine Camerota, Ed.D., T.E.P.**

On Valentine's Day, while eating chocolate and thinking about love, I got into a conversation with a psychiatrist. On learning that I am a psychodramatist, he looked at me blankly and asked, "Oh, do they still do that?" Choking on my chocolate I said, "Of course we still do it! Our professional organization

certifies new psychodramatists annually, and the members of the psychodrama community love the discipline." I didn't tell him how many of us believe that psychodrama has transformed our lives.

Love? Is there evidence? Reflecting on the last Board meeting at Jeffrey Yates' house in the heart of Beverly Hills, there was much to love. Happily, all the candidates passed both the CP and the TEP exams. Even better, one CP and one TEP exam were rated as "Pass with Distinction." That success speaks to co-creation by the trainers who are teaching effectively, the students who are studying hard, and the Board directors who work to create clear, fair exams.

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**MESSAGE FROM THE
INCOMING PRESIDENT
Jeffrey Yates, L.C.S.W., T.E.P.**

I am honored and excited to serve our community as the President of the Board of Examiners for the 2012/2013 year. When Donna Little called and invited me to run for the Board more than 5 years ago, she said, "Your friends miss you." (Tug, tug.) Being on the Board for the past

five years has enabled me to reconnect with old friends and colleagues, which has brought incredible amounts of joy and profound healing for me. Making new connections with psychodramatists from around the world has renewed my passion for this work. Hosting the January Board meeting in my home in Los Angeles was a bit mind blowing. All nine of us slept in my home, luckily my wife Danika was excited for the adventure, and there were enough beds and bathrooms! In 1985, as a young 21 year old, the psychodrama community enveloped me and catapulted me into my life. This past January, I got to host my dear friends and get "seen" in a way that only happens when your heart is fully open. What a divine blessing. There was lots of hard work, long hours,

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ELECTED BOARD DIRECTORS

Effective until June 30, 2012

Chairperson: Elaine Camerota, Ed.D., T.E.P.
 Vice-Chairperson: Karen Drucker, Psy.D., T.E.P.
 Secretary: Paula Catalán, M.S., L.C.P.C., C.P.
 Treasurer: Jeffrey Yates, L.C.S.W., T.E.P.
 Directors: Mario Cossa, M.A., R.D.T./M.T., C.A.W.T., T.E.P.
 Kim Friedman, M.A., L.M.H.C., C.P., P.A.T.
 Fiona G. Roche, C.Q.S.W., R.S.W.,
 C.G.P.A.(Dip.), T.E.P.
 Judith A. Swallow, M.A., C.R.S., T.E.P.
 Cecilia Anne Yocum, Ph.D., C.P., P.A.T.

ELECTED BOARD DIRECTORS

July 1, 2012 to June 30, 2013

President: Jeffrey Yates, L.C.S.W., T.E.P.
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 Directors: Elaine Camerota, Ed.D., T.E.P.
 Lin Considine M.S., L.M.H.C., T.E.P.
 Dorcas Elisabeth McLaughlin Ph.D.,
 A.P.R.N., C.P., P.A.T.
 Judith A. Swallow, M.A., C.R.S., T.E.P.
 Cecilia Anne Yocum, Ph.D., C.P., P.A.T.

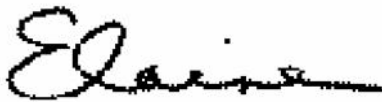
President's Message
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Several requests were made to the Board, and after thoughtful discussion, all were granted. "Adult and Transformational Education" was added to the Approved Related Fields list. The meeting was productive in part because of cooperation and respect among the members.

When I read our psychodrama list-serve, I am impressed by the civil tone of the discussions that explore nuanced aspects of psychodramatic theory and practice. And just this morning I spoke with a young woman who is interested in beginning the certification process to combine the use of psychodrama with a doctorate in Educational Psychology. She plans to become a consultant who works with teachers of affective and values education. When she expressed concern that she wouldn't be using psychodrama in a clinical setting, I encouraged her to help psychodrama evolve in new ways and to become part of our community as it grows and changes.

