



BOARD NEWS

American Board
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in Psychodrama,
Sociometry and
Group Psychotherapy

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May 2009

Number 1

MESSAGE FROM THE INCOMING CHAIR

Karen Drucker, Psy.D., T.E.P.



Dear Certified Psychodramatists,
I am honored to be the new Chair of the Board of Examiners for the 2009-2010 year. When I was elected to the Board two years ago, it was mostly to reconnect with the psychodrama community, and deepen my friendships with people. Out in Colorado, I am sometimes lonely for the psychodrama community. I became accustomed to living within the psychodrama community when I interned at St. Elizabeths and lived in the DC area for seven years. It's been wonderful to reconnect and work with the board members.

I look forward to using my skills as a group facilitator in the Chair position. I have some new ideas for the creation and evaluation of the written exams. I am stepping up to the Chair role and look forward to working with Dale and the Board members. We will balance the business of the Board with time for reconnection to allow creativity to flow.

I am excited to welcome the new Board members, Kim Friedman, Fiona G. Roche, and Elaine Camerota, who begin work at our September Board meeting. Kim Friedman and I are reconnecting after our early psychodrama training years at St. Elizabeths.

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MESSAGE FROM THE OUTGOING CHAIR

John Olesen, M.A., C.P., P.A.T.



Dear Certified Psychodramatists,

I write to you with mixed emotions, because this is my last message as Chair of the Board. I am most excited to welcome the new Chair, Karen Drucker, Ph.D., T.E.P. Karen is incredibly capable, calm, kind, and makes work fun. I wish her the best and the Board is lucky to have her. I leave eager to recommit to my own PAT process. As many of you know, the October exams are a part of a continuum of challenging study and connection, leaving me with some serious work to do. The path to certification is not an easy one. I leave with a wistful feeling – I've become very attached to the members of the Board. I am deeply pulled to people who are generous of spirit and good at what they do. The members of this current Board have spent much of their own money and given of their time and experience to ensure that the mission of the Board is upheld with full integrity. I consider them friends and will miss them. Yet, I am confident we will stay connected. I leave feeling grateful to Dr. Dale Richard Buchanan. He has helped me and the Board stay purpose-driven and on

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CP & TEP APPLICATIONS AVAILABLE ON WEBSITE

CP and TEP applications are available free of charge on our website (www.psychodramacertification.org). If applicants would prefer that we mail them the materials, there is a \$50.00 processing fee for each application. Application packages will not be mailed after June 15, 2009. Completed CP and TEP applications are due by July 15th.

OPEN ENROLLMENT FOR PAT

Any certified practitioner who wishes to enroll in the practitioner applicant for trainer process can obtain the forms and all supporting materials free of charge at our website. If you prefer, we will send you the PAT forms and supporting materials provided that you send us payment of \$50.00. Persons can enroll in the PAT process anytime between January 1st and July 15th of each year. Enrollment in the PAT process begins the day that we receive these completed materials in our office. The first annual update is not due until July 15th of the following year.

ELECTED BOARD DIRECTORS

Chairperson:	Karen Drucker, Psy.D., T.E.P.
Vice-Chairperson:	Mari Pat McGuire, L.C.S.W.-C., T.E.P.
Secretary:	Lin Considine, M.S., L.M.H.C., C.P., P.A.T.
Treasurer:	Jeffrey Yates, L.C.S.W., T.E.P.
Directors:	Martica Bacallao, Ph.D., C.P., P.A.T. Elaine Camerota, Ed.D., T.E.P. Kim Friedman, M.A., L.M.H.C., C.P., P.A.T. Louise Lipman, L. C.S.W., C.G.P., T.E.P. Fiona G. Roche, C.Q.S.W., R.S.W., C.G.P.A.(Dip.), T.E.P.

NEW BOARD DIRECTORS

Elaine Camerota, Ed.D., T.E.P. and Fiona G. Roche, C.Q.S.W., R.S.W., C.G.P.A.(Dip.), T.E.P. are elected to the three year T.E.P. Directors terms. Kim Friedman, M.A., L.M.H.C., C.P., P.A.T. is elected to a three year C.P. Director term.