Am I looking at our discipline through rose-colored glasses? Maybe, but I see evidence of love in all of the above. So this is a spring Valentine for psychodrama and those who love it.

P.S. Think the Congress of the United States could benefit from some psychodrama training?



Message from the Incoming President
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(the results you will read about in this newsletter), laughter and of course, boisterous singing around the piano. We said goodbyes to our hard working members Fiona Roche, Kim Friedman and Elaine Camerota, whose terms of office are over.

As your Board Treasurer over the last few years my goal has been to have the ABE get a good grade from my psychodramatic financial guru, Suze Orman. Typically, she looks at income and expenses. She also expects to see sufficient, prudent reserve. I believe good ol' Suze would "pass" us but encourage us "to keep up the good work." As an independent organization, the ABE is 38 years old. We are maintaining and growing fiscally as we mature. Our fiscal strength is a part of ensuring that we could pass on our organization to the next generation, and ensuring that we could weather the economic valleys as we trudge the road to our happy destiny.

Warming up to writing this message, I was reading the past President/Chair messages from Mary Jo Amatruda, John Olesen, Karen Drucker and Elaine Camerota. Let's not forget our past triumphs. Not too many years ago we didn't have an email address or a website. We are maturing with grace. I look forward to helping preserve our working conserves and helping to craft our new conserves, which will empower the spontaneity of our abundant community.



The Board on Moreno Drive in Beverly Hills, CA.

1st Row: Judy Swallow and Elaine Camerota

2nd Row: Fiona Roche, Karen Drucker and Kim Friedman

Back Row: Mario Cossa, Jeffrey Yates and Dale Richard Buchanan

Not pictured: Paula Catalán and Cece Yocum

REFLECTIONS AFTER THREE YEARS ON THE BOARD
Fiona Roche, C.Q.S.W., R.S.W., C.G.P.A.(Dip.), T.E.P.

It has been a time of being in good company and doing task-focused work. I have enjoyed expanding my network of inspiring friends in the psychodrama community and travelling to people's homes all over the States. I felt welcomed onto the Board bringing a Scottish-Canadian perspective to the discussions.

These years have been an important bridge for me from working in a hospital setting to transitioning into my full-time private practice. To any of you thinking about running for the Board, I would recommend the experience!

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Members are encouraged to submit Newsletter materials.

BOUNDARIES OF COMPETENCE

Cece Yocum, Ph.D., C.P., P.A.T.

In our last issue of this newsletter we looked at the ethics of competency related to our own emotional competence, especially during illness or times of great stress in our lives. In this issue, we will look at competence related to our knowledge and skills. According to Bennett et. al. (2006) "Competence means the ability to perform according to the standards of the profession."

Psychodramatists follow the ethical principles of psychologists and code of conduct as outlined by the American Psychological Association. Standard 2.01 Boundaries of Competence from the American Psychological Association. (2010) Medical Principles of Psychologists and Code of Conduct says that (a) Psychologists provide services, teach, and conduct research with populations and in areas only within the boundaries of their competence, based on their education, training, supervised experience, consultation, study, or professional experience.

Within the field of psychology, there are a number of specialties including clinical, experimental, educational, organizational, etc., yet only psychologists with extensive clinical training would be considered competent to provide therapy/psychological treatment to individuals. These individuals would also be required to obtain licenses that allow them to treat persons within their state.

Psychodrama also provides training to professionals from a wide variety of fields but only psychodramatists who are trained licensed clinicians in mental health treatment would be considered competent to provide psychodrama as part of clinical treatment.

Other professionals such as educators, attorneys, etc., who are not trained licensed mental health professionals, would not be considered competent to provide clinical mental health services but could use psychodrama for certain specific purposes. For example, attorneys have found psychodrama useful for such activities as "re-enactment-interviewing" and "witness preparation." Educators have used sociodrama for exploring social issues. Neither attorneys nor educators would be considered competent to use psychodrama for therapeutic purposes since they do not have the background and training in mental health treatment.

In addition, when psychodramatists wish to branch out or perhaps are offered an exciting job opportunity beyond their original boundary of competence, they will obtain the appropriate education, training and supervision to prepare to work in that area beyond their original competence boundary.

Standard 2.01 Boundaries of Competence from the American Psychological Association. (2010) section (c) says "Psychologists planning to provide services, teach, or conduct research involving populations, areas, techniques, or technologies new to them undertake relevant education, training, supervised experience, consultation, or study." For example, recently several psychodramatists with clinical backgrounds were interested in providing psychodrama related services in the corporate world and are in the process

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NEW CERTIFICATION CATEGORY? WE NEED YOUR FEEDBACK AND SUGGESTIONS!

Mario Cossa, M.A., R.D.T./M.T., C.A.W.T., T.E.P.

In response to on-going suggestions from and discussions among a number of members of our community, the American Board of Examiners is considering the addition of a new certification category for individuals operating within defined, non-clinical areas of practice and/or as an intermediate certification en route to the CP. A number of different suggestions have been put forth and we are exploring the essence of what a new category would be and whom it would serve.

Some non-clinicians (lawyers, educators, etc.) are already certified as CPs and TEPs, having gone the traditional route. We are trying to assess whether having a new category would encourage more individuals to become certified and help to broaden our community.

The general parameters and details currently under consideration are:

Name: To be determined. Some names currently under consideration are: Certified Role Trainer; Action Methods Practitioner; Role Facilitator. Other suggestions are welcomed.

Field of Practice: These individuals are expected to operate within only those areas for which they have a primary certification and/or licensure. Examples might include (but are not limited to) law, education, business, etc.

Basic Requirements:

1) A specified number of training hours that are likely to be fewer than the current 780 minimum for CP.

2) A specified number of hours of supervised practice that may or may not be different from the 80 minimum required for CP.

3) Measurement of competence demonstrated by:

a) oral or written evaluation (which might include a paper, a case study, a modified examination, etc.)

b) demonstration of practice (in person on-site, submission of a DVD, etc.)

4) Cost: An application fee likely to be \$400 and yearly registration fee likely to be \$80.

Given the work and time required to authorize and implement a new certification category we are "running this up the flagpole to see who salutes". The final half hour of the Board Conversation Session at the annual meeting of the ASGPP on Sunday, April 22, was devoted to this topic. There was a consensus that the possibility is worth continued exploration. A number of ideas and considerations have been expressed but there has yet to be a clear form that this new category would take.

The Board is committed to evaluating the needs, desires and ideas of our entire community, not just those who were able to attend the Conference. You are invited to weigh in on this issue by submitting your thoughts and suggestions to Standards Committee Chair, Mario Cossa at cossa@att.net. Please let us know where you stand.

Boundaries continued from page three

of developing a training packet for themselves to prepare to work with a new set of professionals. They will also be bringing their plan to a supervision group for peer review.

Standard 7.01 Design of Education and Training Programs from the American Psychological Association. (2010) Medical Principles of Psychologists and Code of Conduct says "Psychologists responsible for education and training programs take reasonable steps to ensure that the programs are designed to provide the appropriate knowledge and proper experiences, and to meet the requirements for licensure, certification, or other goals for which claims are made by the program."

When applied to psychodrama, this standard implies that psychodramatists providing training as a PAT or TEP need to make sure that trainees understand the boundaries of using psychodrama, especially as this relates to clinical services. The PAT or TEP would need to emphasize that non-clinically trained professionals would not provide what would be considered clinical treatment to others.

Psychodramatists are always encouraged to consult with trusted colleagues in peer supervision or trainers for help in these matters of boundaries of competence.