DRUCKER continued from page one

Donna Little, Mary Jo Amatruda, and John Olesen have completed their terms on the Board. I am grateful to have worked with each of them. Donna's wisdom, equanimity, and unconditional love will be missed. John's gentle leadership and humor is inspiring. Mary Jo's generosity and hospitality will be hard to replace. Mary Jo's persistence guided the development of the ABE website. Thank you for your unique contributions and years of dedication to the Board. You leave a legacy that will continue on and will be enhanced by the gifts of our new Board members.

OLESEN continued from page one

task with such humor, grace, and useful guidance that it has made every meeting over the past six years a joy to attend.

As my last appeal to you, I ask you to please visit the website: *Psychodramacertification.org*. It can be a fascinating place to explore. I invite you to investigate this helpful site from different roles. You might approach the site from the role of a curious newcomer who knows very little about psychodrama and doesn't understand any of the terms bandied about. The site's Glossary of Terms can be extremely helpful. I encourage you to explore the site as someone who is eager to make greater connections with other certified psychodramatists in a particular state or area. Check out who you might contact when you get to your new town. You'll even be able to see what they look like in many cases. I invite you to role reverse with someone involved in the certification process who might have questions or feel alone or isolated. Do you find *Psychodramacertification.org* helpful? Finally, I invite you to reverse roles with the site itself. As *Psychodramacertification.org*, what do you need to further develop our professional standards? What do you need to certify qualified professionals on the basis of these standards? Let the Board members know your insights. It is through sharing that we grow and stay connected.

2008 CP AND TEP WRITTEN EXAMINATION RESULTS

We want to congratulate our psychodrama colleagues who passed the 2008 CP and TEP exams. These accomplished individuals join us in shaping the future of action methods through practice and training. Of the fourteen CP candidates who took the written exam, eleven passed and three written exams were rated as fail.

CP exam answers were strongest in the following sections; history, philosophy, ethics, and related fields. In these sections, candidates fully described, explained, and offered examples of applications while addressing every aspect of the exam questions. Sociometry and research were the most challenging sections for the 2008 CP candidates. Evaluators urge candidates taking the exam in the future to integrate all parts of the question in their answers. For example, the sociometry question asked candidates to formulate a sociometric plan to promote inclusion and safety for the first session of an on-going group. The sociometric plan provided in an answer must be explicitly linked to promoting inclusion and safety.

Six of the seven TEP candidates passed their written exam. Evaluators were impressed that TEP candidates strongly took on the role of the trainer and wrote their responses from that role. The hallmark of a strong TEP exam is providing clear details concerning how the candidate would conduct the training session. It is important that exam answers include definitions of terms and explicit instructions to group participants.

This group of new CPs and TEPs have invested a great deal of time, resources, and energy in this rigorous training process. We congratulate them as they begin a new stage in the development of their careers.

APPRECIATIONS

The Board could not possibly operate without the support, commitment and dedication of all those individuals who voluntarily read examinations, conduct on-site observations, and serve on special committees. Thank You. If you would like to spread the sociometric wealth and add your name to the list, send us an email.

Martie Bush Adams
Mary-Jo Amatruda
Martica Bacallao
George Baaklini
Dena Baumgartner
Mary Bellofatto
Jeanne Burger
Elaine Camerota
Ron Collier
Lin Considine
Kate Cook
Karen Drucker
L. Joane Garcia-Colson

Ann E. Hale
Susie Jary
Nancy Kirsner
Steve Kopp
Louise Lipman
Donna Little
Helen Martin
Mari Pat McGuire
Rosalie Minkin
Lori Naylor
John Olesen
Susan Powell

Elizabeth Plummer
Georgia Rigg
Ed Schreiber
Deb Shaddy
Marianne Shapiro
Linda Thema
Susan Wapner Thiele
Jeff Thompson
Jan Tras
Elizabeth White
Bill Wysong
Jeffrey Yates

CONTINUING EDUCATION QUIZ

C. P. EXAMINATION 2008 PART ONE 10AM TO 12 NOON

- I. HISTORY (Suggested time: 30 minutes)
1. Describe fully one important event in the history of Psychodrama, Sociometry or Group Psychotherapy. Discuss the significance of this event in your practice.
- II. PHILOSOPHY (Suggested time: 30 minutes)
1. Moreno viewed man not simply as an actor but as a co-actor, not simply a God but a God among Gods. Explain this statement from a philosophical perspective.
- III. METHODOLOGY (Suggested time: 60 minutes).
Answer Question 1 and Question 2.
1. Define the Morenean techniques of double, mirror, and role reversal. Describe how and why you use each of these techniques in a psychodrama.
2. Answer either A or B.
A. Define role taking, role playing and role creating. Explain how you use each during the action phase of a psychodrama group.
- OR**
B. During the sharing phase of a psychodrama session, the group members are quiet and not sharing. What do you do?

PART TWO 1 PM - 4 PM

- IV. SOCIOMETRY (Suggested time: 60 minutes)
Answer Question 1 and Question 2.
1. As a group leader, you are preparing for the first session of an ongoing group. What is your sociometric plan to promote inclusion and safety? Be specific and relate your answer to sociometric theory and practice.
2. Answer either A or B.
A. How do you explore the sociometry of a protagonist in order to determine a course of action?
- OR**
B. Describe a situation in a group that would lead you to explore the sociometry of that group. Name and discuss two sociometric techniques you might use.
- V. ETHICS (Suggested time: 45 minutes)
1. You are screening new members for your psychodrama group. Discuss two ethical principles/standards from the APA Code of Ethics that apply.
- VI. RESEARCH (Suggested time: 30 minutes)
1. Identify an aspect of your psychodrama practice that could benefit from program evaluation. Pose one question that would guide your evaluation. Describe how you would accomplish this evaluation.
- VII. RELATED FIELDS (Suggested time: 30 minutes)
1. Briefly describe a related field that is influential in your work. Discuss how you have integrated it with psychodrama.

T. E. P. EXAMINATION 2008 PART ONE 10 AM TO 12 NOON

- I. HISTORY (Suggested time: 30 minutes)
1. Describe your goal, methods and expected outcomes for your trainees in teaching about an event from the history of Psychodrama, Sociometry and Group Psychotherapy.
- II. PHILOSOPHY (Suggested time: 30 minutes)
1. Moreno viewed man not simply as an actor but as a co-actor, not simply as a God but a God among Gods. How do you teach your trainees to embrace this philosophical concept?
- III. METHODOLOGY (Suggested time: 60 minutes)
Answer Question 1 and Question 2.
1. Design a training session about role reversal. Include: theory, methodology and practical applications.
2. Answer either A or B.
A. Design an action-oriented training session to teach your trainees about the differences and similarities among intrapsychic, interpersonal and transpersonal psychodramas.
- OR**
B. Design an action oriented training session to teach your trainees how to direct a protagonist whose spontaneity has dropped.

PART TWO 1 PM – 4 PM

- IV. SOCIOMETRY (Suggested time: 60 minutes)
Answer Question 1 and Question 2.
1. Sociometry is the underpinning of psychodrama. Give two examples of action methods you use to help your trainees experience this relationship.
2. Answer either A or B.
A. Discuss two challenging moments in a training group and how you use sociometric interventions to address them.
- OR**
B. Your trainees want to learn the application of sociometric methods to their work in a one-time introductory community presentation. What would you teach them about the differences in using sociometry with an ongoing group and a one-time introductory community presentation?
- V. ETHICS (Suggested time: 45 minutes)
1. A member of your psychodrama group expresses an interest in joining one of your training groups. What are the ethical issues you must consider? Make reference to the APA Code of Ethics in your discussion.
- VI. RESEARCH/EVALUATION (Suggested time: 30 minutes)
1. Discuss two action approaches you might use with your trainees to generate increased interest in psychodrama research.
- VII. RELATED FIELDS (Suggested time: 30 minutes)
1. Using action techniques, how do you teach your trainees to integrate knowledge of a related field into their work?

Recently Certified Practitioners and Trainer, Educator, Practitioners are invited to submit an autobiographical statement. Bios are printed as space permits.

For contact information on all psychodramatists go to www.psychodramacertification.org



CHI-CHU CHOU, Ph.D., C.P.
Taichung, Taiwan, R.O.C.

Chi-Chu Chou has been taking an exploratory and challenging journey from economics to counseling psychology. While holding a Ph.D. in economics from the University of Chicago, Chi-Chu has great passion for becoming a counseling psychologist and a psychodramatist. He has been learning psychodrama with Dorothy and Mort Satten and other trainers for more than 12 years. Passing the CP certification exam is a milestone on his journey.