References:

American Psychological Association. (2010). Medical Principles of Psychologists and Code of Conduct. www.apa.org/ethics

Bennett, B., Bricklin, P., Harris, E., Knapp, S., Vandecreek, L., & Younggren, J. (2006). Assessing and Managing Risk in Psychological Practice: An Individualized Approach. Rockville, Md.: The Trust.

WRITTEN EXAMS VIA EMAIL IN 2013

Beginning next year (2013) the written exams will be administered through email. This change will allow the Board to decrease proctor expenses by approximately \$1,200 per year and mailing costs by an additional \$300 per year. It is hoped that these savings will delay an increase in the CP and TEP dues. Complete instructions about how this will be administered will be posted on our website by January of 2013. After this year, candidates who still wish to use a proctor may do so, but they will be required to pay an additional \$100 administrative fee and fully reimburse the Board for the cost of the proctor. The last time the TEP examination fee was raised was in 1989 and the last time the CP examination fee was raised was in 1995. If the original examinations fees were simply raised for inflation the TEP examination fee, which was \$200 in 1977, would now be \$677; and the original CP examination fee of \$275 in 1983 would now be \$575. They are both currently \$400.

TED HAZELTON RETURNS TO ENGLAND

Our colleague, Dr. J. Edward (Ted) Hazelton has retired and returned to England. He is now residing in a care home. Cards and letters can be sent to him via his nephew's address.

Dr. Ted Hazelton
c/o Jack Hazelton
Cornedale; Lincoln Green Lane
Tewkesbury; Gloucestershire
GL20 7DN; United Kingdom

APPRECIATIONS

The Board could not possibly operate without the support, commitment and dedication of all those individuals who voluntarily read examinations, conduct on-site observations, and serve on special committees. Thank You. If you would like to spread the sociometric wealth and add your name to the list, send us an email.

Marti Adams	Mari Pat McGuire
Phoebe Atkinson	Jaye Moyer
Martica Bacallao	Kathy Norgard
George Baaklini	Cathy Nugent
Jeanne Burger	John Olesen
Jean Campbell	Susan Powell
Roberto Cancel	Tonya Quillen
Paula Catalan	Rory Remer
Elaine Camerota	Georgia Rigg
Mario Cossa	Fiona G. Roche
Judith Glass	Ingrid Schirrholtz
Collins	Marsha Stein
Karen Drucker	Joan Stevenson
Estelle Fineberg	Judy Swallow
Vickey Finger	Linda Thema
Kim Friedman	Michael Traynor
Pamela Goffman	Shari Ward
Ann Hale	Jean Winslow
Erica Hollander	Susan Woodmansee
Heidi Landis	Jeffrey Yates
James D Leach	Cece Yocum
Louise Lipman	Miriam Zachariah

NEWSLETTER REPORT ON THE EXAMS 2011

Karen Drucker, Psy.D., T.E.P.

We want to congratulate our psychodrama colleagues who passed the 2011 C.P. and T.E.P. written exams. These accomplished individuals join us in creating the future of action methods through practice and training.

Of the ten C.P. candidates who took the exam, all passed and one passed with distinction. In looking at the sections, research responses have steadily improved. The philosophy section was challenging to some, perhaps due to the broad nature of the question.

Of the ten T.E.P.s who took the exam, all passed and one passed with distinction. The evaluators were impressed that T.E.P. candidates clearly took on the role of trainer and wrote their responses from that role.

All of our candidates have invested a great deal of time, resources and energy in this vigorous training process. We congratulate them as they begin a new stage in the development of their careers. Many of them have passed their on-sites. Some of our new C.P.s and T.E.P.s have submitted their bios with photos for publication in this newsletter.

We welcome all of you and extend our Mazel Tov, kudos, congrats, bravo on the successful completion of your exams!

**CONTINUING EDUCATION QUIZ
2011 CERTIFICATION EXAMINATIONS**

CERTIFIED PRACTITIONER

TRAINER, EDUCATOR AND PRACTITIONER

PART ONE - 10AM TO 12 NOON

I. HISTORY (Suggested time: 30 minutes).

1. Name one of J. L. Moreno's books. Discuss the historical significance of this work.

II. PHILOSOPHY (Suggested time: 30 minutes).

1. Identify one concept within Moreno's philosophy. Explain how this concept is an underpinning of psychodrama.

III. METHODOLOGY (Suggested time: 60 minutes).

Answer Question 1 and Question 2.

1. Describe the functions of the double. Explain three (3) ways you use the double in a psychodrama group.

2. Answer either A or B.

A. Compare and contrast sociodrama and psychodrama. Explain how you direct a sociodrama.

OR

B. Give an example of a client who has role fatigue. Describe two (2) psychodramatic interventions you might use with this client.

PART TWO 1PM - 4PM

IV. SOCIOMETRY (Suggested time: 60 minutes).

Answer Question 1 and Question 2.

1. Define three (3) of the following sociometric terms. State how each impacts the group sociometry.

- a) Mutual dyad (Mutual pair)
- b) Isolate
- c) Star of Acceptance (Positive Star)
- d) Star of Rejection (Negative Star)

2. Answer either A or B.

A. Briefly describe one of Moreno's sociometric investigations from *Who Shall Survive?* Explain two (2) sociometric concepts from this investigation you can apply in your group.

OR

B. Provide a rationale for introducing a social atom with a client or group. Discuss how you explore the social atom in action.

V. ETHICS (Suggested time: 45 minutes.)

1. Describe two (2) risks to confidentiality for group members that are distinct from those in individual counseling. As the leader of a psychodrama group, discuss the steps you take to minimize these two (2) risks.

VI. RESEARCH/EVALUATION (Suggested time: 30 minutes).

1. Describe in detail either one (1) psychodramatic or one (1) sociometric technique you would use to measure the progress of the clients in your practice.

VII. RELATED FIELDS (Suggested time: 30 minutes).

1. Briefly describe a related field that is influential in your work. Discuss how you integrate it with psychodrama.

PART ONE 10AM TO NOON

I. HISTORY (Suggested time: 30 minutes).

1. J. L. Moreno's books are historically important in the development of psychodrama, sociometry and group psychotherapy. Explain in detail your reasons for having trainees read one of these books.

II. PHILOSOPHY (Suggested time: 30 minutes).

1. Identify one concept within Moreno's philosophy. Develop an experiential session to teach this concept to your trainees.

III. METHODOLOGY (Suggested time: 60 minutes).

Answer Question 1 and Question 2.

1. Design a training session to teach doubling. Include in your plan both didactic and experiential learning.

2. Answer either A or B.

A. How do you explain surplus reality to a new training group? Describe two (2) exercises that demonstrate surplus reality.

OR

B. How do you teach your students to use psychodrama with survivors of trauma to minimize the risks of re-traumatizing the protagonist and/or other group members?

PART TWO 1PM - 4PM

IV. SOCIOMETRY (Suggested time: 60 minutes).

Answer Question 1 and Question 2.

1. Explain how you teach trainees to use sociometry during the action and sharing stages of a group. Give one (1) example for each stage.

2. Answer either A or B.

A. Choose one of Moreno's sociometric investigations from *Who Shall Survive?* Briefly describe two (2) sociometric concepts illustrated by this investigation. Design a training session to teach these two (2) sociometric concepts.

OR

B. People in your training group have unexpressed feelings toward each other. The group appears to be stuck and sociometry seems fixed. How would you explore this dynamic sociometrically and use it as a teaching opportunity?

V. ETHICS (Suggested time: 45 minutes).

1. You are the leader of a psychodrama training group. Name one (1) ethical issue you might encounter. Discuss the strategies you would use to address this ethical issue.