Chi-Chu is currently an Associate Professor at the Department of Economics, Feng Chia University in Taichung, Taiwan. In addition to teaching economics courses, he also teaches psychology and psychodrama courses. He combines the rational choice framework with role theory, sociometry, other psychodramatic methods. He applies a similar approach when leading weekly psychodrama groups for psychiatric out-patients in a hospital setting.

Chi Chu uses action methods to help clients experience the fascinating interaction of their inner psychological resources and motivation with their family, larger systems and external resources. He is now pursuing the Ph.D. degree in counseling psychology at National Chang Hua University and plans to vigorously explore the essence and mechanisms of psychodrama in the helping of depressive persons and their families. As we live in a dynamically connected global theater, Chi-Chu looks forward to meeting, working and creating with psychodramatists throughout the world.



LINDA CIOTOLA, M.Ed., C.H.E.S., T.E.P.
Grasonville, Maryland

Linda Ciotola, M.Ed., CHES, TEP, 2008 recipient of the Zerka Moreno Award, brings her forty years of experience as an educator and group facilitator to her role as a TEP. She enjoys introducing others to the healing power of psychodrama in her director role. Using her training and experience as a certified team leader in the Therapeutic Spiral Model, she has assembled a small team offering private dramas for trauma survivors and others who prefer this way of working. She also facilitates on-going psychodrama personal growth groups for mental health and allied professionals, and loves stepping into her teacher role in co-leading training groups. She presents widely at national and regional conferences. She brings her knowledge of the body to her work, as a psychodramatist (she is a long-time fitness and yoga instructor), and relies on her "yogamind" and spiritual practice in all her roles.

She is grateful to all of her trainers, trainees, and colleagues for their on-going support. She is proud to be a TEP, a grandmother, and to be celebrating her 40th wedding anniversary this year with her husband, Joe, and to be the "mother-of-the-bride" when daughter, Alyson, marries in December. She is known for her creativity, compassion, her passion for psychodrama, dancing, and love for life!

ERICA MICHAELS HOLLANDER,
Ph.D., J.D., M.A., T.E.P.
Littleton, Colorado



Erica Michaels Hollander, Ph.D., J.D., is the principal at the Hollander Institute for Human Development and Family Growth in Littleton, CO. The Hollander Institute was started many years ago by Carl Hollander and is carried on in his spirit. Erica has practiced law for over 30 years and teaches Human Communication Studies for Metropolitan State College of Denver. She began a term on the Executive Council of ASGPP in March, 2009, and is a member of the ASGPP Committee on Professional Standards. When Erica is not teaching or doing psychodrama, she paints.



PAUL J. LESNIK, L.C.S.W., C.H.T., C.P.
Lake Worth, Florida

Paul J. Lesnik, LCSW, CHT, CP, is a psychotherapist in private practice in Lake Worth, FL. He has worked to include individuals often marginalized in society (individuals with disabilities and the LGBT community) in a life made richer through arts experiences. With a background in dance movement and visual art therapy, Paul directed Accessible Arts, a not-for-profit agency dedicated to enhancing the lives of children with disabilities. Accessible Arts won the 1998 Kansas Governor's Arts Award while under Paul's direction.

Paul relocated to Florida to work at Compass, the Gay and Lesbian Community Services Center of Palm Beach County in 2000. In 2004, Paul became Compass' first in-house provider of mental health services through Ryan White funding. In this role, Paul provided psychotherapeutic sessions to HIV positive men, women, their families and members of the LGBT community. Paul also presented workshops and supervised social work and counseling interns from three universities. Paul was the 2008 ASGPP Neil Passariello Workshop Presenter, an honor for significant achievement working with HIV+ men and women at the annual conference. Paul served as an Executive Council member of the American Society of Group Psychotherapy and Psychodrama for two years. Paul's passion remains the intersection of the arts and therapies. He is an adjunct faculty member at two universities and a presenter on the Arts and Social Work.

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Members are encouraged to submit Newsletter materials.

Recently Certified Practitioners and Trainer, Educator, Practitioners are invited to submit an autobiographical statement. Bios are printed as space permits.