VI. RESEARCH/EVALUATION (Suggested time: 30 minutes).

1. Develop a training plan to teach either one (1) psychodramatic or one (1) sociometric technique to measure client progress.

VII. RELATED FIELDS (Suggested time: 30 minutes).

1. Describe how the knowledge of a related field enhances your work as a psychodrama trainer.

Recently Certified Psychodramatists are invited to submit an autobiographical statement. Bios are printed as space permits. For contact information on all psychodramatists go to www.psychodramacertification.org



Marlo J. Archer, Ph.D., C.P., P.A.T.
Tempe, AZ

At a professional meeting in 2004, a colleague invited me to observe her psychodrama group. I wondered how I got through graduate school having never heard of this powerful method. At my first workshop with the Sattens, I said to myself, "I have to do this." I thought that with a little training, I'd be facilitating the type of profound healing that Dorothy and Mort pulled off effortlessly. About 10 months later, I realized the enormous personal growth my "training" was evoking and how many childhood issues I carried right past my graduate instructors and the psychology licensure board. After a great deal of personal work, I started to actually learn the method and began an aggressive schedule that involved training with such greats as Ann Hale, Donna Little, Judy Swallow, Zerka Moreno, Jeanne Burger, Jean Campbell, Deb Shaddy, MaryAnna Palmer, and Katherine Norgard. With about a year remaining, I got hit by a car and almost died. Rejoining my life a year and a half later, I dusted off my tools and enlisted the help of Rebecca Walters to serve as my Secondary Trainer and help me finish up the process. Looking back now, I see how truly blessed I was to have the Sattens appear as the teachers when this student was ready. They're gonna be a hard act to follow, but my journey has introduced me to dozens of really talented trainers with whom I'd be honored to walk the next part of my journey. I hope that by the time this appears, I have secured my trainers for the TEP process because I still feel as strongly as the first day I saw psychodrama. I have to do this!



Lin Considine, M.S., L.M.H.C., T.E.P.
West Palm Beach, FL

"It is not the evolution of the creation; it is the evolution of the creator that is important."

—JL Moreno

I have "come to be" who I am today in large part to my psychodrama experiences. From the summer of 1998, when I received my first brochure about Nina and Dale's summer camp, and called Tonya Quillen concerned: "the hours seem a little late and I go to bed early." Tonya replied, "Lin, it will be worth it." I took a leap of faith and she was right! Thank you Tonya! It was love at first sight for me!

During the last 12 years I have raised three kids, got divorced, lived through breast cancer and have witnessed my children struggle with their own addiction issues.

Psychodrama has always been there. The sociometry I have built in my psychodrama community has held me, nurtured me, and celebrated with me through my journey thus far. I am very blessed. As my sponsor Jean says, "The

only reason we're here together, Lin, is to hold each other's hands while we walk together through this life."

I want to express my sincere gratitude to my two primary trainers, Dale Richard Buchanan and Nina Garcia. What wonderful role models you have been to me. Thank you for always believing in me. To Linda Thema, for your patience and never ending encouragement and support. (I know you are celebrating that my TEP test is done!)

Lin's work highlights include conducting an ongoing training group with her dear friend Paul Lesnik; co leading a weekly client group involving HIV positive men and women; ASGPP involvement as Co Chairing Session Assistant Committee and other things over the years; as well as a three year term as Secretary on the Board of Examiners.

Her most recent adventure was with the African Great Lakes Initiative where Lin spent five weeks in Burundi last summer using psychodrama and sociometry at an HIV clinic for women and children in Bujumbura with her daughter, Anna.

Psychodrama has given me permission and the way to find love, joy and passion in my life!

I am honored to be part of such a wonderful community!



Deborah Day, M.A., L.M.H.C., N.C.C., C.P.
West Palm Beach, FL

I am very excited and proud to be an "official" part of the certified psychodramatist community. I feel honored to have achieved such a wonderful accomplishment and to be in ranking with so many talented clinicians. I am also more than pleased to be done with that EXAM!