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**TZU-YUEH LIN, M.E., C.P.
Taipei, Taiwan, R.O.C.**



My name is Tzu-Yueh Lin. I'm currently living in Taiwan. I am a counseling psychologist, a high school counseling teacher and a part-time college instructor. I have built my profession on teenager counseling. My learning and directing in psychodrama spans 14 years, and my passion for it has never wavered. Psychodrama provides me with endless ideas and inspiration, just as my five year old son does!

I often use psychodrama and sociodrama to assist teenagers in fostering a deeper level of self-acceptance. I also use psychodrama to assist parents in enhancing their effectiveness at parenting. Throughout the past year, I have started to introduce psychodrama at hospitals with breast cancer patients, helping them adjust and cope with the health challenges in their lives.

I love traveling and yoga. Traveling enables me to experience multiple perspectives. This helps me develop and stretch my role as a professional helper. Through yoga, I pursue physical and mental tranquility, which helps develop my inner-self. In recent years, I have been combining yoga with the practice of psychodrama. For those who are interested in this, please contact me. Together, we can enrich the essence of psychodrama!

**REGINA PETERSON, M.S.C.,
L.M.S.W., T.E.P.
West Park, New York**



Regina Peterson, MSC, LCSW, TEP, is a psychodramatist at St. Cabrini Home in West Park, a residential school for adolescent girls. She holds an undergraduate degree in art, and incorporates art and creativity into her work with the young women. Sister Regina's previous experience includes teaching art classes at all levels from kindergarten through college. Her social work experience includes working at hospitals and nursing homes. She served as director of the undergraduate social work program at Cabrini College in Pennsylvania. Currently, Sister Regina sits on the Board of Trustees at St. Cabrini Nursing Home in Dobbs Ferry, NY, and on the Board of Education of the West Park Union Free School District.



**MIRIAM ZACHARIAH,
B.Sc., B.Ed., M.A., T.E.P.
Toronto, Ontario, Canada**

I have worked for nineteen years as a school teacher. I have been formally studying psychodrama and sociometry since 1997. However, as a member of the Moreno family, I have been exposed to these techniques since I was a young child. My passion as a psychodramatist and sociometrist continues to be its many applications in education. I have used bibliodrama, axiodrama and sociodrama, in particular, to help students explore and understand literature, history and ethical issues more deeply. I use a wide range of sociometric exercises to help students work together to form an interdependent learning community. I have also had the good fortune to train many of my teacher colleagues to use sociometry to develop cooperative communities in their classrooms and schools. I work closely with my mother, Regina Moreno, an excellent sociometrist. We offer workshops on using sociometry in the classroom as well as how to use action methods to prevent and remedy conflict and bullying in schools. My dedication to my grandfather's vision to use sociometry to create communities has led me to focus on learning and teaching ways of resolving conflict peacefully and repairing the harm done by destructive disputes. As a result, I also teach community workers and educators to use peacemaking circles with young offenders in order to help these youth repair their relationships with family and community members through Peacebuilders International. I am immensely grateful to the community of students and trainers in the Toronto Center for Psychodrama and Sociometry, who have not only taught me the skills involved in psychodrama but have helped me grow as a person. They have also showed me how an organization can function using the principles of sociometry. *(Photo of Miriam with her mother, Regina Moreno)*

**ROSANA ZAPATA, L.C.S.W., C.P.
Heidelberg, Germany**



Rosana is a bilingual Licensed Clinical Social Worker and a Certified Addictions Professional with over 10 years experience treating behavioral problems with children and adolescents, empowering adults to have happier, more productive lives, and teaching families increased communication skills and connectedness. Rosana created an Adolescent Substance Abuse Program, serving as its Program Director for 4 years. She continues to facilitate the adolescent groups while also providing Individual/Family Counseling.

With her extensive experience facilitating therapeutic, psychoeducational and psychodramatic groups and her specialization with addictive disorders, Rosana has recently accepted a position in Germany to work with adolescents who are challenged with the use of substances and/or alcohol. She is committed to breaking the cycle of addiction in families through education, counseling, psychodrama and recovery.

FULBRIGHT SCHOLARSHIP

Herb Propper, Ph.D., T.E.P., has been awarded a Fulbright Scholarship to teach Psychodrama, Sociodrama and Sociometry in Bangladesh.