While I have led groups for many of my years as a clinician, I find the psychodrama format to be immensely powerful, healing and safe. I am thankful to have been trained by such an amazing teacher as Nina Garcia, Ph.D. Nina's gifts to me have been too many to mention and I can only hope to be such a blessing in the lives of my clients. I am also fortunate to have a marvelous psychodrama community here locally. The sense of bonding is life-giving.

I am a Licensed Mental Health Counselor and National Certified Counselor in private practice. My practice is in the mostly sunny state of Florida. I work with individual ages 20-70 years of age and provide counseling for individuals, couples and groups. I strive to help people feel more empowered and self-directed in their lives. I creatively work with individuals, couples and groups to help them maximize their full-potential in life. My practice is also home to my Twelve Week Women's Empowerment Group.

In 2010 I published my first book "Be Happy Now! Become The Active Director of Your Life". It has been said that the book is refreshingly simply, clear and offers the reader a concise way to evaluate and improve their life. I hope to broaden my outreach via teleseminars and webinars. You can follow me at www.facebook.com/debdayma and click on the Like button. Thanks for your support!

RECENTLY CERTIFIED PSYCHODRAMATISTS CONTINUED



Lori Feingold, M.C., C.P.
Tucson, AZ

I am finally a CP!!!! Yeah. After 13 years of workshops and training, I have to say that I am proud of myself for completing this part of my journey. I love psychodrama and utilize it all the time at work and in my personal life. I run several psychodrama groups per week working with foster kids and troubled teens, as well as women and girls who have eating disorders.

I am also a mother of a 14 year old daughter and use psychodrama with her all the time. I have often asked her to role-reverse with someone she is having problems with, utilized role training with her to teach her confidence, and one year she had a "social atom" diary. I even helped her cheer team with a team-building party. A once divided cheer squad of girls who hated each other actually became friends.

I am so happy that I have learned this technique. It has truly changed my life by helping me deal with my own stuff first, I was grounded enough to become a really good therapist and a more attuned person. I have seen the dramatic changes this art form and therapeutic tool makes in the lives of others, and feel fortunate to be able to do this with some confidence after all this time.



Tamar Pelleg, M.A., C.P.
Bethesda, MD

Tamar Pelleg acquired an M.A. in counseling education and a B.A. in Hebrew literature from the Hebrew University in Jerusalem. She is a Certified Practitioner in psychodrama, by the American Board of

Examiners in Psychodrama, Sociometry and Group Psychotherapy. Tamar acquired a Master practitioner level in Neuro Linguistic Programming by the Retter School for NLP in Israel.

Since 1994, in Israel, Tamar has designed and conducted workshops using literature and the Bible to promote personal growth, modeled by the Bibliotherapy method of Dr. Dvorah Kubovi from the Hebrew University in Jerusalem. Participants were of varied backgrounds, including counselors, teachers, high school students and their parents. Upon her arrival in the United States in 2003, Tamar was trained and studied Bibliodrama with Dr. Peter Pitzele of New York and is leading "Bibliodrama with a twist of psychodrama" workshops in different venues throughout the DC area and in Israel.



Valerie Simon, L.C.S.W., C.P.
New York City, NY

Valerie Simon, LCSW, CP is a psychotherapist in NYC and is thrilled to be a newly Certified Psychodramatist. In her private practice, Valerie runs a monthly women's recovery psychodrama group and she is currently forming a weekly, co-ed psychodrama group. Valerie also consults at addiction facilities such as The Freedom Institute and Alina Lodge, where she facilitates

psychodrama groups and workshops.

Before becoming a therapist, Valerie graduated from NYU Tisch School of the Arts with a BFA in Film/Television production. She worked in various aspects of the entertainment industry such as production and post-production on feature films. Valerie also read scripts at Ron Howard's Imagine Entertainment and was the coordinator at Jim Henson's renowned Muppet Workshop.