EVIDENCE FOR THE EFFECTIVENESS OF PSYCHODRAMA ACTION METHODS

We would like to bring some new collaborative research to the psychodrama community's attention. Paul Smokowski, Ph.D., MSW, CP, and Martica Bacallao, Ph.D., MSSW, CP, PAT, have worked together to create an action methods prevention program for immigrant Latino families to help them cope with stress that arises when adjusting to a new cultural environment. The program is called *Entre Dos Mundos* (Between Two Worlds) and is described in an article published in the *Journal of Primary Prevention* (Bacallao & Smokowski, 2005).

Martica and Paul received a federal grant from the U.S. Centers for Disease Control and Prevention to design and evaluate this action methods program for immigrant families. They evaluated their program in a randomized clinical trial with 85 participating Latino families (Smokowski & Bacallao, 2008; 2009). Fifty-six families who received *Entre Dos Mundos* (EDM) psychodrama intervention groups were compared to 25 families who attended support groups that addressed the same topics without any action methods. They found that when EDM was delivered in action-oriented family groups using psychodrama techniques the program was associated with lower rates of oppositional defiant behavior, anxious depression, parent-adolescent conflict, and lower total problems in Latino immigrant adolescents. Follow-up 1 year after program completion showed that action-oriented groups maintained superior long-term effects when compared to support groups.

In these times of managed care companies wanting to cut costs and see evidence of effectiveness, this is an important study showing that psychodrama treatment can have a dramatic, lasting impact on our clients. More information can be found in the following publications.

Smokowski, P.R. & Bacallao, M.L. (2009). *Entre Dos Mundos/Between Two Worlds Youth Violence Prevention for Acculturating Latino Families: A Randomized Trial Comparing Psychodramatic and Support Group Delivery Formats One-Year After Program Participation*. *Small Group Research*, 40(1), 3-27.

Smokowski, P.R. & Bacallao, M.L. (2008). *Entre Dos Mundos/Between Two Worlds: Youth Violence Prevention for Acculturating Latino Families*. *Research on Social Work Practice*. Online, available <http://rsw.sagepub.com/cgi/rapidpdf/1049731508315989v1>

Bacallao, M.L. & Smokowski, P.R. (2005). *Entre Dos Mundos (Between Two Worlds) Bicultural Skills Training and Latino Immigrant Families*. *Journal of Primary Prevention*. 26(6), 485-509.

DOROTHY & MORT SATTEN (Winslow, Arizona 2008)



Dorothy is now retired from practice and she has moved to an assisted living residence. The address is listed below.

Dorothy Satten, Ph.D., T.E.P.
Friendship Villas, House #2
6505 N. La Cholla Blvd.
Tucson, AZ 85741

You may also contact her via Wayne Satten's email account wrsatten@yahoo.com. Although at times Dorothy has difficulty speaking fluidly her telephone number is (520) 742-4081. While Dorothy will deeply appreciate your cards, notes, and letters, please understand that she may have difficulty responding to your correspondence.

YOUTUBE STARS

Visit youtube.com and view these videos

Mario Cossa, M.A., R.D.T./M.T., C.A.W.T., T.E.P. is featured working with adolescents. Search for "Mario Cossa."

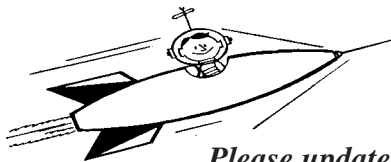
Doreen Madden Elefthery, T.E.P. is celebrated at a Netherlands Conference reviewing her 40 years of teaching psychodrama in Europe. Search for "40 Years Elefthery's Psychodrama."

J. L. Moreno, M. D. appears in a voice recording from 1963 that focuses on his "Words of the Father". The audio recording is accompanied by a slide show. Search for "JL Moreno Pt 1 of 4."

Zerka T. Moreno, T.E.P. is featured in a video clip from her video *Psychodrama In Action*. Search for "Psychodrama in action with Zerka Moreno Video."

Kimberly E. Rattley, M.S.W., C.P. and **Gregory Ford**, M.A., N.C.C., C.P. are featured in videos of *Synergy in Action* a Playback Theatre company based in Washington D.C. Search for "Kimberly Rattley" or "Synergy in Action – A Playback Theatre Company."

MOVING or CHANGING YOUR EMAIL ??



*Please update your information at
www.psychodramacertification.org*

IN MEMORIAM

MORT SATTEN, Ph.D.

Submitted by Glenn C. Sammis

When asked about the “meaning of life”
during a psychodrama group
several years ago,
Mort replied that
“The meaning of life,”
as he had discovered it,
“is to create a life with meaning
...that which is meaningful for YOU.”
He went on to say
that this was not an original saying
he had coined,
but that its truth had impacted him.
The meaning he said he had created was
“serving others—in large part,
through psychodrama,”
which he loved and
devoted his later life to sharing.
When he created a life
with meaning for him,
he said it was then he truly found
peace.

Mort Satten’s devotion to psychodrama,
alongside Dorothy,
helped to heal and define
the meaning in the lives
of so many people
in so many lands.
Many of us feel the immense loss
of our dear friend and mentor,
Mort Satten.



MORT

*Man among men
Walking Tall
Courageous
A Survivor
A Thrivor*

*Life well lived
With Passion
With Grace*

*Giving
Himself
To those he loved
To Life
To the World*

*Defender of freedom
Good aim
Shoot off the lock
Of cruelty
Of hatred
Of oppression
Of tyranny*

*For liberty
Setting free
Prisoners
Of iron bars
or
The soul*

*Not perfect
Very **real**
Forgiving
Supporting
Accepting*

*Loving
The unlovable
Accepting
The improper*

*Encouraging
Facilitating
Change*

*Opinionated
While
Never
Shutting out another’s opinion*

*Mort
Played God so well in Dramas
Was all man in life*

Glenn C. Sammis

IN MEMORIAM

IN MEMORIUM

GEORGE McDERMOTT, M.B., Ch.B., T.E.P.

by Donna Little and Dale Richard Buchanan



George McDermott M.B., Ch.B., T.E.P., 65, passed peacefully on Saturday, February 28th, 2009, at The Princess Margaret Hospital in Toronto, Canada. In January, 2007, George was diagnosed with Myelofibrosis and in July, 2008, he received a bone marrow transplant from his brother, Jim. He leaves behind his wife, Irene, three sons, and their families (Ross & Sara, Ella & Chloe; Euan & Sabrina; and Neil & Jennifer, Madison & Mikayla).

George received his medical degree in Scotland in 1964 and immigrated to Canada with his wife, Irene, in 1969. For many years, George was a family physician in Picton, Ontario. After serving in the Canadian Air Forces for 5 years, George developed a special interest in addiction medicine. George and Irene settled in Barrie, Ontario, in 1981. George opened a medical practice in Barrie specializing in the treatment of individuals, families and couples

affected by addiction and trauma. For twenty-five years, he and Irene worked together helping hundreds of patients and their families recover from trauma and addiction. George was an active member of the Ontario Medical Association, the College of Family Physicians of Ontario, the General Practitioner Psychotherapy Association in Toronto and on staff at Royal Victoria Hospital in Barrie. He actively participated in the parish of St. Mary's Catholic Church in Barrie and was a member of the Out of the Cold Program which helps people who are homeless. George enrolled as a student in the Toronto Centre for Psychodrama in 1992. He became a Certified Practitioner in 1999 and a Certified Trainer, Educator and Practitioner in 2002. His trainers at the Toronto Centre were Gloria Heineman, Donna Little, Liz White, Nonie Lyon, Marie Therese Bilaniuk and Dale Richard Buchanan. He also trained extensively with Kate Hudgins in the Therapeutic Spiral Model. He was also a Certified Imago Relationship Therapist and Workshop Presenter.

George was a respected trainer at the Toronto Centre for Psychodrama. He was deeply appreciated by the students for his brilliant synthesis and integration of learning models, his courageous heart and his sense of humor. George was known for his deep devotion and love for his wife and family, his commitment to helping others heal from trauma and addiction, the twinkle in his eye, his sense of humor, his avid pursuit of athletic and physical training, and his life long pursuit of training, education, and spiritual enlightenment.

The family has requested that donations be made to the Bone Marrow Transplant Trust Fund at The Princess Margaret Hospital in Toronto, Canada.

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