After receiving an MSW at NYU School of Social Work, Valerie began training in psychodrama, synthesizing her creative background with the mental health world. She has worked in a variety of settings including psychiatry services in hospitals, addictions facilities, and onsite mental health programs in NYC public schools. Valerie provided services to those affected by September 11th, 2001 through Project Liberty, and she also aided Gulf Coast musicians after Hurricane Katrina through her work at the Jazz Foundation of America.

As an educator, Valerie taught developmental psychology at City College. She also acted as an educational consultant for a children's television station.

Valerie has had a private practice in NYC for over twelve years. She combines her background in psychodrama with psychodynamic training and an expertise in trauma and addiction.

Most recently, Valerie created The Inner Stage™, a series of experiential workshops for actors to help access creativity and spontaneity through action methods.

Valerie's website is www.valeriesimon.net.

Valerie would like to give special thanks to Tian Dayton, Phoebe Atkinson, Suzie Jary, and Jean Campbell for their generous guidance during the CP process.

CP & TEP APPLICATIONS AVAILABLE ON WEBSITE

CP and TEP applications are available free of charge on our website (www.psychodramacertification.org). If applicants would prefer that we mail them the materials, there is a \$50.00 processing fee for each application. Application packages will not be mailed after June 15, 2012. Completed CP and TEP applications are due by July 15th.

RECENTLY CERTIFIED PSYCHODRAMATISTS CONTINUED



**John Skandalis, M.A., T.E.P.,
Seattle, WA**

I fell in love with psychodrama beginning with my first workshop in 1994. I have been tested in many ways in the T.E.P. process and have grown personally and professionally. I am thrilled to have achieved this milestone in my life.

I want to thank my trainers over the years: Shirley Barclay, John Mosher, Jack Shupe and Georgia

A. Rigg. In addition I want to thank my wife, Laurie, for her steadfastness and support in and outside of the many workshops that we have attended.

I am looking forward to offering training and personal growth workshops in the Seattle area this year.



**Julie Wells, M.S.W., L.C.S.W.,
C.P.
Clearwater, FL**

Hello fellow Psychodramatists.

I am proud and excited to be able to add CP after my name! What an accomplishment.

I am a therapist in private practice in Clearwater, Florida and a Renal Social Worker in Pasco County. I have been in Nina Garcia's ongoing training group since 2001, with Dale Buchanan

as my secondary trainer. These two teachers have been instrumental in my development of psychodramatic, sociometric and group directing skills, of which I am very proud.

I first witnessed the power of psychodrama in 2000 and immediately knew it was for me. This was during an internship at the Partial Hospitalization Program for St. Anthony Hospital in Tampa, Florida. It has been my passion ever since. I love to use it when counseling my clients in group, individual, family, and couple settings. I also have used it successfully with psycho-educational training, support groups, and team building.

I feel blessed to be part of such a wonderful group of committed, compassionate, and intelligent people. I am particularly grateful for those of you who supported me on this journey to become certified.



**You Jin-Lin, Ph.D.,
M.S.W., T.E.P.
Tiawan, R.O.C.**

Thanks to everyone and everything that I have encountered in my life, especially in psychodrama.

I come from Taiwan. I teach social work, counseling, and psychodrama at Nanhua University in Taiwan. I have had psychodrama training in Mainland China. I hope to disseminate psychodrama in Chinese society and let more love spread with humanity's harmony in China.

I am grateful to all who have taught me. Thanks to Dr. Gong Shu, Rory Remer, and Ning-Shing Kung for their support and masterful training and education. Thanks to John Nolte for helping me realize more experiences in life. Thanks to Dale Buchanan for his patience and assistance. Finally, I am thankful to be engaged in psychodrama and to be a TEP.

FIRST CLASS

FORWARD AND ADDRESS CORRECTION REQUESTED

American Board of Examiners
In Psychodrama, Sociometry and Group Psychotherapy
P.O. Box 15572
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